

2023 FMEC Annual Meeting

Wrap Up Report

October
13-15

Providence,
RI

Please enjoy this short wrap-up of the meeting and all the great photos of our attendees learning and having fun!

Providence, RI inspires hope and learning

For the 39th year, family physicians, residents, medical students and their supporters from the northeast U.S. gathered for an exciting Annual Meeting. The event kicked off on October 13th with preconferences in the morning, educational sessions in the afternoon, a keynote presentation by Dr. Izzy Lowell, and the first night of the Residency Fair. The FMEC was pleased to welcome over 1,000 people to the meeting, including 300 medical students, 262 residents, 426 faculty and other post-training professionals, 11 high school students, 50 exhibitors representing 32 companies, and 10 staff and volunteers.

Family Medicine: Anchoring Patients and Communities

The 2023 Annual Meeting theme was chosen to recognize family medicine as a stabilizing force, or “anchor,” in healthcare in the United States. The theme also metaphorically honors our conference hosts in the Ocean State. All hands were on deck as we set sail for a great Annual Meeting in Providence!



Many FMEC attendees took photos in front of the lighted FMEC 2023 display!

Record number of residencies welcome medical students

93 family medicine residency training programs welcomed medical students from all over the northeast region and continued our mission to advance our goal of exposing medical students to family medicine. The meeting had 300 students attending on scholarships! We are very thankful to the many FMEC individual donors and partner institutions that supported our scholarship program.

“This was my first FMEC Annual Meeting and it was such an invaluable experience. I talked to so many amazing people and learned so much about the beautiful world of family medicine. I walked in uncertain of my specialty but walked out feeling certain that family medicine is right for me!”

Your generous sponsorship not only lightened the financial burden of attending the annual meeting but also inspired me to continue my commitment in medicine. Studying constantly can feel exhausting but meeting such brilliant physicians and medical students energizes me and reminds me why I am pursuing this field. I'm excited to apply everything I learned into my journey of becoming a physician!”

Congratulations to the 2023 FMEC Poster Winners!

First Place - *Exploring Unintended Pregnancy Among Women with Opioid Use Disorder*: Kelley Harmon DO, Chukwuemeka Esomonu MD, Samantha Culver DO Maine Dartmouth Family Medicine Residency

Second Place *Screening For Anxiety in a Primary Care Clinic: Examining the Utility and Feasibility of the GAD-2 and GAD-7*: Michael Thomas DO, Paul Bell PhD Heritage Valley Health System

Third Place *Increasing the Utilization of Interpreter Services for Patients with Limited English Proficiency on a Labor and Delivery Unit*: Elizabeth Kane MD, Graciela Cando MD University of Pennsylvania Department of Family Medicine and Community Health

Congratulations to the 2023 FMEC Student Poster Winners!

First Place - *Improving 4th Trimester Care Through Implementation of an Early Postpartum Visit*: Chiazam Omenyi BS, Carolyn Kirby MPH, Kayla Warren MPH, Stacy Bartlett MD University of Pittsburgh School of Medicine

Second Place *Do Food Packaging Health Claims Correlate with Healthiness Or Mislead our Patients*: Claudia Heritage MS-4, Megan Lafferty MS-4, Shruti Venkatesh SUNY Upstate Medical University, SUNY Binghamton University

Third Place *Holistic Care for Patients with Cognitive Disabilities: Lessons Drawn From Case Study and Literature*: Joo Kim DO Candidate, Nandhini Veeraraghavan MD, Majed Dayoub MD



CONGRATULATIONS to the 2023 FMEC Award Winners!

2023 Family Physicians Who Are Changing Our World

James J. Ledwith, Jr., MD, FAAFP

UMass Fitchburg Family Medicine Residency Department of Family Medicine and Community Health
UMass Chan Medical School



2023 Mid-Career Faculty Achievement

Brintha Vasagar, MD, MPH, FAAFP

Bayhealth Medical Center
Stephanie L. Ballard, PharmD, BCPS, BCACP
UPMC Shadyside Family Medicine Residency



A full academic weekend



Once again, the FMEC meeting packed the agenda, offering a full range of important topics to attendees.

This year's meeting had 84 seminars, 37 workshops, 63 lecture discussions, 30 paper presentations, 19 research reports, 6 speed presentations, 10 clinical camp tables, 20 breakfast table discussions, and 6 preconferences.



2023 Emerging Leader

Innes Tounkel, MD

Jefferson Family and Community Medicine Residency



2023 Emerging Leader

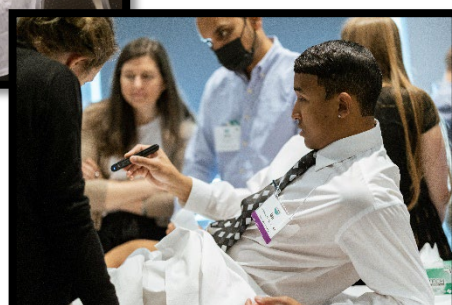
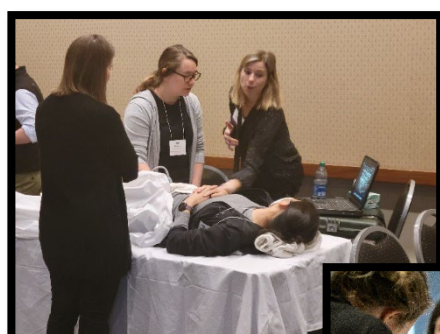
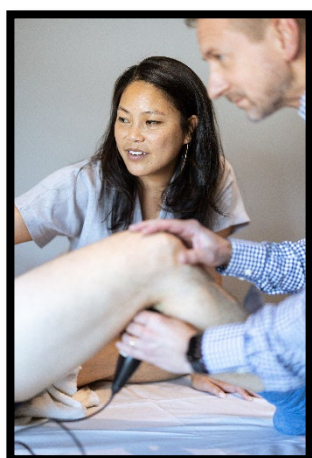
Chelsea A. Faso, MD

Amsterdam Family Health Center
Institute for Family Health

FMEC and GUSI teach to nearly 60 attendees

The FMEC collaborated with the Global Ultrasound Institute (GUSI), founded by family physicians, to offer two preconferences to provide hands-on experience on POCUS basics as well as a selection of specific techniques.

Nearly 60 attendees participated! Watch the FMEC 2024 Annual Meeting for more POCUS workshops.



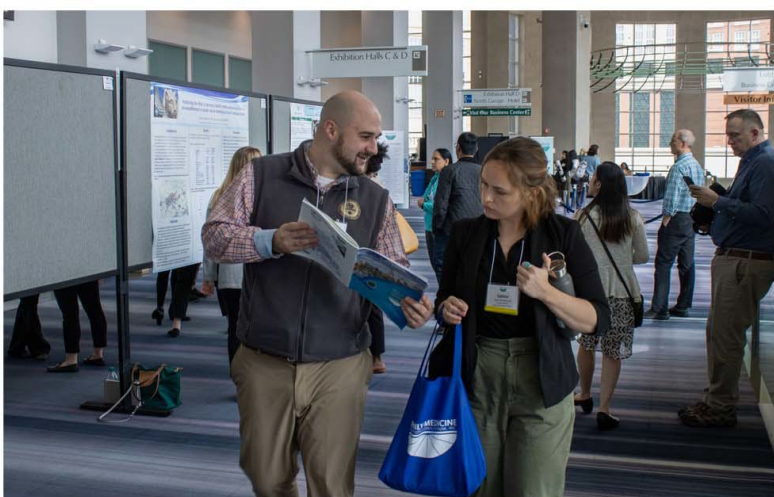
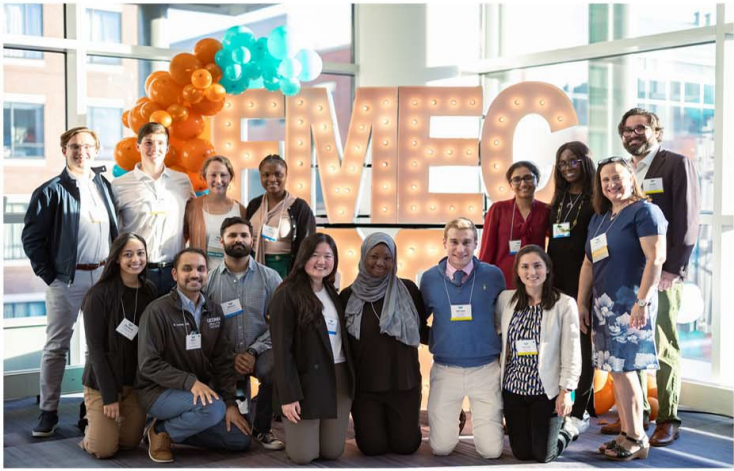
2023 This We Believe Winners

Sonya Levine, OMS-IV
Philadelphia College of Osteopathic Medicine

Lewis Wong, MD
Glen Cove/Northwell Health Family Medicine Residency



Stacey Nickoloff, DO
Forbes Family Medicine Residency Program
Allegheny Health Network



Learning and connecting in the Exhibitor Hall



The 33 exhibitors at the FMEC Annual Meeting provided important information about new products and services, educational tools, job openings, and more. Thank you to the [FMEC's 2023 exhibitors!](#)

Thanking FMEC Past President Amy Crawford-Faucher, MD

Board members, donors, Host Committee members and others gathered for the FMEC President's Welcome Reception. One order of business was to formally thank FMEC Past President **Dr. Amy Crawford-Faucher**, who completed her terms as President-elect, President, and Immediate Past President in 2022.



Thank you to our sponsors listed below:

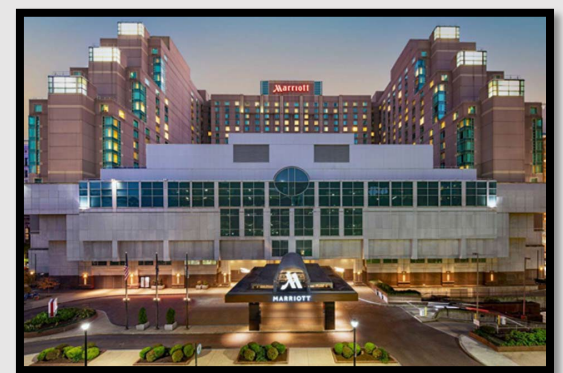
The FMEC Annual Meeting could not happen without our many sponsors! The FMEC thanks these companies and health systems for their support of the meeting.



Join us in 2024 in Philadelphia, PA!

The FMEC will hold its 2024 Annual Meeting at the Philadelphia Marriott in Philadelphia, Pennsylvania from September 19-21, 2024.

We look forward to seeing you there!



The FMEC thanks the sponsors of its 2023-2024 education and quality improvement initiatives.



Thanks for sharing your meeting experiences on social media.

Many attendees used #FMEC2023 to share their weekend on X: (@FMEC_), Facebook (fmeinc), and Instagram (fmeinc). We thank you!

