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**FMEC Launches Five-Part Educational Series
to Strengthen Primary Care Support for Young Breast Cancer Survivors**

Recorded CME sessions offer practical survivorship-care strategies
for family physicians and other primary care clinicians

DAYTON, OHIO – The Family Medicine Education Consortium (FMEC) has released the **Young Breast Cancer Survivorship Series**, a five-part educational webinar series designed to help primary care clinicians, including family medicine residency programs, better support breast cancer survivors during and after the transition from oncology care.

Survivors may experience complex, long-term health and quality-of-life concerns that require coordinated, whole-person care. Through practical instruction from clinicians, educators, rehabilitation and nutrition professionals, and individuals with lived experience, the series equips primary care professionals to recognize these needs, initiate meaningful conversations, and strengthen survivorship support in their practices, particularly for young survivors.

The five recorded modules address:

- The transition from oncology to primary care and the development of survivorship plans
- Long-term health risks, surveillance, and concerns that may go unreported
- Nutrition, exercise, rehabilitation, and lymphedema considerations
- Body image, emotional well-being, identity, and relationship concerns
- Real-world survivorship challenges explored through case discussions and an expert panel

“Family physicians and primary care teams have an important role in helping young breast cancer survivors navigate life after treatment,” said Heather Paladine, MD, FMEC President and director of the family medicine residency at New York Presbyterian Hospital. “This series offers practical information that clinicians and educators can use to improve care coordination, identify unmet needs, and support survivors’ long-term health and well-being.”

All five sessions are available as recorded enduring material. The American Academy of Family Physicians has reviewed the series and deemed it acceptable for **AAFP Prescribed credit**. Each module is approved for **1.0 enduring material credit**, with a term of approval through June 30, 2027. Physicians should claim only the credit commensurate with the extent of their participation.

The series may be especially valuable for family medicine residency programs, primary care clinicians interested in cancer survivorship, and healthcare professionals serving rural, under-resourced, or disproportionately affected patient populations. Organizations are encouraged to share the series with their members, partners, clinical networks, and training programs.

Access the recorded webinar series:
<https://www.youtube.com/playlist?list=PLZ8JzP31G1GM>



View CME information:

<https://www.aafp.org/credit-reporting/cmecenter/details?activityId=114252>

Download the media kit and promotional resources:

[FMEC YBCS Webinar Series-Media Kit](#)

This project is a component of the FMEC's Young Breast Cancer Survivorship project, which also includes a ready-to-use didactic presentation for residency programs or primary care conferences, including a facilitator guide, slides and case studies, and a Performance Improvement (PI) project for primary care sites, approved for credit by the American Board of Family Medicine. For more information, contact Rebecca Bouck at rebecca.bouck@fmec.net.

About the Family Medicine Education Consortium

[FMEC](#) is a catalyst, convener, and incubator that connects family physicians and other stakeholders to improve the health communities by strengthening family medicine, primary care and medical education. FMEC serves 14 states and the District of Columbia in the northeast region of the U.S., working with 60 medical school departments of family medicine, over 220 family medicine residency programs, and thousands of family physicians and other health care providers in community settings. Through an Annual Meeting for over 1,000 health professionals, annual awards, learning communities, and quality improvement projects, FMEC inspires medical students to seek careers in family medicine, strengthens academic family medicine through faculty development and leadership experiences, and stimulates innovative approaches to primary care service delivery.

About the Supporting Young Breast Cancer Survivors, Metastatic Breast Cancer Patients, and their Families Project

This webinar series was developed by the Family Medicine Education Consortium (FMEC) in partnership with the National Association of Chronic Disease Directors (NACDD), with support from the Centers for Disease Control and Prevention (CDC). This project is part of the Supporting Young Breast Cancer Survivors, Metastatic Breast Cancer Patients, and their Families which is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) under CDC/HHS as part of a financial assistance award totaling \$460,000, with 100% funded by CDC/HHS. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC/HHS.

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