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### **FMEC Healthcare Innovators Network Summaries, Recordings Available**

DAYTON, OHIO –

*Developing a whole person risk assessment and score, using demographics and billing data, that stopped 300 patients from migrating to the high risk/high cost category, saving \$28,000 per patient.*

*A model where appointment times are 30 minutes in length, and physicians spend most of their time face to face with their patients.*

*A platform which, like smartphone apps that inform people when a package is delivered, provides the same notifications about services once a patient is checked into the hospital.*

*Social capital funds that build affordable housing complexes, which include enrichment centers with programming that ranges from free health literacy classes and after school tutoring to health fairs and vaccine stations.*

*Evidence-based, guideline-driven lifestyle medicine group visits that have, for instance, stimulated significant blood pressure reduction and decreased medication after only 4 sessions.*

These are just some of the bold innovations shared at the FMEC 2023 Healthcare Innovators Network conference, challenging and inspiring family physicians to think about the future of family medicine and primary care. Through video recordings and short write-ups, the Family Medicine Education Consortium (FMEC) is pleased to share these exciting presentations with the healthcare community.

Since 2008, the Family Medicine Education Consortium (FMEC) has hosted the [Healthcare Innovators Network](#) during its Annual Meeting to provide a medium for diverse groups to showcase their work and receive useful feedback. Faculty, residents and others who attend become inspired to try out new approaches in their teaching and practice. Medical students and young physicians become energized about family medicine when exposed to thought leaders and cutting-edge practices. The session also provides a place for employers, union leaders, hospital administrators, investors and others looking to improve care delivery and reduce costs to learn about innovations.

The [2023 Annual Meeting Healthcare Innovators Network](#) continued the tradition of presenting this important content. The FMEC is very grateful to [One Medical](#) for their support of the event, and for participating to showcase their unique model.



Visit [FMEC Healthcare Innovators Network](#) to see and read many of the presentations below. Also posted are recordings and write-ups from the 2022 and 2021 sessions.



- **Moving from Fee-for-Service to Advanced Primary Care with Full Risk Payment**, Scott Conard, MD, DABFP, FAFPM, DABHM; Alan Roth, DO; Luigi Tullo, MD
- **One Medical: A Human Centered, Technology Powered Approach to Developing Sustainable and Scalable High Functioning Primary Care**, Wendy B. Barr, MD, MPH, MSCE, FAFPM
- **Vision 2023: Embracing Change and Driving Growth**, Daniel McArter, MD, Faisal Syed, MD
- **Growing the Direct Primary Care Model with a Wrap Around Insurance Product**, Michael Fine, MD
- **A Community Owned Health Plan**, Mr. Bryce Heinbaugh, Casey Billington, RN, BSN, CCTC
- **Vital: Breaking Down Information Silos, Optimizing User Experience, and Increasing Operational Efficiencies in an ER**, Justin Schragger, MD, MPH
- **Socially Responsible Investing in Healthcare Infrastructure in Medically Underserved Areas**, Len Fromer, MD
- **Brown University Department of Family Medicine: Innovation Highlights Population Health**, Jeffrey Borkan, MD, PhD
- **The Michigan Collaborative for Type 2 Diabetes: Focusing on Communication Design**, Caroline Richardson, MD
- **Let's Regrow Our FM Scope of Practice Using Project ECHO and Achieve Tuberculosis Elimination in the U.S.**, Daria Szkwarko, DO, MPH
- **Transforming Clinical Care at the Front Line Across the World: Focus Pocus**, Kevin Bergman, MD; Mena Ramos, MD
- **Relentless Health Value**, Stacey Richter
- **The Win-Win-Win of Scaling Lifestyle Medicine Group Medical Visits**, Jacob Mirsky, MD
- **Whole Person Care, What it is, and Why it's Important**, Wayne Jonas, MD

### **About the Family Medicine Education Consortium**

The FMEC is a catalyst, convener, and incubator that connects family physicians and other stakeholders to improve the health communities by strengthening family medicine, primary care and medical education. The FMEC serves 14 states and the District of Columbia in the northeast region of the U.S., working with 60 medical school departments of family medicine, over 200 family medicine residency programs, and thousands of family physicians and other health care providers in community settings. Through an Annual Meeting for nearly 1,000 health professionals, annual awards, learning communities, and quality improvement projects, the FMEC inspires medical students to seek careers in family medicine, strengthens academic family medicine through faculty development and leadership experiences, and stimulates innovative approaches to primary care service delivery.

### **About One Medical**

One Medical is a U.S. national human-centered and technology-powered primary care organization with seamless digital health and inviting in-office care, convenient to where people work, shop, live, and click. One Medical's vision is to delight millions of members with better health and better care while reducing costs, within a better team environment. One Medical's mission is to transform health care for all through a human-centered, technology-powered model. Headquartered in San Francisco, 1Life Healthcare, Inc. is the administrative and managerial services company for the affiliated One Medical physician-owned professional corporations that deliver medical services in-office and virtually. 1Life and the One Medical entities do business under the "One Medical" brand.