

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

WEDNESDAY September 23, 2026

4:00pm - 7:00pm

Room: Foyer

Registration Open (Early Arrivals)

7:00pm - 9:00pm

Room: Offsite

ALSO Instructor Course Faculty Dinner (invitation only)

7:00am - 8:00am

Room: Prefunction

Continental Breakfast (Preconference Attendees Only)

THURSDAY September 24, 2026

7:00am - 8:30pm

Room: Foyer

Registration Open

7:00am - 12:00pm

(FD) (MCH)

Room: 7

ALSO Instructor Course

7:00am - 12:00pm

(FD) (MCH)

Room: 1

ALSO Instructor Breakout #1

7:00am - 12:00pm

(FD) (MCH)

Room: 2

ALSO Instructor Breakout #2

7:00am - 12:00pm

(FD) (MCH)

Room: 3

ALSO Instructor Breakout #3

7:00am - 12:00pm

(FD) (MCH)

Room: 6

ALSO Instructor Breakout #4

8:00am - 5:00pm

(FD) (MCH)

Room: 13

Advanced Life Support in Obstetrics (ALSO) Course

8:00am - 5:00pm

(POCUS)

Room: 25/26

Point-Of-Care Ultrasound (POCUS) Course

8:30am - 12:00pm

Room: Sea Isle Boardroom

FMEC Board of Trustees Meeting

12:00pm - 1:00pm

Room: Prefunction

Preconference Boxed Lunches

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

THURSDAY September 24, 2026

12:00pm - 5:00pm

(MCH)

Room: 14

1:00pm - 5:00pm

(TECH)

Room: 18

6:00pm - 7:00pm

Room: Terrace

6:00pm - 9:00pm

(MCH)

Room: Sea Isle Boardroom

FRIDAY September 25, 2026

7:00am - 8:30pm

Room: Foyer

8:00am - 9:00am

Room: Prefunction

8:00am - 12:00pm

Room: Exhibits and Breaks

FRIDAY 9:00am - 10:00am

W01 (OSTEO)

Room: 25/26

W02 (PRO) (R) (S)

Room: 24

W03 (ACGME) (WELL)

Room: 18

W04 (ADV) (CE)

Room: 19

W05 (CE) (DMCC)

Room: 20

IMPLICIT Network Meeting

Mario DeMarco MD, MPH, Anna Fetterolf MPH

"AI must be able to do this for me!" Develop Your AI Skills in the Medical Education Space

Gretchen Shelesky MD, MS, Nicole Delgado-Salisbury EdD, Charles Hackett MD, Paulius Mui MD, Stacy Ross MD

FMEC President's Welcome and Celebration (invitation only)

Master the FACTS of the Female Cycle

Marguerite Duane MD, MHA, MSPH, Luis Garcia MD, Sophie Saab-Tsnobiladze MD, Kelly Weiss DO, MS

Registration Open

Continental Breakfast

Exhibitor Registration and Set-Up

Workshop Group #1

OMM for Migraines

Sean Cleary DO, Meera Shah DO, Kathryn Donnelly DO

Perineal Repair Simulation Workshop

Kenia Mansilla-Rivera MD, Robin Gold MD

Creating a Strategic Plan for GME Wellness

Maya Bass MD, Kelechi Uzoegwu Fellow, Alexa Hayes PsyD

Physician Advocacy in Unprecedented Times

Jessica Cerdana PGY3, Matt Desir MD

Shaping the Future of Size-Inclusive Care: Lessons From A Medical Student Elective in A Low-Income, Urban Family Medicine Clinic

Mara Gordon MD, Anna Wengyn MS3

**2026 FMEC Annual Meeting
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August 5, 2026**

FRIDAY 9:00am - 10:00am

W06 (INN) (WELL)

Room: 21

FRIDAY 9:00am - 10:00am

9:00am - 10:00am

S01 (ACGME) (TECH)

Room: 6 **Withdrawn 08/03**

S02 (ADV) (DEI)

Room: 7

S03 (MH) (TECH)

Room: 8

S04 (CE) (F)

Room: 9

S05 (DMCC)

Room: 10

S06 (FD) (POCUS)

Room: 11

S07 (RESQI) (WPC)

Room: 12

FRIDAY 9:00am – 10:00am

9:00am - 9:30am

RP01 (PRO) (RESQI)

Room: 3

9:30am - 10:00am

RP02 (PRO)

Room: 3

Workshop Group #1

From Stress to Serenity: EFT Tapping for Stress and Burnout in Clinicians

Nicole Delgado-Salisbury EdD, Sonia Velez MD, EdD,
Rodika Coloka-Kump DO

Seminar Group #1

WITHDRAWN: Man versus Machine - From Student to Resident: Early Assessment of Patient Care Competency Using OSCEs and Emerging Virtual Reality Modalities

Henry Yoon MD, Deborah Pinto MD, Eric Nemec PharmD

The Impact of Surging Immigration Enforcement and Detention on Health: A Call to Action for Healthcare Workers

Kathryn Traub MD, Caitlin Weber MD, Brian Sun MD,
Anastasia Anazonwu MD

Caring for the Digital Mind: Navigating Social Media and AI in Mental Health Care

Jaividhya Dasarathy MD, Erik Berko PsyD, Eric Kim MD,
Lydia Lee MD, Aphordite Papadakis MD

Facts Over Fiction: Tackling Common Controversies in Family Medicine

Caroline LaFave DO

One Size Does Not Fit All: Personalizing Obesity Care

Max Cohen DO

Designing a Longitudinal POCUS Curriculum for Family Medicine Residency Programs

Karan Sharma PGY2, Mayur Rali MD, Versha Kumarii PGY2

Determining Impact of a Behavioral Health Co-Preceptor on Family Medicine Resident Training

Maggie McCormack PsyD, Jason Woloski MD

Research Paper Group #1 (30 Minutes Each)

Primary Care Providers Interviews: Experience Conducting Pelvic Exams & Documenting Encounters

Saskia Shuman PhD, Spring Cooper PhD, Heidi Jones PhD,
Margaux Genoff Garzon PhD, Meredith Manze PhD

Identifying Internal Barriers and Challenges in Implementation of Self-Collection HPV Tests

Lauren Shapiro DO

**2026 FMEC Annual Meeting
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FRIDAY 9:00am – 10:00am

9:00am - 9:30am

QI01 (ACGME) (F)

Room: 1

9:30am - 10:00am

QI02 (ACGME)

Room: 1

FRIDAY 9:00am – 10:00am

9:00am - 9:15am

Paper01 (ADV) (MH)

Room: 2

9:15am - 9:30am

Paper02 (DMCC) (GER)

Room: 2

9:30am - 9:45am

Paper03 (DMCC)

Room: 2

9:45am - 10:00am

Paper04 (ART) (WPC)

Room: 2

FRIDAY 9:00am – 10:00am

9:00am - 9:20am

LD01 (FD)

Room: 13

9:20am - 9:40am

LD02 (FD)

Room: 13

9:40am - 10:00am

LD03 (FD)

Room: 13

Quality Improvement Group #1 (30 Minutes Each)

Optimizing Residents' Success Right from the Beginning: A Behavior Interviewing and Selection Process

Nguyet-Cam Lam MD, Courtney Humphrey MD,
Renata Carneiro PhD

Daily Office Scheduling Framework for Resident for Enhanced Continuity and Learning

Konstantinos Demertzis MD, Kelly Miller MD

Paper Presentation Group #1 (15 Minutes Each)

Developing Psychoeducational Materials to Help Individuals Understand Mental Health and Healthcare

Sana Azami PGY2, Cameron Nienaber MD, Alina Intisar MD,
Cameron Nienaber MD, Alan Roth DO,
Elizabeth Brondolo PhD

Finasteride-Associated Delirium in a Geriatric Patient

Kiram Javaid BA, Rory Ulloque MD, Riana Tarabocchia,
Riana Tarabocchia BS

Sustained A1C Reduction Through A Clinical Pharmacist Integration in Primary Care Clinics

Sesilya Whaley PharmD, Michael Partin MD

Movement as Medicine: Incorporating Dance into a Group Medical Visit for Chronic Pain

Sonya Levine DO, Rabin Chandran MD, Roberta Goldman PhD,
Rabin Chandran MD

Lecture Discussion Group #1 (20 Minutes Each)

Clinical Corner: Monthly Article Dissemination to Expand Outpatient Resident Teaching

Jillian Jagoe DO, Henrique Jaime MD, Bridget Peters DO,
Anna Filip MD,

Feedback, Direct Obs, Raffle Prizes! Oh My! How We Utilized Contingency Management to Improve Evaluation Numbers

Henrique Jaime MD, Bridget Peters DO, Jill Jagoe DO,
Anna Filip MD

Beyond SOAP: A Problem-Based Approach to Outpatient Oral Presentations

Rachel Rosenberg MD

**2026 FMEC Annual Meeting
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FRIDAY 9:00am – 10:00am

9:00am - 9:20am

LD04 (FD)

Room: 14

9:20am - 9:40am

LD05 (FD)

Room: 14

9:40am - 10:00am

LD06 (FD)

Room: 14

FRIDAY 9:00am – 10:00am

9:00am - 9:20am

LD07 (FD)

Room: 15

9:20am - 9:40am

LD08 (FD)

Room: 15

9:40am - 10:00am

LD09 (FD)

Room: 15

FRIDAY 10:15am - 11:15am

W07 (OSTEO) (WPC)

Room: 25/26

W08 (FD) (PRO)

Room: 24

W09 (ACGME) (RESQI)

Room: 18

W10 (FD) (INN) (TECH)

Room: 19

Lecture Discussion Group #2 (20 Minutes Each)

Enhancing Provider Satisfaction and Workflow Efficiency in Outpatient Care

Larry Nolan DO, Charlotte Clem Fellow, Adeline Wolfe Fellow, APRN-CNP, Cheri Bourne APRN-CNP

Dear Resident, This is your Advisor. Can You Pleeeeee Send Me Your Completed Individualized Learning Plan?

Katherine Mahon MD, Sarah Morchen MD, Pierce Publico PGY2, Kush Pandya PGY2, Parisa Karimzadeh PGY1

Supporting Residents with Professionalism Challenges

Rebecca Collins DO

Lecture Discussion Group #3 (20 Minutes Each)

Designing and Implementing a Home Visit Training Model for Family Medicine Residents

Katherine Vaillancourt MD, Timothy Li PGY2, Monitha Patel PGY1, Nicholas Persaud PGY2, Guosheng Wang PGY2

Implementation of a Comprehensive Population Health Curriculum for Family Medicine Graduate Medical Education

Sushama Thandla MD

Family Medicine: Non-Birthing Parental Leave in Medical Education

Nicholas Labatch PGY3, Andrew Goodbred MD

Workshop Group #2

Treating Sleep Without a Prescription: An Osteopathic and Integrative Perspective

Michaela Lei DO, Teena Simon DO, Monica Meyer MD

Training the Trainer: Teaching and Assessing Outpatient Procedural Competency

Caitlin Weber MD, Christina Shenko MD, Mindy Brittner MD

Generating and Implementing Relevant, Effective, Instructive Resident Quality Improvement Projects: A Structural Format

Sonya Hovsepian MD, Emily Riemer PGY2

Automated Chart Review as Educational Feedback

Paulius Mui MD

**2026 FMEC Annual Meeting
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FRIDAY 10:15am - 11:15am

W11 (DEI) (SDOH)
Room: 20

W12 (ART) (WPC)
Room: 21

FRIDAY 10:15am - 11:15am

S08 (ACGME) (F)
Room: 6

S09 (MH) (NT)
Room: 7

S10 (NT) (WELL)
Room: 8

S11 (DMCC)
Room: 9

S12 (GER) (R)
Room: 10

S13 (RESQI)
Room: 17

S14 (R) (WELL)
Room: 12

Friday 10:15am – 11:15am

10:15am - 10:45am
RP03 (ADV) (SDOH)
Room: 3

10:45am - 11:15am
RP04 (MCH) (MH)
Room: 3

Workshop Group #2 (Continued)

**Reading Between the Lines: Teaching Cultural Humility
Through EMR-Based Case Analysis**
Nelly Hejazi Moghadam MS3, Hannah Brooks MD

**The Healing Duet: Orchestrating Harmony Through Narrative
Micro-Interactions**
Serena Verma MS4, Anya Streeter MD

Seminar Group #2

**Collaborative Learning Networks: Learning from St. Luke's and
Connecticut LEADS**
Nguyet-Cam Lam MD, Kenia Mansilla-Rivera MD,
Robert Langan MD, Andrew Goodbred MD, Elizabeth Lorick MD

Nutrition and Mental Health
Nandhini Veeraraghavan MD, Alan Remde MD

**Small Swaps, Big Impact: Incorporating More Plant-Based
Choices into Your Diet Without Sacrificing Flavor or Nutrition**
Meray Michael PGY2, Nirali Patel MD, Brijal Patel PGY1,
Nirali Patel MD

Step Up For Lung Cancer Screening!
Heather Fagan MD, Vikesh Shrestha DO, Nicole Kushner DO

Changing the Script: Reframing from Code Status to Care Plan
Kathleen Mechler MD

**Better Statistics for Quality Improvement Projects: Interrupted
Time Series Analysis**
Christopher Ryan MD, MS, MSPH

**From Loss to Learning: Supporting Residents Through Debriefs
and Grief Circles**
Pranitha Pothuri PGY1, Amanda Garlen LCSW,
Amanda Garlen LCSW

Research Paper Group #2 (30 Minutes Each)

**Caring for Individuals with Intellectual and Developmental
Disabilities in the Inpatient and Outpatient Settings**
Amanda Wincik DO

Maternal Depression Screening at 0-24 Month Well Child Visits
Mario DeMarco MD, Emily Long MPH, Anna Fetterolf MPH,
Aisha Freeman MPH, Sarah Jones MD

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Friday 10:15am – 11:15am

10:15am - 10:45am

QI03 (RESQI)

Room: 1

10:45am - 11:15am

QI04 (RESQI)

Room: 1

Friday 10:15am – 11:15am

10:15am - 10:35am

LD10 (FD) (ACGME)

Room: 13

10:35am - 10:55am

LD11 (FD) (ACGME)

Room: 13

10:55am - 11:15am

LD12 (FD) (ACGME) (DMCC)

Room: 13

Friday 10:15am – 11:15am

10:15am - 10:35am

LD13 (FD) (ACGME)

Room: 14

10:35am - 10:55am

LD14 (FD) (ACGME) (INN) (PTSIP)

Room: 14

10:55am - 11:15am

LD15 (FD) (INN)

Room: 14

Friday 10:15am – 11:15am

10:15am - 10:35am

LD16 (FD) (INN)

Room: 15

10:35am - 10:55am

LD17 (FD) (NT)

Room: 15

Quality Improvement Group #2 (30 Minutes Each)

Improve CGM Utilization for Insulin-Dependent Patients in Family Medicine Clinic and Equip Residents with Hands-on CGM Training for Diabetes Management

Adrianna Carlton PGY2, Konstantinos Demertzis MD, Connor Davis PGY2, Samantha Yates PharmD

Target A1c

Danielle Carcia DO, Brianna Nghiem DO, Johnika Dougan MD, Spirkenko Nako MD, Rebecca Shipkin PhD

Lecture Discussion Group #4 (20 Minutes Each)

Teaching Smarter, Not Longer: Implementing the 5-2-1 Milestone-Aligned Precepting Framework

Mayur Rali MD

Analyzing Contracts to Improve Productivity

Derek Lee DO

Same Day Access/Sick Call Rotation: Addressing the Impact of COVID and Illness on Resident Education and Patient Care

Joel Bumol MD, Alexandra Perez PGY3, Christopher Oh MD

Lecture Discussion Group #5 (20 Minutes Each)

Unionization in Family Medicine Residencies: Approaches to a Rapidly Changing Landscape

Charles Hackett MD, Fadya El Rayess MD, Suki Tepperberg MD, Anna Filip MD

Epic Dashboards: Adding Some Pop into the Population Health Curriculum

Noopur Doshi MD, Sukanya Srinivasan MD

Group Medical Visits as a Teaching Modality: Achieving Residency Milestones Through Ambulatory Innovation

Rene Rodriguez-Goodemote MD, Amandeep Kaur MD

Lecture Discussion Group #6 (20 Minutes Each)

Development of a Dermoscopy Curriculum in FM Residency

Stacey Robert MD, Victoria Yin PGY3, Emma Burke PGY2

Implementation of an Interdisciplinary Lifestyle Medicine Clinic in a Family Medicine Residency-Lessons Learned

Sarah Morchen MD, Kelley Dickson DO, Mark Cassano PsyD

**2026 FMEC Annual Meeting
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August 5, 2026**

Friday 10:15am – 11:15am

10:55am - 11:15am

LD18 (FD) (POCUS)

Room: 15

FRIDAY 10:15am – 11:15am

10:15am - 10:30am

Paper05 (F) (S)

Room: 2

10:30am - 10:45am

Paper06 (DMCC) (NT)

Room: 2

10:45am - 11:00am

Paper07 (CE) (RM)

Room: 2

11:00am - 11:15am

Paper08 (CE) (S)

Room: 2

FRIDAY 11:30am - 12:30pm

W13 (OSTEO)

Room: 25/26

W14 (PRO) (MCH)

Room: 24

W15 (ACGME) (WELL)

Room: 18

W16 (FD) (INN)

Room: 19

W17 (INN) (SDOH)

Room: 20

Lecture Discussion Group #6 (20 Minutes Each – Continued)

From Probe to Action: Three POCUS Cases That Changed Clinical Trajectories

Henry Del Rosario MD, Andrea Chin MD

Paper Presentation Group #2 (15 Minutes Each)

Recommended Elements of a Musculoskeletal Course for 4th Year Med Students

Jordan Knox MD, Gregory Withers PGY2, Hayley Raymond PGY1, Karen Lazarus DO

A Joint Effort: Optimizing Nutrition and Supplements for Patients with Osteoarthritis

Genaro DeLeon MD, Carl Tyler MD, Stephen Lencioni MD

Factors that Influence Student Experiences in Rural Family Medicine Clerkships

Mary Gallagher MD, Randolph Maxwell MS2, Melissa Bradner MD, Rosellen Roche MD, Mecayla Gray MS2

Citizen Science and Air Quality: A Case Report

Cole Simons MS3, Hillary Mount MD, Hilliary Mount MD, Peyton Traxler MS2

Workshop Group #3

Restoring Balance: How Osteopathic and Functional Medicine Address Chronic Pain

Austin Marcelo PGY2, Natalie Branton DO

Advancing Contraceptive Care: Hands-On IUD Training

Cresandra Corbin MD

Cultivating Professionalism and Communication Skills Through Balint Groups

Arnold Goldberg MD, Jeffrey Sternlieb PhD

From Residents to Faculty: Building Faculty ILPs Using STFM Competencies

Sonia Velez MD, Nicole Delgado EdD, Rodika Coloka-Kump DO

Building Veteran-Ready Clinician Training Programs for Your Institution

Tochi Iroku-Malize MD, Sara Siddiqui MPH, Aldo Alleva MD, Barbara Keber MD, Neubert Philippe MD

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FRIDAY 11:30am - 12:30pm

W18 (DMCC)

Room: 21

FRIDAY 11:30am - 12:30pm

S15 (ACGME) (F) (R)

Room: 6

S16 (WELL)

Room: 7

S17 (CE) (SDOH)

Room: 8

11:30am - 12:30pm

S18 (INN) (POCUS)

Room: 9

S19 (DMCC) (R)

Room: 10

S20 (F)

Room: 11

FRIDAY 11:30am - 12:30pm

11:30am - 12:00pm

RP05 (MCH) (RESQI)

Room: 3

12:00pm - 12:30pm

RP06 (RESQI) (S)

Room: 3

Workshop Group #3 (Continued)

Menopause: The Most Treatable Thing You See Every Day and Do Nothing About!

Madison Healey DO

Seminar Group #3

Unionization in Family Medicine Residencies: Approaches to a Rapidly Changing Landscape

Charles Hackett MD, Fadya El Rayess MD, Suki Tepperberg MD, Anna Filip MD

Fueling Wellness and Focus: Human-Centered Coordination in the Modern GME Program

Adele Levey C-TAGME

From Clinic to Community Partnership: Centering Engagement to Address Social Determinants of Health

Sarah Ramirez MD, Maria Bustamante Torres MD, Jose Polanco MD, Modesto Araujo MD, George Fernandez CEO

Fill the Gaps: Using a Dedicated Reserves Rotation to Support Critical Services AND Enhance POCUS Training in Family Medicine Residency

Erin Cathcart MD, Rebecca Gwaltney MD, Virginia VanDuyne MD

When Pelvic Pain Is More Than “Normal”: An Updated Approach to Endometriosis

Versha Kumari PGY2, Mayur Rali MD

So You Want to Start a Residency?

Donna Prill MD, Stacy Ross MD

Research Paper Group #3 (30 Minutes Each)

A Mixed-Methods Evaluation of Pennsylvania IMPLICIT Network Sites: What Are the Key Drivers of Success for a MaternalChild Health Learning Collaborative

Emily Long MPH, Anna Fetterolf MPH, Aisha Freeman MPH, Peter Cronholm MD, Mario DeMarco MD

From Match to Practice: A 30-Year Retrospective Cohort Study of Primary Care Alumni

Nathan Hudson MS2, Mike Appleman MA Ed, Mike Appleman MA Ed

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FRIDAY 11:30am - 12:30pm

11:30am - 12:00pm

QI05 MCH) (RESQI)

Room: 1

12:00pm - 12:30pm

QI06 (MH) (PTSIP)

Room: 1

FRIDAY 11:30am – 12:30pm

11:30am - 11:50am

LD19 (FD) (INN)

Room: 13

11:50am - 12:10pm

LD20 (FD) (INN)

Room: 13

12:10pm - 12:30pm

LD21 (FD) (INN) (RESQI)

Room: 13

FRIDAY 11:30am – 12:30pm

11:30am - 11:50am

LD22 (FD) (INN) (MCH)

Room: 14

11:50am - 12:10pm

LD23 (FD) (INN) (WPC)

Room: 14

12:10pm - 12:30pm

LD24 (FD) (PRO)

Room: 14

Quality Improvement Group #3 (30 Minutes Each)

Improving Child Health Screening: A SWYC Implementation Study

Michael Nee PGY2, Timothy Lishnak MD, Ria

Sara Yalamanchili PGY2

Closing the Gap in Pediatric Developmental and Behavioral Health Screening in Family Medicine

Opeoluwa Olukorede PGY3, Andrea Chin MD

Lecture Discussion Group #7 (20 Minutes Each)

Redefining Professionalism: Family Medicine's Multi-Organization Approach

Lynne Havsy PhD

This is the (New) Jeopardy!: Turning Competition into Collaboration

Kristina Kelvy MD

Developing Expertise by Adapting Self-Regulated Learning Theory Through Use of the Master Adaptive Learning Framework

Deanna Bowman PhD, Julie Aultman PhD

Lecture Discussion Group #8 (20 Minutes Each)

Innovating Access: Integrating Virtual Group Prenatal Care into Family Medicine Residency

Swetha Iruku MD, MPH, Mario DeMarco MPH, MD,

Melissa Donze MPH, Jennifer Cohn MD, Aparna Raghu PGY2

Words Matter: Practical Inclusive Language for Clinical Teaching and Patient Care

Mary Jane Calagui PGY2, Nicole Delgado-Salisbury EdD, Sahil

Kaushal PGY1, Frantz Ricot Martine PGY1

The Test of Competency: A Framework for the Clinical Evaluation of Family Medicine Residents

Jillian Weinfeld MD, Ken Kronhaus MD,

Kelly Ussery-Kronhaus MD

**2026 FMEC Annual Meeting
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FRIDAY 11:30am – 12:30pm

11:30am - 11:50am

LD25 (FD) (POCUS)

Room: 15

11:50am - 12:10pm

LD26 (FD) (POCUS)

Room: 15

12:10pm - 12:30pm

LD27 (FD) (POCUS)

Room: 15

FRIDAY 11:30am – 12:30pm

11:30am - 11:45am

Paper09 (CE) (TECH)

Room: 2

11:45am - 12:00pm

Paper10 (F) (R)

Room: 2

12:00pm - 12:15pm

Paper11 (F) (SDOH)

Room: 2

12:15pm - 12:30pm

Paper12 (FD) (ACGME)

Room: 2

12:00pm - 5:30pm

Room: Foyer

12:30pm - 2:00pm

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Lecture Discussion Group #9 (20 Minutes Each)

From A-Lines to Z-Lines 2.0: Continued Evolution of a POCUS Curriculum in Residency using Rapid Cycle PDSA Methodology

Genaro DeLeon MD, John Hanicak MD

Shared Lessons from New England: Building POCUS in Family Medicine Residencies

Rebecca Gwaltney MD, Erin Cathcart MD, Kyle Flattery MD, Nathan Macedo MD, Elizabeth Lorick MD

Creating a Faculty Privileging Pathway for POCUS

Erin Cathcart MD, Rebecca Gwaltney MD, APRN-CNP

Paper Presentation Group #3 (15 Minutes Each)

Enhancing Health Science Education Through Virtual Reality and Community Engagement

Kierstin Frederick MS2, Soo Lee MD, Tiana Fleming-Hogan MS2, Anthony Salazar MS2, Damar Blanchet MS2,

Badge Buddy QR Codes and Shift Cards to Improve Timely Resident Feedback

Jason Woloski MD, Leslie Seiberling-Fumanti RPA

Resident Photo Essays to Explore Themes of Health Equity and Community Engagement

Henrique Jaime MD, Ben Golden MD, Anna Filip MD

Implementing a Structured Elective Planning Framework to Improve Resident Experience and Program Workflow in Family Medicine Residency

Haley Coleman MD, Maria Schiaffino MD, Virginia Regula DO, Josie Fournier

Exhibitor Booths Open

Plenary Lunch, Conference Welcome and Award Presentations

Conference Welcome

Pamela Vnenchak MD

Champion of Family Medicine Award

William Warning MD

Mid-Career Faculty Achievement Award

Winfred Frazier MD, MPH, FAAFP

**2026 FMEC Annual Meeting
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FRIDAY September 25, 2026

12:30pm - 2:00pm

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

FRIDAY 2:00pm - 2:30pm

Room: Prefunction

FRIDAY 2:30pm - 3:30pm

W19 (OSTEO) (WPC)

Room: 25/26

W20 (PRO) (R)

Room: 24

W21 (ACGME) (R)

Room: 18

W22 (FD) (R) (SDOH)

Room: 19

W23 (DMCC)

Room: 20

W24 (F)

Room: 21

**Plenary Lunch, Conference Welcome and Award Presentations
(Continued)**

Emerging Leader Award

Kyle Flattery MD

Emerging Leader Award

Rebecca Shipkin MD, MPH

Family Medicine at the Crossroads

Kisha Davis MD, MPH, FAAFP

Afternoon Break

Workshop Group #4

**An Osteopathic and Integrative Approach to the Management
of Dysautonomia**

Yasmine Mourad DO, Natalie Branton DO, Sarah Seeley PGY1

Colposcopy and Endometrial Biopsy

Richa Sharma MD, Nguyet-Cam Lam MD,

Courtney Humphrey MD

**Not Your Average Sim Session: Creative Ways to Utilize
Standardized Patients in Residency Training**

Sara Baig MD, Lynne Havsy PhD, John Nguyen PGY1,

George Hseeh PGY2, Julia Wardeh PGY2

**Remediating with Insight: Uncovering Learning Barriers Before
Residents Fail**

Rodika Coloka-Kump DO, Nicole Delgado-Salisbury EdD,

Sonia Velez MD

**Time is Bone? Identification of Emergent and Urgent
Orthopaedic Cases for Primary Care Providers**

Rei Kola PGY1, Aphrodite Papadakis MD,

Jaividhya Dasarathy MD

**From Clinic to Cradle: Incorporating Breastfeeding Medicine
Into Residency Curriculum**

Jenni Somers MD, Romina Almada Gordon PGY3,

Elise LaFlamme MD

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FRIDAY 2:30pm - 3:30pm

S21 (ACGME) (PRO)

Room: 6

S22 (ADV) (GER)

Room: 7

S23 (CE) (WPC)

Room: 8

S24 (INN) (R)

Room: 9

S25 (PRO)

Room: 10

S26 (DMCC) (R)

Room: 11

S27 (WPC)

Room: 12

FRIDAY 2:30pm - 3:30pm

2:30pm - 3:00pm

QI07 (MCH) (MH)

Room: 1

3:00pm - 3:30pm

QI08 (IMM) (RM)

Room: 1

Seminar Group #4

Medication Abortion and Miscarriage Aftercare: Practical Insights for the Family Physician

Marcela Trocha PGY2, Heather Paladine MD,
Marissa Carranza PGY2

Advancing Culturally Responsive Advance Care Planning for Latino Patients in Primary Care

Maria Torres Bustamante MD, Sarah Ramirez MD,
George Fernandez CEO, Jorge Vazquez Urrutia MD

Whole Person Care for the Un/Under-Insured

Andrea Gordon MD, Elena Rosenbaum MD

This Feedback Makes No Sense: Untangling Discordant Feedback in Medical Education

Mary Ann Santucci PGY2, Devon Smith MD, Carl Tyler MD

Cervical Cancer Screening Updates

Krys Foster MD, Sarah Tiggelaar MD, Maya Bass MD,
Mackenzie Corcoran PGY2, Rachel Johnson PGY2

Beyond Statins: Evidence-Based Practical Lipid-Lowering Strategies and Emerging Therapies for Primary Care

Darshil Patel PGY2, Mayur Rali MD, Shayan Khan PGY2

Simplifying Integrating Behavioral Health into Primary Care

Wendi Schirvar PhD, LP, NCSP, William Kang PGY1,
Fiza Fatima PGY1, Cynthia Lamour DO, Gianna Grogan PGY2

Quality Improvement Group #4 (30 Minutes Each)

Effectiveness of a Perinatal Behavioral Health Workshop for Family Medicine Medical and Nurse Practitioner Residents

Sarah Minney MD, Kristin Koberstein PhD, LMFT, PMH-C,
Shea Kelly-Buckley PGY3, Zelda Blair PGY2

A Novel Collaboration Between Medical and Dental Providers to Identify and Address Gaps in HPV Vaccination: A Longitudinal Quality Improvement Project (2022- Present)

Mounika Mukherjee Peethala PGY2, Gregory Dobash MD,
Irene Liu PGY3, Daryoush Shahin, Jessica Brennan RDH, PHDHP

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

FRIDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD28 (FD) (RESQI)

Room: 13

2:50pm - 3:10pm

LD29 (GER)

Room: 13

3:10pm - 3:30pm

LD30 (MCH) (MH)

Room: 13

FRIDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD31 (ADSU)

Room: 14

2:50pm - 3:10pm

LD32 (ADSU)

Room: 14

3:10pm - 3:30pm

LD33 (ADSU) (INN)

Room: 14

FRIDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD34 (ADSU) (MH)

Room: 15

2:50pm - 3:10pm

LD35 (ADSU) (SDOH)

Room: 15

3:10pm - 3:30pm

LD36 (ADSU) (RM)

Room: 15

Lecture Discussion Group #10 (20 Minutes Each)

Incentivizing Efficiency to Facilitate Well-Being: A Team Based Approach to Incentivizing Residents to Complete Clerical Tasks

Jennah Krause DO, Lynn Havsy PhD, Lynne Havsy PhD,
Grace Gentry DO, Katelynn Koch

Don't Let It Linger: Smarter Pneumonia Care in Long-Term Care Facilities

Robert Ries MD, Seema Dattani MD

Improving Access to Postpartum Depression Screening During Pediatrics Well Child Visits at Saint Joseph's Family Health Center

Alexandra Albert PGY1, Mari Iturbe Ortiz MD EdD, Ashley Mercado PGY3

Lecture Discussion Group #11 (20 Minutes Each)

Stimulant Use Disorder Treatment in Primary Care: Creating Your Own Contingency Management (CM) Program

Stephen Iannacone MD

Keep Up with Kratom Use

Gretchen Maurer DO

Emerging Role of Ketamine in OUD Treatment

Mark Schoenike PGY2, Brittany Kramer DO

Lecture Discussion Group #12 (20 Minutes Each)

Party and Play: The Epidemic of Chemsex in the LGBT+ Community

Matthew Miles PGY1, Karen Lazarus DO

How Can We Best Support People Experiencing Homelessness After Non-Fatal Overdose?

Anjali Prakash Fellow, Sandhya Kumar MD

Breaking Down the Barriers to Treat Alcohol Use Disorder in Primary Care: An Educational Approach

Laura Beth Chamberlain MD, Jacob Shaw MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

FRIDAY 2:30pm – 3:30pm

2:30pm - 2:45pm

Paper13 (GER) (S)

Room: 2

2:45pm - 3:00pm

Paper14 (INN) (RESQI)

Room: 2

3:00pm - 3:15pm

Paper15 (PTSIP) (SDOH)

Room: 2

3:15pm - 3:30pm

Paper16 (MCH)

Room: 2

FRIDAY 3:45pm - 4:45pm

W25 (OSTEO)

Room: 25/26

W26 (PRO) (R) (S)

Room: 24

W27 (FD)

Room: 18

W28 (MH) (WPC)

Room: 19

W29 (ART) (F)

Room: 20

W30 (DMCC) (R)

Room: 21

Paper Presentation Group #4 (15 Minutes Each)

A Longitudinal Study Assessing Medical Students Perceptions of the Geriatric Population

Erica Reger MS1, Soo Jung Lee MD, Natalia Essigmann MS1, Sarah Rhim MS1

Inpatient Rounding: Patient-Centered vs Table

Hillary Mount MD, Cole Simons MS2, Peyton Traxler PGY2

Enhancing Student Learning and Clinical Skills Through Early Clinical Immersion

Emily Daum MS2, Soo Jung Lee MD, Tiana Fleming-Hogan MS2, Angelina Makhoul MS2, Hunter Schachte MS2

Prevention and Treatment of Non-Syndromic Autism Using Folinic Acid: New Options and Challenges

Alan Remde MD, Nandhini Veeraraghavan MD

Workshop Group #5

OMT on the Wards: Practical Techniques for Everyday Hospital Care

Megan Mendez Miller DO, Jeff Hall DO, Anne Darby DO

Common Musculoskeletal Injection Techniques in Family Medicine

Joseph Tribuna MD, Matthew Resciniti DO, George Maxted MD

Managing Anxiety and Uncertainty in Residencies During A Crisis: A Workshop For Program Faculty and Coordinators

Fadya El Rayess MD, Suki Tebberberg MD, Bethany Picker MD

Beyond Motivational Interviewing: Change Your Practice, Change Your Life!

Magda Kowalczykowski MD

Seeing the System in the Story: Narrative Medicine as a Lens for Health Systems Science

Adam Perrin MD

Continuous Glucose Monitor (CGM): Friend or Foe in Clinical Practice

Fairy Maheta MD, Jacqueline Bhandari MD, Pooja Patel MD, Jacqueline Bhandari MD

**2026 FMEC Annual Meeting
Conference Program
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FRIDAY 3:45pm - 4:45pm

S28 (ACGME) (RESQI)

Room: 6

S29 (DEI) (SDOH)

Room: 7

S30 (INN)

Room: 8

S31 (PRO)

Room: 9

S32 (R) (S)

Room: 10

S33 (DMCC) (WELL)

Room: 11

FRIDAY 3:45pm - 4:45pm

3:45pm - 4:15pm

QI09 (RESQI); (TECH)

Room: 1

4:15pm - 4:45pm

OPEN (QI10)

Room: 1

FRIDAY 3:45pm - 4:45pm

3:45pm - 4:05pm

LD37 (ADV) (SDOH)

Room: 13

4:05pm - 4:25pm

LD38 (ADV) (SDOH)

Room: 13

4:25pm - 4:45pm

LD39 (CE) (WPC)

Room: 13

Seminar Group #5

Continuous Quality Improvement

Shehab Chaudhry PGY3, Tayyab Malik MD, Iyad Baker MD,
Tayyab Malik MD, Ahmed Zohdy MD,
Vaidehi Akhane PGY2

Diversity at the Table: A Prescription for Better Healthcare

Suganya Mahinthan MD, Katherine Holmes MD

Advanced Primary Care and How It Can Achieve the Quintuple Aim of Health Care

Luigi Tullo MD, Alan Roth DO

What Every Family Doctor Should Know about Medication Abortion

Christina Shenko MD, Caitlin Weber MD, Clara Keegan MD,
Jenny Wang MD

One Specialty, Many Paths: Exploring Careers in Family Medicine

Rachel Rosenberg MD

Multicancer Early Detection (MCED) Blood Tests: Proceed with Caution

Kenneth Lin MD

Quality Improvement Group #5 (30 Minutes Each)

Implementing a Resident-Led, Informatics-Enabled Preoperative Optimization Workflow in Primary Care

Rafay Nasir PGY2, Michael Partin MD

OPEN

Lecture Discussion Group #13 (20 Minutes Each)

The Vines Project: Locally Grown Food from Your Doctor

Katherine Holmes MD, Pooja Patel MD, Rosine Plummer MD

Environmental Health, Community, and Care: Teaching Environmental Drivers of Health in Family Medicine

Marshala Lee-McCall MD

Where Residents Learn and Communities Lead: A Partnership Blueprint

Bridget Peters DO, PhD, Anna Filip MD, Ben Golden MD

**2026 FMEC Annual Meeting
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FRIDAY 3:45pm - 4:45pm

3:45pm - 4:05pm

LD40 (CE) (GER)

Room: 14

4:05pm - 4:25pm

OPEN (LD41)

Room: 14

4:25pm - 4:45pm

LD42 (CE) (PRO)

Room: 14

FRIDAY 3:45pm - 4:45pm

3:45pm - 4:05pm

LD43 (CE) (S)

Room: 15

4:05pm - 4:25pm

LD44 (CE)

Room: 15

4:25pm - 4:45pm

LD45 (CE) (PRO)

Room: 15

FRIDAY 3:45pm - 4:45pm

3:45pm - 4:00pm

Paper17 (MCH) (RM)

Room: 2

4:00pm - 4:15pm

Paper18 (DMCC) (INN)

Room: 2

4:15pm - 4:30pm

Paper19 (OSTEO)

Room: 2

4:30pm - 4:45pm

Paper20 (R) (SDOH)

Room: 2

Lecture Discussion Group #14 (20 Minutes Each)

Resident Engagement and Action for Community Health (REACH) Program- Empowering Older Adults Through Resident-Led Health Promotion

Steffany Moreno DO, Barry Simmons MD

OPEN

Development of a Peer-to-Peer Women's Sexual and Reproductive Health Education Model with Women Experiencing Incarceration

Amanda Maille MS4, Newton Kendig MD

Lecture Discussion Group #15 (20 Minutes Each)

Listening to Learners: Student Narratives on Caring for Underserved Communities through JeffBEACON

Krys Foster MD, Deborah Witt MD, Laura Monroe

Summoning Your Inner Superhero or Princess

John Hanicak MD

Cultivating Leaders in Womens Health: The FACTS Ambassador Experience

Meghan Harter MS4, Marguerite Duane MD, Phillip Harter MS3, Sean McCann MS2, Kate Bradley MD

Paper Presentation Group #5 (15 Minutes Each)

PFAS, Breastfeeding, and Community Partnership: Lessons From an Ongoing Study, Assessing PFAS and the Human Milk Proteome to Improve Guidance for Lactating People Affected by PFAS Exposure

Katherine Dobosh DO, Rachel Criswell MD, Caroline LaFave DO

Making Radiology Matter: Short-Form Video to Improve Engagement and Clinical Relevance for Early Learners

Beylul Negassi MS3, Shirley Eisner PhD, Gabriel Cruz MS3, Jeanette Kurbedin MD

Does Offering Osteopathic Manipulative Treatment In An Outpatient Setting Improve Outcomes

Alicia Olowu DO

From Crisis to Control: An Evidence-Based Inpatient Protocol for Vaso-Occlusive Crisis and Acute Chest Syndrome in Adult Sickle Cell Disease

Krishnamurti Rao PGY2, Steven Foulis MD

**2026 FMEC Annual Meeting
Conference Program
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FRIDAY 3:45pm – 4:45pm

3:45pm - 3:51pm

CSSSpeed01 (R)

Room: 3

3:51pm - 3:57pm

CSSSpeed02 (NT) (R)

Room: 3

3:57pm - 4:03pm

CSSSpeed03 (DMCC) (GER)

Room: 3

4:03pm - 4:09pm

CSSSpeed04 (ADV) (PRO)

Room: 3

4:09pm - 4:15pm

CSSSpeed05 (MH) (GER) (MCH)

Room: 3

4:15pm - 4:21pm

CSSSpeed06 (MH) (WPC)

Room: 3

4:21pm - 4:27pm

CSSSpeed07 (DMCC)

Room: 3

4:27pm - 4:33pm

CSSSpeed08 (POCUS)

Room: 3

4:33pm - 4:39pm

CSSSpeed09 (GH)

Room: 3

FRIDAY 4:45pm - 5:15pm

Room: Prefunction

FRIDAY 5:15pm - 6:30pm

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Room: Wildwood Ballroom 29-30

Clinical Success Story/Speed Presentation Group #1 (6 Min.Ech)

Getting Pumped: Supplement-Induced Hypertension in a Young Male

Fred Ayres MD, Kiran Lorick MD

The Anti-Inflammatory (AI) Diet: Principles and Practical Counseling (

Mey Tal Banar PGY2, Abbie Jacobs MD

The Cruciality of Deprescribing in Our Geriatric Patients

Osarieme Evbuomwan-Esene MD

Assessing Impact of Abortion Restrictions

Candace Smith PGY2, Clara Keegan MD

Maximizing Depression Screens

Jalak Jani MD, Alan Remde MD, Bhavana Nerella MD,
Rebecca Fang MD

Integrative Medicine Approach to Sleep

Shiyu Liu PGY2, Abbie Jacobs MD

His Oxygen is Low, But He Wants to Talk About His Weight Today

Lauren Nadkarni MD

The PCP, the Scalp Pseudo-Aneurysm and the Snowstorm

Bethany Russell PGY3, Shivdeep Deo MD, David Simpson MD

Improving Care for Chinese-Speaking Patients in a Family Medicine Setting

Dongsheng Jiang MD

Afternoon Break

Plenary Welcome and Awards Presentations

Plenary Welcome

Heather Paladine MD, MEd

This We Believe Award - Honorable Mention

Sandhya Kumar MD, MPH

This We Believe Award - Second Place

Maduka Gunasinghe

This We Believe Award - First Place, "My Pride Is Not Loud—It Is Ancestral"

Sarah Inés Ramírez MD

Speaker Introduction

Joe Tribuna MD

**2026 FMEC Annual Meeting
Conference Program
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FRIDAY 5:15pm - 6:30pm

5:15pm - 6:30pm

Room: Wildwood Ballroom 29-30

6:30pm - 8:30pm

Room: Wildwood Ballroom 27-28

8:30pm - 9:30pm

Room: Terrace/Poster Prefunction

Plenary Speaker

Healthcare Communication in the Digital Era

Mike Varshavski DO

Residency Fair

NYSAFP Reception

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 7:00am - 5:00pm

Room: Foyer

Registration Open

7:00am - 8:00am

Room: 3

PAFP Program Director's Meeting

7:00am - 8:00am

Room: Prefunction

Continental Breakfast

8:00am - 2:30pm

Room: Foyer

Exhibitor Booths Open

SATURDAY 7:00am - 8:00am

Breakfast01 (F) (IMM)

Room: Wildwood Ballroom 29-30

Breakfast Discussion Table

Shifting From Routine Hepatitis B Immunization to Shared Decision-Making

Antoinette Abou Haidar MD, Rupal Bhingradia FAAFP

Breakfast02 (DMCC)

Room: Wildwood Ballroom 29-30

When Sarcopenia Happens To You

Belinda Johnston Briggs MD

Breakfast03 (ADV) (CE)

Room: Wildwood Ballroom 29-30

Physician Unions

Zelda Blair PGY2, Sarah Minney MD, Scott Hartman MD

Breakfast04 (S)

Room: Wildwood Ballroom 29-30

Is Your FMIG Effective?

Adam Bradley MM, Mahima Sangtani MS3,
Stephanie Soderlund MS2

Breakfast05 (MH) (SDOH)

Room: Wildwood Ballroom 29-30

The Epidemic of Social Isolation and Loneliness: Advancing Social Health in Family Medicine

Adam Perrin MD

Breakfast06 (WPC)

Room: Wildwood Ballroom 29-30

A Bridge to Building Patient Trust in Complimentary Medicine

Sarah Davis MD

Breakfast07 (R)

Room: Wildwood Ballroom 29-30

Sports Medicine is Primary Care: Defining the Essential MSK Skills for Every Family Medicine Graduate

Ashika Chaluvadi PGY2, Daniel Deaton MD

Breakfast08 (CE) (F)

Room: Wildwood Ballroom 29-30

How to Strengthen Community Engagement and Advocacy Curriculum in Family Medicine Residency? (

Tara Devaraj MD

Breakfast09 (WELL) (WPC)

Room: Wildwood Ballroom 29-30

Faith and Spirituality in Medical Education

Greg Dobash MD, Nguyet-Cam Lam MD, Richa Sharma MD,
Hira Ahmed PGY2

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 7:00am - 8:00am (Continued)

Breakfast10 (PTSIP)

Room: Wildwood Ballroom 29-30

Breakfast11 (DEI)

Room: Wildwood Ballroom 29-30

Breakfast12 (RM)

Room: Wildwood Ballroom 29-30

Breakfast13 (MH) (WPC)

Room: Wildwood Ballroom 29-30

Breakfast14 (ADV) (SDOH)

Room: Wildwood Ballroom 29-30

Breakfast15 (MCH) (MH)

Room: Wildwood Ballroom 29-30

Breakfast16 (ACGME) (F)

Room: Wildwood Ballroom 29-30

Breakfast17 (CE) (NT)

Room: Wildwood Ballroom 29-30

Breakfast18 (SDOH)

Room: Wildwood Ballroom 29-30

Breakfast19 (TECH)

Room: Wildwood Ballroom 29-30

Breakfast20 (F)(INN)

Room: Wildwood Ballroom 29-30

Breakfast Discussion Table (Continued)

Survival of the Fittest: Trickle Down Effects of Leadership Changes

Noopur Doshi MD, Alisa Liu MD, Amanda Casagrande MD, Jonathan Yadlosky MD

Missing from the Table: A Residency Leadership Strategy to Recruit and Retain URM Women in Academic Medicine

Mary Ellis MD, Joyce Robert MD, Dhvani Thakker MD

Rural GME Expansion

Mary Powers MD, Mary Ellis MD

Behavioral Health at the Table: Not Just a Side Dish

Amanda Garlen LCSW

Environmental Health, Community, and Care: A Conversation for Family Medicine Educators

Marshala Lee-McCall MD

Our Perinatal Mental Health Crisis: How Can Family Medicine Help?

Sarah Minney MD, Kristin Koberstein PhD, LMFT, PMH-C, Zelda Blair PGY2, Shea Kelly Buckley PGY3

New York State Residency Program Leadership Meeting

Heather Paladine MD, Katherine Holmes MD

Food Matters: Patient Engagement with an On-Site Teaching Kitchen

Joaquin Santos PGY1, Sukanya Srinivasan MD, Noopur Doshi MD, Nicholas Dominick MD, Varsha Persad PGY1

Who Has An Interest In Or Is Providing Healthcare To A Homeless Patient Population?

Michael Seidman MD, MPH, Lisa Inman BSN, RN, AMB-BC

AI in Medical Education and Patient Care: Show and Tell (and Listen)

Joshua Steinberg MD

Extended Orientation: Brainstorming Innovative Approaches to Prepare New Residents for their Clinic Experience

Gregory Thesing MD, Dominic Geffken MD, Rory Richardson MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 7:00am - 8:00am (Continued)

Breakfast21 (PRO) (REPRO) (RESQI)

Room: Wildwood Ballroom 29-30

Breakfast22 (GER) (RM)

Room: Wildwood Ballroom 29-30

Breakfast23 (R) (RESQI)

Room: Wildwood Ballroom 29-30

Breakfast24 (MCH) (RESQI)

Room: Wildwood Ballroom 29-30

Breakfast25 (PTSIP)

Room: Wildwood Ballroom 29-30

SATURDAY 8:00am - 9:00am

W31 (OSTEO)

Room: 25/26

W32

Room: 24

W33 (PRO)

Room: 18

W34 (DEI)

Room: 19

W35 (S)

Room: 20

Breakfast Discussion Table (Continued)

Abortion in Primary Care: Patient Perspectives

Libby Wetterer MD, Rebecca Simon MD, Hope Kim MS4,
Simone Advaney MS3, Peter Cronholm MD

**Let's Talk About House Calls: Past Experiences and Future
Trends on Patient Care**

Austin Yocum PGY2, Emily Kukura MD, Jason Chang PGY2

**From Early Diagnosis to Lifelong Care: Improving Outcomes for
Individuals with Developmental Disabilities**

Justin Wong PGY1, Melissa Burgos MD, Alexander Beck MD,
Laura Ruhl MD

**Promoting Early Childhood Development: Free Resources and
QI Collaborative**

Blair Hammond MD, Kathy Fredericks MBA, PMP,
Nicole Delgado EdD, MEd

**Building a Strong Physician CV: Strategies for Residents and
Fellows**

Charles Lowry

Workshop Group #6

"DO" More For Your Patient's Pelvic and SI Pain!

Kathleen Sweeney DO, Kathleen Woods DO, William Olstein DO,
Victoria Devan DO, J Fabina DO

**Papaya Workshop: Procedural Abortion/Manual Vacuum
Aspiration in Primary Care**

Mindy Brittner MD, Libby Wetterer MD, Niara Lezama MD,
Emilia Zevallos-Roberts MD, Heather Paladine MD

**Gaining Confidence in POCUS: High-Impact Scans and Training
Strategies**

Alicia Ding DO, Henry del Rosario MD, Ian Roy MD

Facing Microaggressions

Katherine Holmes MD, Suganya Mahinthan MD

**The Perfect Match: Successfully Navigating the ACGME Match
Process**

Melissa Arthur PhD, Melissa Tribuiani MD,
Dawn Brink-Cymerman MD, Jennifer Ranton MD

**2026 FMEC Annual Meeting
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SATURDAY 8:00am - 9:00am (Continued)

W36 (R) (S)

Room: 21

SATURDAY 8:00am - 9:00am

S34 (ACGME) (WELL)

Room: 6

S35 (PTSIP)

Room: 7

S36 (ADSU) (DMCC)

Room: 8

S37 (PRO)

Room: 9

S38 (R) (WELL)

Room: 10

S39 (WELL) (WPC)

Room: 11

SATURDAY 8:00am – 9:00am

8:00am - 8:30am

QI10 (GH) (MCH)

Room: 1

8:30am - 9:00am

QI11 (CE) (MCH)

Room: 1

Workshop Group #6 (Continued)

How Do Family Physicians Think?

Dennis Gingrich MD, Aaron George DO

Seminar Group #6

Medical Mythbusting: How to Identify & Address Health & Media Illiteracy While Maintaining Emotional Professionalism Amidst Fake News

Meagan Vermeulen MD, Joanna Petrides PsyD,
Mary Thompson PhD, Kristen Marotta MD

Negotiation and Contracting: Strategies for Career Advancement in Academic Medicine, and Contracting

Winfred Frazier MD, Kevin Lee DO, Sabrina Platt NP,
Thomas Macabobby MD, Michael Paronish MD

Reducing Barriers, Expanding Recovery: An Interdisciplinary Approach to Extended-Release Buprenorphine in Primary Care

Amanda Casagrande MD, Raquel Zemtsov MD,
Alyssa Bruehlman MD, Megan Hutar PharmD,
Jason Fine PharmD

Patient-Centered Language in Reproductive Health Care

Heather Paladine MD, Marissa Carranza MD,
Marcela Trocha MD

Promoting Psychological Safety

Courtney Goettel MD, Gretchen Shelesky MD

Tea as Medicine: Evidence-Based Health Benefits Across Cultures

Michaela Lei DO, Monica Meyer MD, Eva Kenfack Ngapgue MD

Quality Improvement Group #6 (30 Minutes Each)

The Pap Stops Here: Cervical Cancer Underscreening for Women with HIV

Sasheenie Moodley PGY2, MD, PhD, MPH, Emily Brown MD,
Jillian Dawson MD, PGY2

Focus On The Fourth And Fatherhood: Building the Infrastructure of Maternal and Paternal Care Through Centering Pregnancy, Centering Parenting, and the D.A.D. App Bridge Model

Rowena Pingul-Ravano MD, Shaila Fye MS2, Margaret Judge RN,
CLC, Anwan Wesley Director

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SATURDAY 8:00am – 9:00am

8:00am - 8:20am

LD46 (DMCC)

Room: 13

8:20am - 8:40am

LD47 (DMCC)

Room: 13

8:40am - 9:00am

LD48 (DMCC)

Room: 13

SATURDAY 8:00am – 9:00am

8:00am - 8:20am

LD49 (DMCC)

Room: 14

8:20am - 8:40am

LD50 (DMCC)

Room: 14

8:40am - 9:00am

LD51 (DMCC)

Room: 14

SATURDAY 8:00am – 9:00am

8:00am - 8:20am

LD52 (DMCC)

Room: 15

8:20am - 8:40am

LD53 (DMCC)

Room: 15

8:40am - 9:00am

LD54 (DMCC) (INN)

Room: 15

Lecture Discussion Group #16 (20 Minutes Each)

COPD Management in Primary Care: A Guideline-Based, Practical Approach to Diagnosis, Inhaler Selection, and Escalation

Darshil Patel PGY2, Mayur Rali MD, Shayan Khan PGY2

Resistant Hypertension and the New AHA/ACC Guidelines

George Maxted MD

From PCE to PREVENT: Rethinking CVD Risk in Family Medicine

Monica Riad PGY3, Haneen Hussein DO, Meray Michael PGY3

Lecture Discussion Group #17 (20 Minutes Each)

When “Starvation Ketosis” Isn’t Benign: Recognizing Euglycemic DKA in Post-Operative Patients on SGLT2 Inhibitors

Karan Sharma PGY2, Mayur Rali MD, Darshil Patel PGY2

Screening and Management of Chronic Kidney Disease & Comorbidities

Aimee Smith DO, Megan McMullan MD

Approach to Pediatric Scoliosis in Primary Care

Fiza Fatima PGY1, Jenna Dafgek MD, Dorothy Vosik PGY2, Pranav Tiyyala PGY1, Javed Akhtar PGY1, Hamza Zaheer MBBS

Lecture Discussion Group #18 (20 Minutes Each)

Hidden in Plain Sight: The Rising Impact of MASLD

Antoinette Abou Haidar MD

Incorporating Population Health into Family Medicine Electives for Medical Students

Zachary Kosak MD, David Ganetzky MD, Laura Kurash MD, Courteney Wilkinson BS, Juan Leon PGY1

Turning Wait Time into Learning Time: A QI Initiative Using QR-Code Video Education

David Jerome DO, Paola Nunez Cruz PGY2, Chisa Oparanma PGY2, Nicole Delgado

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SATURDAY 8:00am – 9:00am

8:00am - 8:15am

Paper21 (CE) (DEI) (NT)

Room: 2

8:15am - 8:30am

Paper22 (RESQI)

Room: 2

8:30am - 8:45am

Paper23 (RESQI) (S)

Room: 2

8:45am - 9:00am

Paper24 (RESQI) (WPC)

Room: 2

SATURDAY 9:15am - 10:15am

W37 (OSTEO)

Room: 25/26

W38 (PRO)

Room: 24

W39 (FD) (R) (S)

Room: 18

W40 (PRO)

Room: 19

W41 (POCUS) (PRO)

Room: 20

W42 (ADV) (SDOH)

Room: 21

Paper Presentation Group #6 (15 Minutes Each)

Uptake on Newer Diabetes Therapies on Urban Food Pantry Recipients

Joanne Wilkinson MD, Petronea Smith MS1, Jasmine Warren, Roberta Goldman PhD

Improving Pain Score Documentation for OMT Treatment: A Mixed Methods Study

Zubia Sagarwala PGY2, Philip Cruz DO, Ndeye Diaw PGY3, Alexandria Jaramillo PGY3, Crystal Pang PGY3, Haoming Liu DO

Enhancing Evidence-Based Practice Through Interprofessional Statistical Education and Research Support: Insights from a Student-Driven Organization

Nick Tewell MS3, Alan Cherney MD, Jay Pendyala MS3, Christian McCormick MS3, Joseph Gorman MS3

Measuring Comprehensiveness in Primary Care: Practical Methods for Family Medicine Practices and Educators

Rafa Nasir PGY2, Derek Baughman MD

Workshop Group #7

OMT to Augment Labor Management

Maura Sheehan MD, John Boll DO

Hands-On Paracervical Block Workshop

Ryan Cummings MD, Alissa Correll MD, Roshni Kakaiya DO, Allison Paul MD, Raneem Mokatrin MD

Let's Build It: A How-To Workshop on Developing Online Learning Modules to Educate Medical Learners

Mary Stephens MD, Karin Roseman LCSW, Rosemary Corcoran MS, OTR/L, Ruby Srivastava MSc, Indigo Harpole BS

A Contraception and Pregnancy Options Counseling Workshop

Clara Keegan MD, Candace Smith MD

Ultrasound Guided Knee and Shoulder Injections

Bridget Smith MD, Carlo Comia PGY2, Griffin Johnson PGY1

This is Our Lane: Building Confidence in Firearm Storage Safety Conversations with Patients

Annie Du MS4, Gretchen Maurer DO, Robert Schentrup, Gretchen Maurer DO

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 9:15am - 10:15am

S31 (PTSIP)

Room: 6

S32 (DEI) (PRO)

Room: 7

S33 (MCH) (MH)

Room: 8

S34 (PRO)

Room: 9

S35 (SDOH) (WPC)

Room: 10

S36 (WELL) (WPC)

Room: 11

SATURDAY 9:15am – 10:15am

9:15am - 9:45am

QI12 (PRO)

Room: 1

9:45am - 10:15am

QI13 (R)

Room: 1

Seminar Group #7

Preparing for Financial Success as a New Physician

James Hemphill CFP, CIMA, CPWA, ChFC, Audrey Libois CFP

LGBTQ Care for the PCP: A Case Based Approach

Arie Rennert MD, Madeline Feinstein PGY2

**Weaving Relational Health and Child Development Into
Everyday Primary Care**

Blair Hammond MD, Nicole Delgado EdD

**Developing an Evidence-Based, Relationship-Centered
Approach for Patients Presenting with an Unintended
Pregnancy**

Robert Motley MD, Edward Buchanan MD, Lee Patkos

Interprofessional Approaches to Whole Person Care

Andria Matthews MD, Laura Bujold DO, Jacqueline Guajardo
MA, PhD, Shirley Watt RMA, Olasubomi Ajayi MS3

Seeking Viriditas: Utilizing Nature for Physician Wellbeing

Elise Hogan MD, Brian Thedy MD, EMFM PGY-5,
Mark Mason PhD

Quality Improvement Group #7 (30 Minutes Each)

**Procedure Clinic Pain & Anxiety Control Cocktail: The Art of
Managing Pain and Improving Anxiety for Outpatient
Procedures in a Family Medicine Clinic**

Praise Nwachukwu MD, Chinelo Onochie MD

**Improving Rapid Response Team (RRT) Resident Performance
with a Standardized Resuscitation Algorithm and Mindful
Leadership Techniques**

Robert Ries MD, Benjamin Golden MD, Emerson Trimble DO,
Allyssa Abel MD, Alan Schwartz PsyD, Benjamin Golden MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 9:15am – 10:15am

9:15am - 9:35am

LD55 (DEI) (R)

Room: 13

9:35am - 9:55am

LD56 (DEI) (DMCC)

Room: 13

9:55am - 10:15am

LD57 (DEI) (WPC)

Room: 13

SATURDAY 9:15am – 10:15am

9:15am - 9:35am

LD58 (DMCC) (MH)

Room: 14

9:35am - 9:55am

LD59 (DMCC) (R)

Room: 14

9:55am - 10:15am

LD60 (DMCC) (R)

Room: 14

SATURDAY 9:15am – 10:15am

9:15am - 9:35am

LD61 (PRO)

Room: 15

9:35am - 9:55am

LD62 (PRO)

Room: 15

9:55am - 10:15am

LD63 (PRO)

Room: 15

Lecture Discussion Group #19 (20 Minutes Each)

Improving Health in Inner-City Youth with Basketball and Health Education

Morris Taylor PGY3, Sarah Ramirez MD, Joshua Paisley PGY2, Melinda Matos PGY1

Gender-Affirming: Model for Resident Education

Anja Jokela MD

Breathing Under Pressure: Utility of the 4-7-8 Breathing Technique in a Community-Based Clinic to Lower BP in AA Patients with Hypertension

Keshee Harris PGY2, Yasamine Edwards MD, Kelsey Sicker DO, Abigail Adaramola PGY1

Lecture Discussion Group #20 (20 Minutes Each)

Attention Please: Adult ADHD Essentials

Nedas Semaska MS3, Hillary Mount MD, Mukund Tarimala MS3, Tauras Vucianis MS2, Gabriel Andrade MS2, Hillary Mount MD

Modern Asthma Management: SMART Therapy, Stepwise Care, and Biologics for Primary Care

Karan Sharma PGY2, Mayur Rali MD, Versha Kumari PGY2

Reframing the IUD Experience: Pain Control Matters

Amman Waseem PGY1, Haneen Hussein DO, Muhammed Motala MD, Haneen Hussein DO

Lecture Discussion Group #21 (20 Minutes)

To Hormones and Beyond: Reshaping Menopause Training in Family Medicine

Julia LaComb DO, Devon Smith MD, Carl Tyler MD, Devon Smith MD

Feminizing Hormone Therapy in the Primary Care Setting

Jessica Stieritz PGY2, William Callahan DO, William Callahan DO

Decisional Factors Among Men Pursuing Vasectomy Since 2022

Priyanka Meesa MS3, Nathan Shaw MD, Samuel Moffet MD, Tina Lulla MD, Lambros Stamatakis MD, Nathan Shaw MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 9:15am – 10:15am

9:15am - 9:30am

Paper25 (WELL) (WPC)

Room: 2

9:30am - 9:45am

Paper26 (WPC)

Room: 2

9:45am - 10:00am

Paper27

Room: 2

10:00am - 10:15am

OPEN (Paper28)

Room: 2

SATURDAY 10:15am - 11:00am

Room: Prefunction

SATURDAY 11:00am - 12:00pm

W43 (OSTEO) (WPC)

Room: 25/26

W44 (PRO) (R) (S)

Room: 24

W45 (ART) (WELL)

Room: 18

W46 (POCUS) (S)

Room: 19

W47 (RM)

Room: 20

W48 (DEI) (SDOH)

Room: 21

Paper Presentation Group #7 (15 Minutes Each)

Microplastics as an Environmental Health Exposure:

Implications for Clinical Medicine

Monica Meyer MD, Michaela Lei DO, Paul Delprato MD

Quality Improvement Study of Integrating Behavioral Health

Wendi Schirvar PhD, LP, NCSP, Cynthia Lamour DO, Dorothy

Vosik PGY2, William Kang PGY1

The Use Of Transcutaneous Bilirubin Measurement in an FQHC

Outpatient Setting

Deborah Pinto MD, Timothy Li PGY3, Ashley Hall PGY2,

Devin Ford PGY2

OPEN

Break

Workshop Group #8

**Chronic Pain in South Asian Communities: From Barriers to
Bedside Techniques**

Hema Dhanasekaran PGY3, Dipesh Patel DO, Pranavi Aeturi

PGY3, Nirali Patel DO, Haneen Hussein DO

Splinting Techniques for Acute Wrist Injuries

Rabin Chandran MD, Sonya Levine DO

The Promise and Challenge of Reflective Writing

Paul Gross MD, Jonathan Han MD

Knee POCUS for Students or Residents

Vanessa Lara MD, Lisa Schroeder MD, Lisa Schroeder MD

Family Medicine in the Wild: Practical Skills Session

Lauren Nadkarni MD

**The Implementation and Continuity of Health Equity Rounds as
Interdisciplinary Curriculum at Montefiore/Einstein**

Department of Family and Social Medicine

Ekua Ansah-Samuels MPH, Natasha Borrero MD, Rubina Bhura

PGY4, Tanya White-Davis PsyD, Ellen Tattelman MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 11:00am - 12:00pm

S37 (PTSIP) (WPC)

Room: 6

S38 (ADV) (CE)

Room: 7

S39 (MCH) (S)

Room: 8

S40 (PRO) (WPC)

Room: 9

S41 (WPC)

Room: 10

S42

Room: 11

SATURDAY 11:00am – 12:00pm

11:00am - 11:30am

QI14 (RESQI) (SDOH)

Room: 1

11:30am - 12:00pm

QI15 (R) (RESQI)

Room: 1

SATURDAY 11:00am – 12:00pm

11:00am - 11:20am

LD64 (DMCC) (PRO)

Room: 13

11:20am - 11:40am

LD65 (DMCC) (PRO)

Room: 13

Seminar Group #8

Learning the Craft of Family Medicine

William Miller MD

Primary Care for All Americans: The Current Evidence and The Plan to Fix

Alan Roth DO, Larry Bauer MSW EdD, Luigi Tullo MD,
Michael Fine MD

Delivering More Than Babies: How the Primary Care Workforce Can Address the Maternal Health Crisis

Jennifer Cohn MD, Mario DeMarco MD, Melissa Donze MPH

I Got My Period! Using Lifestyle to Address Functional Hypothalamic Amenorrhea

Marguerite Duane MD, Meghan Harter MS4,
Asheligh Niklaus MS3

Treating Insomnia Through Integrated Care

Jason Burmeister MD, Richard Kutz PsyD, ABPP

Getting Numbers Spectacularly Wrong

Joshua Steinberg MD

Quality Improvement Group #8 (30 Minutes Each)

Efficacy of Digital Hypertension Management in an Urban Underserved Patient Population

Samantha Gogola PGY2, Carly Chamberlain DO,
Joseph Deshan PGY2

“B” Free of Hepatitis B: Improving Hepatitis B Screening and Immunization In a Family Medicine Residency Clinic

Mitchell Crane PGY2, Bridget Peters DO, Haley O'Malley PGY2,
Miranda Ward PGY2

Lecture Discussion Group #22 (20 Minutes Each)

Abnormal Uterine Bleeding: Do You Know Who and When to Biopsy?

Christina Pindar MD, Jheanelle Gregory PGY2, Arie Rennert MD

Urogenital Symptoms of Menopause: Diagnosis and Management

Emilia Zevallos- Robersts MD, Mindy Brittner MD, Aastha Pokharel MD, Mindy Brittner MD, Caitlin Weber MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 11:40am - 12:00pm (Continued)

11:40am - 12:00pm

LD66 (DMCC) (PRO)

Room: 13

SATURDAY 11:00am – 12:00pm

11:00am - 11:20am

LD67 (MCH)(MH)

Room: 14

11:20am - 11:40am

LD68 (MCH)

Room: 14

11:40am - 12:00pm

LD69 (CE) (SDOH)

Room: 14

SATURDAY 11:00am – 12:00pm

11:00am - 11:20am

LD70 (DMCC) (SDOH)

Room: 15

11:20am - 11:40am

LD71 (DMCC) (SDOH)

Room: 15

11:40am - 12:00pm

LD72 (DMCC) (SDOH)

Room: 15

SATURDAY 11:00am – 12:00pm

11:00am - 11:06am

CSSSpeed10 (S)

Room: 3

11:06am - 11:12am

CSSSpeed11 (R) (TECH)

Room: 3

Lecture Discussion Group #22 (20 Minutes Each – Continued)

Making Private Pain More Public

Olivia Swonder MS3, Hillary Mount MD

Lecture Discussion Group #23 (20 Minutes Each)

Perinatal Mental Health Improvement Through Standardization of Birth Preferences, Education, and Documentation at Family Health Center Worcester

Ariya Jacob MS4, Stephany Eierle DO, Rahi Patel MS4, Erin Gladu MS4, Juan Peticco MS4

Counseling HIV Patients on their Breastfeeding Rights

Romina Almada Gordon PGY3, Jennifer Somers MD, Nicholas Weida MD

Lessons Learned from Implementing Research at a Bilingual Community Health Fair

Dahlia Chacon MS3, Sarah Ramirez MD, Lizbeth De la Rosa Abreu MS3, Veronica Huizar Cabral MS3

Lecture Discussion Group #24 (20 Minutes Each)

Let's Talk About Sex

Jaclyn Fiandor-Montesino PGY2, Mary Rose Puthiyamadam MD

Pigmentation Problems

Mary Puthiyamadam MD

Anatomy of a Wound: From Clinical Description to Structural Diagnosis

Sandhya Kumar MD, Anjali Prakash MBBS, Samuel Hernandez

Clinical Success Story/Speed Presentation Group #2 (6 Minutes)

Listening is Learning : A Patient's Role in Shaping Student Doctors

Emily Daum MS2, Soo Jung Lee MD

Using AI to Enhance Patient Comprehension and Risk Perception of Pathology Reports: Findings From a Survey of Patients and Pathologists

Jordyn Franco PGY1, Mark Fung MD, Osee Kouloung MS2, Mark Fung MD, Amer Abu Alfa MD

**2026 FMEC Annual Meeting
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SATURDAY 11:12am - 11:18am

11:12am - 11:18am

CSSSpeed12 (S) (SDOH)

Room: 3

11:18am - 11:24am

CSSSpeed13 (OSTEO) (S)

Room: 3

11:24am - 11:30am

CSSSpeed14 (DMCC) (F)

Room: 3

11:30am - 11:36am

CSSSpeed15 (ACGME) (MH)

Room: 3

11:36am - 11:42am

CSSSpeed16 (SDOH)

Room: 3

11:42am - 11:48am

CSSSpeed17 (MH) (R)

Room: 3

11:48am - 11:54am

CSSSpeed18 (S) (WPC)

Room: 3

11:54am - 12:00pm

CSSSpeed19 (F) (R)

Room: 3

SATURDAY 12:00pm - 2:30pm

Room: Prefunction

SATURDAY 12:00pm - 1:10pm

ClinicalCamp01 (PRO)

Room: 13

ClinicalCamp02 (PRO)

Room: 13

ClinicalCamp03 (PRO)

Room: 14

ClinicalCamp04 (PRO)

Room: 14

Clinical Success Story/Speed Presentation Group #2 (Con't)

Understanding Barriers to Care Through a Student-Run Free Clinic Experience

Tiana Fleming-Hogan MS2, Soo Lee MD

A Shoulder to Lean On: The Power of Family Medicine

Angelina Makhoul MS2, Soo Jung Lee MD

From Itch to Insight: Teaching Dermatology at an FQHC

Samantha Rai MD

Peripartum Depression Screening and Interventions

Kelly Riccio PGY1, Renata Carneiro PhD, Renata Carneiro PhD

Learning the Social Determinants of Health Through Community Care

Hunter Schachte MS2, Soo Lee MD

Walking In A Patient's Shoes As A Physician With Chronic Disease

Gianna Grogan PGY2, Wendi Schirvar PhD, LP

Beyond Words: Connecting with Non-Verbal and Memory-Impaired Patients Through Creative Care

Abriana Will MS2, Soo Jung Lee MD

Intern Orientation: A Video Approach to Teaching Clinic Workflow

Alexander Lo PGY1, Judy Fleishman PhD, Jennifer Lapalme PGY1, Philippe Stuart Moleus PGY2

Boxed Lunches Served

Clinical Camp Group #1

To Be Assigned

To Be Assigned

To Be Assigned

To Be Assigned

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 12:00pm - 1:10pm

Poster001 (ACGME) (R)

Room: Poster Prefunction

Poster002 (ACGME)

Room: Poster Prefunction

Poster003 (ACGME)

Room: Poster Prefunction

Poster004 (ACGME)

Room: Poster Prefunction

Poster005 (ACGME)

Room: Poster Prefunction

Poster006 (ACGME)

Room: Poster Prefunction

Poster007 (ACGME)

Room: Poster Prefunction

Poster008 (ACGME)

Room: Poster Prefunction

Poster009 (ACGME)

Room: Poster Prefunction

Poster010 (ACGME)

Room: Poster Prefunction

Poster Session #1

Improving Inpatient Critical Care Evaluation and Treatment in Family Medicine Residents

Kilash Anthraper PGY2, Stacey Robert MD, Stacey Robert MD

Who's Ready? Assessing Intern Competency via a Resident-Assisted OSCE: A Pilot Residency Study

Birhane Desta MD, Jyothi Patri MD

Introducing Social Prescribing in Medical Education Through Workshop and Case-Based Learning: A Pilot Study

Maya Iglesias BS, Susan Giordano BA, Eric Jahn MD, Maria Pellerano MA, MBA, MPH

MARC Project ECHO Teach-Back: Bridging Research to Residency

Agustin Marty DO, Angela Colistra PhD, LPC, CAADC, CCS

Interventions to Reduce Disparities in Plastic Surgery: A Systematic Review

Priyanka Meesa BS, Rajiv Parikh MD, MPHS, Alexandra Junn MD, Parker Buck BS, Scott Doris MLIS

Improving Evaluation Compliance in Family Medicine Residency: Targeting Rotations Through Evaluation Redesign

Mehana Patel DO, MSMED, David Gandolfo DO, Isha Raza DO, Noor-UI-Huda Waseem MD

Making "Yes" Easy: A Practical Approach to Resident-Led Program Improvement

Jack Scheutzow MD, Mackenzie Corcoran DO, Rachel Johnson MD, David Holub MD

Learner Perceptions of Self-Directed Online Question Banks Versus Facilitated Case-Based Learning in Family Medicine Education

Rupalakshmi Vijayan MD MS, Sumira Koirala MD

Raising the Bar on Well-Child Care: A Residency Pilot With the Keystones of Development Curriculum

Alexandra Albert MD, Nicole Delgado EdD, Blair Hammond MD

Reimagining Medical Education Through Integrative Medicine and Reproductive Justice: Perspectives from the AMSA HEART IM/RJ Elective

Emma Jenkins BS, Nafisa Alamgir, Christa Wilke MD, Constance Earl DO

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 12:00pm - 1:10pm

Poster011 (ACGME)

Room: Poster Prefunction

Poster012 (ACGME)

Room: Poster Prefunction

Poster013 (ACGME)

Room: Poster Prefunction

Poster014 (ACGME)

Room: Poster Prefunction

Poster015 (ACGME)

Room: Poster Prefunction

Poster016 (ACGME)

Room: Poster Prefunction

Poster017 (ACGME)

Room: Poster Prefunction

Poster018 (ACGME)

Room: Poster Prefunction

Poster019 (ACGME)

Room: Poster Prefunction

Poster020 (ACGME)

Room: Poster Prefunction

Poster Session #1 (Continued)

Interviewing Rural Primary Care Physicians to Inform Learning Objectives for a Rural Health Curriculum

Caleb Gayman BS, Luke May BS, Robert Motley MD, MHCDS

Infodemic 2.0: A Resident-Led AI Misinformation Inoculation Curriculum for Family Medicine

Shayan Khan MD, Karan Sharma, Mayur Rali

Increasing PrEP and Doxy-PEP Access in Patients with Opioid or Stimulant Use Disorder Through Provider Education and Standardized Patient Screening

Megan Lauris PGY2, James LaRosa MD, Kimberly Williams MPH, Zachary Nichols PGY1, Anna Filip MD, James LaRosa MD

Patient Perceptions of a Telemedicine Program for Opioid Use Disorder Treatment

Logan Carbaugh B.S., Kaleigh Spollen, Shane Nieves, Vanessa Short PhD, Gregory Jaffe MD, MSc

From Interest to Implementation: A Primary Care Workforce Needs Assessment for Substance Use Disorder Integration

Erin Kavanaugh MD, James LaRosa MD, Ashley Panichelli MD

Assessing Provider Knowledge and Attitudes Regarding Perioperative Buprenorphine Management Practices in a Regional Health System

Rhea Puthumana BS, Erin Manogaran BS, Thomas Shelton MD, Brady Gordon MD, MPH, Lily Riser MD

A New Frontier: The Role of Biopharmaceuticals in Opioid Use Disorder

Salwa Sadiq-Ali MD, Emily Kukura MD

Assessing Barriers and Facilitators to Addiction and Harm Reduction Services: A Single Site Qualitative Study

Isabelle Sillo BS, Eric Kutscher MD, MSc

Substance Use and Its Link to Undiagnosed ADHD

Keziah Thomas, Drew Barry MD, PGY2, Jan Widerman DO

Inpatient Family Medicine in the Era of Fentanyl and Adulterants to the Fentanyl Supply: A Quality Improvement Project to Increase Resident Confidence in Provision of Evidence-Based Care

Omar Wahid MD, Prashant Bashyal MD, Khadija Nasim MBBS, Sampriti Thapa DO, Luana Borges MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 12:00pm - 1:10pm

Poster021 (ACGME)

Room: Poster Prefunction

Poster022 (ACGME)

Room: Poster Prefunction

Poster023 (DMCC)

Room: Poster Prefunction

Poster024 (DMCC)

Room: Poster Prefunction

Poster025 (DMCC)

Room: Poster Prefunction

Poster026 (DMCC)

Room: Poster Prefunction

Poster027 (DMCC) (MCH)

Room: Poster Prefunction

Poster028 (DMCC)

Room: Poster Prefunction

Poster029 (DMCC)

Room: Poster Prefunction

Poster030 (DMCC)

Room: Poster Prefunction

Poster031 (DMCC)

Room: Poster Prefunction

Poster Session #1 (Continued)

Perioperative Buprenorphine Continuation vs. Discontinuation at UHS

Kira Whisenhunt BS, Joshua Steinberg MD

Optimizing Opioid Use Disorder Rehabilitation Practices for Pregnant and Postpartum Patients

Amrita Gill BS, Todd Schachter DO

A Multispecialty Diagnostic Journey: Adult Hemophagocytic Lymphohistiocytosis (HLH) Identified Through Nephrology Care

Mysa Abdelrahman MD, Mohammed Shakaib MD, Nebat Ibrahim MD, Rajeen Amin MD, Yusuf Shakaib

More Than a Tick Bite: Severe Multisystem Babesiosis-A Case Report

Aamina Ahmed MD, MPH, Su Su Kyaw MD, Donna Prill MD, Heidi Hutchison DO, MS, Joseph McDermott DO

The Unbefriended Patient: Delayed Care at the Intersection of Capacity, Guardianship, and Advance Care Planning

Patricia Araujo MD, Aminata Sano MD, Mame Saye Cisse MD

Acanthosis Nigricans as a Possible Marker of Premalignant Gastrointestinal Lesions: A Case Report

Mackenzie Bredbenner MD, Pavandip Viridi MD

From Uncertainty to Accountability: An Ethical Analysis of Pediatric Melanoma

Madison Buckles BA, Nicholas Nguyen MD, Julie Aultman PhD

Chest Pain Revealing a Mycotic Coronary Aneurysm: A Case Report

Isaiah Eke MD, Aastha Patel DO, Marita John MD, Amin Almardini

Beyond the Blood Count: An Aggressive Neuro-Multisystem Presentation of Idiopathic Hypereosinophilic Syndrome

Endeshaw Habtesilassie MD, Kourtnei Hines-Smith MD

A Study of Acute Pancreatitis Secondary to Gastric Balloon Weight Loss Therapy

Quincy Herdlein DO, Eugene Decker DO

Oh, Snap! Managing the In-Situ Fracture of an Etonogestrel Implant

Kayley Irwin MD, Justin Anderson MD

**2026 FMEC Annual Meeting
Conference Program
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SATURDAY 12:00pm - 1:10pm

Poster032 (DMCC)

Room: Poster Prefunction

Poster033 (DMCC) (MCH)

Room: Poster Prefunction

Poster034 (DMCC) (GER)

Room: Poster Prefunction

Poster035 (DMCC)

Room: Poster Prefunction

Poster036 (DMCC)

Room: Poster Prefunction

Poster037 (DMCC)

Room: Poster Prefunction

Poster038 (DMCC) (MCH)

Room: Poster Prefunction

Poster039 (DMCC)

Room: Poster Prefunction

Poster040 (DMCC)

Room: Poster Prefunction

Poster041 (DMCC)

Room: Poster Prefunction

Poster Session #1 (Continued)

Acute Abdomen and a Chronic Hospital Stay: A Case Report

Jenny Marie Jobe BS, Carly Kernstine BS,
Rakel Astorga MD, FACS

Pediatric Salmonella Bacteremia After Household Gecko Exposure

Jasprabh Kaur MD, Prabh Singh MD, Erika Hughes MD,
Jeanne Spencer MD, Jessica Masser DO

Not all Late-Life Diabetes is Type 2: New-Onset Latent Autoimmune Diabetes in an Octogenarian

Martin Lam DO, MS, MBS, Carl Tyler MD, MSC

A Rare But Serious Adverse Event with Jak Inhibitor Therapy in a High- Risk Patient

Lisbeth Lopez MD, Ayesha Rose MD, Cisse Mame Saye MD

A Common Habit, an Uncommon Rash: An Atypical Presentation of Erythema Ab Igne

BhavyaShri Malkar MD, Raghda Bchech MD

Breaking the Cycle of Overbasalization: A TwoPatient Case Series Demonstrating Weight Loss, Glycemic Improvement, and Insulin De-escalation Following Tirzepatide Therapy

Peggie Mendoza Robles MD, Leonard Bertheau DO,
Laquita Morris MD, Jeannette Ryan Alkasab MD

Severe Influenza B–Associated Rhabdomyolysis in a Pediatric Patient: A Case Highlighting the Importance of Early CK Testing

Annamaria Muwonge MD, Morris Laquita MD

Pulmonary Complications in Dermatomyositis: A Case of Diffuse Alveolar Hemorrhage

Annie Tram Anh Nguyen DO, Yura Kim DO, Jonathan Pesantez MD, Sonia Borker DO

When ProbioticTurns Pathogenic: A Rare Case of Lactobacillus Rhamnosus Endocarditis

Anthony Scaramia MD, Uzma Shahzad MD

Spontaneous Pneumomediastinum Complicated by Mesenteric Vein Thrombosis in a Young Male with Factor V Leiden Heterozygosity: A Case Report

Julian Sementilli MD, Raghda Bchech MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 12:00pm - 1:10pm

Poster042 (DMCC)

Room: Poster Prefunction

Poster043 (DMCC)

Room: Poster Prefunction

Poster044 (DMCC)

Room: Poster Prefunction

Poster045 (CE)

Room: Poster Prefunction

Poster046 (CE) (SDOH)

Room: Poster Prefunction

Poster047 (CE) (ACGME)

Room: Poster Prefunction

Poster048 (CE) (DEI)

Room: Poster Prefunction

Poster049 (CE) (DEI)

Room: Poster Prefunction

Poster050 (CE) (S)

Room: Poster Prefunction

Poster051 (DEI) (RESQI)

Room: Poster Prefunction

Poster052 (DEI) (MH) (SDOH)

Room: Poster Prefunction

Poster Session #1 (Continued)

When Supplements Leave Their Mark: A Case of Argyria

Riya Shanavas DO, Philip Bernard MD, Carl Tyler MD

Beyond the Lungs: Recognizing Extrapulmonary Tuberculosis in Primary Care

Radhika Sood MD, Jonathan Pesantez MD,
Sonia Borker DO, MS, MBA

Radiation Proctitis, A Digit Away From Colon Cancer

William Ventura MD, May Thu Tun MD

Community Culinary Medicine Program

Laksh Mital PGY2, Martin Decker DO, Zaid El-Fanek PGY1,
Tyler Mattocks PGY1

Will Self-Directed Health Management Program be Effective for Patients in a Student Run Free Clinic

Karen Lin MD, Leah Cherukara, New Brunswick NJ

Concept Mapping to Facilitate Community Health Project Development in Medical Education

Melika Behrooz BA, Lawrence Rosen MD

Empowering Patients Through Education: A Student-Led Diabetes Group Program in an Underserved Community

Angeline Jacob BA, Savita Madhankumar BA, Sobia Hosain BA,
Jill Genua MD

More Than a Bike: Evaluating a Community Bicycle Initiative Using Community Engagement and Health Equity Principles

Hoang Vo BS, Melanie Gnazzo MD, Diego Marroquin,
Matthew Mancini

Advancing Body Literacy Education: A Community-Based Educational Initiative for Youth Led by Medical Students

Colleen Doyle BS, Marguerite Duane MD, MHA, MSPH, FAAFP,
Katie Vidmar MTS

Quality Improvement Project To Increase Rates of Breast Cancer Screening in Community Clinic Serving MUA in Brooklyn

Shawn Medford PGY2, Marylin Pierre-Louis MD, Nicole Chevasco PGY2, Hua Liu PGY2, Kelsey Dicarba

Impact of Trauma/PTSD on Cancer Screening

Joanne Wilkinson MD, Marina Demas Undergraduate, Jasmine Warren, Roberta Goldman PhD

**2026 FMEC Annual Meeting
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SATURDAY 12:00pm - 1:10pm

Poster053 (DEI) (ACGME)

Room: Poster Prefunction

Poster054 (DEI) (F) (S)

Room: Poster Prefunction

Poster055 (DEI) (MH)

Room: Poster Prefunction

Poster056 (DMCC)

Room: Poster Prefunction

Poster057 (DMCC)

Room: Poster Prefunction

Poster058 (DMCC)

Room: Poster Prefunction

Poster059 (DMCC)

Room: Poster Prefunction

Poster060 (DMCC)

Room: Poster Prefunction

Poster061 (DMCC)

Room: Poster Prefunction

Poster062 (DMCC)

Room: Poster Prefunction

Poster Session #1 (Continued)

Equity Through Empathy: Addressing Adverse Childhood Experiences (ACEs) in Family Medicine

Jimmy Tavarez MD, Diana Vargas MD, Nicole Delgado EdD, Rodika Coloka-Kump DO

AnInvisible Toll: The Impacts of the Preclinical Medical School Experience on LGBTQIA+ Students

Ezra Felder, Samantha Temucin DO, Paige Varin DO, LeeAnn Tanaka DO

Racial Bias in Pediatric Psychiatric Treatment in the Outpatient Setting

Kira Abrams DO, MSBE

There's No Business Like No-Show Business: Understanding and Bridging the Care Gap In Discharge Clinics

Samantha Calpo MD, Maya Bass MD, MA, FAAFP

Implementing HPV Self-Swabs for Cervical Cancer Screening: Initial Phase

Mackenzie Corcoran DO, Rachel Johnson MD, Peter Juviler MD, Sarah Tiggelaar MD, Alissa Correll MD

Mechanical Failure

Adil Shariff MD, Valerie Onyeukwu DO, Nandhini Veeraraghavan MD

Improving Cervical Cancer Screening Rates Through a Targeted Outreach Initiative in a Family Medicine Residency Clinic

Sampriti Thapa DO, Salman Imami M.D., Ann George MD

Enterococcus hirae Bacteremia Without an Identifiable Source: A Diagnostic Challenge

Radha Priyadharshini Sundar MD, Mays Abdulazeez MD

From Crisis to Control: Evidence-Based Inpatient Management of Vaso-Occlusive Crisis and Early Acute Chest Syndrome in Adults with Sickle Cell Disease

Kittu Rao MD MPH, Ethan Tong BS, Meegan Young BS, Steven Foulis MD

Hyperphagia Control in Prader -Willi Syndrome(PWS) Using Novel FDA Approved Vykate XR

Nibedita Chapagain MD, Linette Rosario-Tejeda MD, Joseph St. Pierre DO

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 12:00pm - 1:10pm

Poster063 (DMCC)

Room: Poster Prefunction

Poster064 (DMCC)

Room: Poster Prefunction

Poster065 (DMCC)

Room: Poster Prefunction

SATURDAY 12:30pm - 1:30pm

Room: 1

Room: Sea Isle Boardroom

Room: 3

SATURDAY 1:20pm - 2:30pm

ClinicalCamp05 (PRO)

Room: 13

ClinicalCamp06 (PRO)

Room: 13

ClinicalCamp07 (PRO)

Room: 14

ClinicalCamp08 (PRO)

Room: 14

SATURDAY 1:20pm - 2:30pm

Poster066 (DMCC) (RM)

Room: Poster Prefunction

Poster067 (DMCC)

Room: Poster Prefunction

Poster Session #1 (Continued)

Improving Completion Rate of Annual Diabetic Retinopathy Screening

Gregory Haller MD, Jordan Borgman MD

Hepatitis B Vaccine Birth Dose: From Universal Recommendation to Shared Decision-Making

Rupal Bhingradia MD, Antoinette Abou Haidar MD

B Sure, B Safe: Closing the Gap in Hepatitis B Screening & Immunization

Yura Kim BS, DO, Annie Nguyen BS, DO, Mary Rose Puthiyamadam MD

FMEC Faculty Development Committee (open to all)

Residency Program Coordinator Meeting (open)

FMEC Innovators Network Planning (open to all)

Clinical Camp Group #2

To Be Assigned

To Be Assigned

To Be Assigned

To Be Assigned

Poster Session #2

Closing the Gap: Implementing a Primary Care-Based Hepatitis C Treatment Pathway in a Rural Family Medicine Residency Clinic

George Bissada MD, Rahana Sultana MD, Jyothi Patri MD, MHA, DipABLM, DABFM, FAAFP, HMDC

Improving Patient Confidence and Compliance in Home Blood Pressure Measurement in Patients diagnosed with Primary Hypertension

Oluwabusola Lawal MD, Fairy Maheta MDD, Rosine Plummer MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 1:20pm - 2:30pm

Poster068 (DMCC)

Room: Poster Prefunction

Poster069 (DMCC)

Room: Poster Prefunction

Poster070 (DMCC)

Room: Poster Prefunction

Poster071 (DMCC)

Room: Poster Prefunction

Poster072 (DMCC)

Room: Poster Prefunction

Poster073 (DMCC)

Room: Poster Prefunction

Poster074 (DMCC)

Room: Poster Prefunction

Poster075 (DMCC)

Room: Poster Prefunction

Poster076 (DMCC) (NT)

Room: Poster Prefunction

Poster Session #2 (Continued)

Individual-Level Air Pollution Interventions for Asthma: A Scoping Review of HEPA Filtration, Air Quality Alerts, and Masking

Dhruti Patel BA, Shreya Gupta BA, Jared Radbel MD

Repurposing SGLT2 Inhibitors as Adjunct Therapy in Non-Small Cell Lung Cancer: A Global Real-World Analysis of a Common Outpatient Medication

Yusuf Rashid BA, Alexis Murillo PHD, Lucas Evaristo MD, Wen-Jan Tuan DHA, Roger Chammas PhD

Beyond Light's Criteria: A Practical Approach to Pleural Effusion Classification

Vishal Sharma MD, Karan Sharma MD, Mayur Rali MD, FAAFP

Diagnostic Overshadowing of Neurosyphilis, Leading to Neuroleptic Malignant Disease

Geena Kim BA, Emma Smith MD, Amy McPhillips DO

Closing the Care Gap in Colorectal Cancer(CRC) Screening using Stool-Based Noninvasive Testing at a Family Medicine Clinic

Stephanie Davis MD, PHD, Deborah Cameron DO, Julie Schultz MD, MPH

Closing the Loop: Improving Completion Rates of Cologuard Orders through Patient Outreach

Nirali Patel BS, BA, Noopur Doshi MD, Kathleen Geraci BSN, RN

Offering HIV Pre-Exposure Prophylaxis (PrEP) to Adult Patients with Bacterial Sexually Transmitted Infections at the UPMC Shadyside Family Health Center

Madison Tissue DO, Vasav Chodisetty DO, Jennifer Kuflewski MD, Scott Brown DO, Rebecca Halvorsen MD

Expedited Partner Therapy EHR Protocol Development and Implementation in the Primary Care Setting

Ankita Veta MD MPH, Zeynep Uzumcu MD, Jayshree Chauhan DO, David Schulman DO

Assessment of Diet and Exercise Goal Setting in Patients with Uncontrolled Diabetes Receiving GLP-1 Agonists

Sruthi Srinivasan MD, Antonia Carbone PharmD, Amy Gruber MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 1:20pm - 2:30pm

Poster077 (DMCC) (PTSIP)
Room: Poster Prefunction

Poster078 (DMCC) (PRO)
Room: Poster Prefunction

Poster079 (DMCC) (TECH)
Room: Poster Prefunction

Poster080 (F)
Room: Poster Prefunction

Poster081 (F)
Room: Poster Prefunction

Poster082 (F) (R) (S)
Room: Poster Prefunction

Poster083 (F) (SDOH)
Room: Poster Prefunction

Poster084 (GER) (F)
Room: Poster Prefunction

Poster085 (IMM)
Room: Poster Prefunction

Poster Session #2 (Continued)

Continuing Uptake: G2211 Utilization in Multisite Outpatient Primary Care
Andrea Chin MD, MS, Alexandre Wenk-Bodenmiller MD

Management of Menopause-Related Hot Flashes at St. Luke's University Health Network: A Retrospective Observational Study
Maha Barnes MD, Omama Humayun MD, WeiYu Lu DO, Gregory Dobash MD

Modeling Risk Factors for Missed Colorectal Cancer Screening: The Path to Precision Patient Navigation
Jennifer DeLacey BS, MPH, Wen-Jan Tuan DHA, MS, MPH, Todd Felix MD

Impact of Educational and Workflow Interventions on Advance Directive Documentation in an Outpatient Family Medicine Clinic
Eehjoe Kwon MD, Nicholas Persaud MD

Frequency of Unscheduled Visits in Southern Tier Rural Family Medicine Practices
Shruti Venkatesh BS, Joshua Steinberg MD, Christopher Ryan MD, MS, MSPH

Working with Medical Interpreters During Serious Illness Conversations: A Housestaff Education Intervention
Margaret Ackley BS, John Cipriaso MD, Joyce Zhang BS, Kathleen Mechler MD

Enhancing Early Exposure to Primary Care: A Collaborative Pipeline Program for Underserved Undergraduate Students
Dhishan Kashyap BS, Adeline Whaley BS, Anvitha Nadendla BS, Divya Warriar, Maureen Drummond MSM, SLM, VCM

Longitudinal Assessment of Medical Student Attitudes About Older Adults and the Impact of Early Geriatric Exposure During Pre-Clinical Years
Natalia Essigmann BS, Erica Reger BS, Sarah Rhim BS, Soo Lee MD, FAAFP

Overcoming HPV Vaccine Hesitancy: Evaluating the Effectiveness of Patient Education Methods
Anum Khan DO, MBBS, Roya Hamadani , Autumn Kieber-Emmons

2026 FMEC Annual Meeting
Conference Program
August 5, 2026

SATURDAY 1:20pm - 2:30pm

Poster086 (INN) (PRO)

Room: Poster Prefunction

Poster087 (INN)

Room: Poster Prefunction

Poster088 (MCH)

Room: Poster Prefunction

Poster089 (MCH)

Room: Poster Prefunction

Poster090 (MCH)

Room: Poster Prefunction

Poster091 (MCH) (MH)

Room: Poster Prefunction

Poster092 (MCH) (PRO)

Room: Poster Prefunction

Poster093 (MCH) (PRO)

Room: Poster Prefunction

Poster094 (MCH) (PRO)

Room: Poster Prefunction

Poster095 (MCH) (PRO)

Room: Poster Prefunction

Poster Session #2 (Continued)

From Concept to Care: Establishing a Successful Procedure

Clinic: Lessons, Logistics, and Outcomes

Marian Younge MD, Abbas Majed MD

Early Exposure to Systems-Based Thinking: Encouraging

Solution-Driven Practice in Pre-Clinical Medical Students

Anna Shields BS, Olivia Zehel BS, Caroline Virone BS, MBA,
Jason Woloski MD

**Exploring Patient Experiences at the Jefferson Latina Women's
Clinic (LWC)**

Agustina Arce BS, Carolina Castagna MD, MPH, Rosie Frasso

**Care2: Integrating Interconception Risk Screening into Pediatric
Visits Through a Family Medicine Residency Clinic**

Claire Beckley DO, MPH, Katelyn Leopold MD, Kaitlin Law DO,
Lilly Bontrager MD, Amanda Fernandes MD

**Where the Music Meets the Medicine: Integrating Music
Therapy Into Pediatric Practice**

Sarah Ramirez MD, FAAFP, Eliana Pagan, Heyd Reyes

**From Early Diagnosis to Lifelong Care: Improving Outcomes for
Individuals with Developmental Disabilities**

Justin Wong DO, Melissa Burgos MD, Alexander Beck MD,
Laura Ruhl MD

Pregnancy, Parathyroids, and Perplexing Labs

Pranavi Aeturi MD, Monica Riad MD, Haneen Hussein DO, MS,
Aditya Bhattacharyya MD

**Does Timing Matter? Evaluating the Impact of Early
Postpartum Visits on Attendance at Subsequent Postpartum
Visits**

Jessica Boccio BS, Noopur Doshi MD, Emily Long MPH,
Erricka Hager PhD, MPH, Li Wang MS

**Determining Cardiovascular Risk in Prenatal Patients at an
FQHC**

Lauren Havens MD, MS, Sarah Rowley MD, Jennifer Cohn MD,
Margaret Baylson MD, Fadiana Mendoza Fernandez PGY

**Nurturing the Dyad: Understanding Breastfeeding Practices
Through Mother–Baby Continuity of Care**

Siya Khanna MSc, DO, Mary Rose Puthiyamadham MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 1:20pm - 2:30pm

Poster096 (MCH) (PRO)

Room: Poster Prefunction

Poster097 (MCH) (PRO)

Room: Poster Prefunction

Poster098 (MH) (WELL)

Room: Poster Prefunction

Poster099

Room: Poster Prefunction

Poster100 (POCUS)

Room: Poster Prefunction

Poster101 (POCUS) (GER)

Room: Poster Prefunction

Poster102 (POCUS) (ACGME)

Room: Poster Prefunction

Poster103 (POCUS) (ACGME)

Room: Poster Prefunction

Poster104 (PRO)

Room: Poster Prefunction

Poster105 (PRO) (DEI)

Room: Poster Prefunction

Poster Session #2 (Continued)

Association Between Cumulative Prenatal Biomedical Risk Factors and Subsequent Hypertensive Disorders in Birthing Persons

Alex Mellinger BS

Improving Access to Postpartum Depression Screening During Pediatric Well-Child Visits

Ashley Mercado MD, Alexandra Albert MD,
Mari Iturbe Ortiz MD

The Therapeutic Role of Green Spaces on Patient Mental Health: A Review of Current Evidence

Shreya Gupta BA, Dhruti Patel BA

Cardiovascular Prevention Gaps in Refugee Populations: A Review of Lipid Screening, Statin Eligibility, and Primary Care Opportunities

Hisham Ghanem DM, Yousif Ghanem Medicine

POCUS in Primary Care Settings, A Quality Improvement Project

Mays Abdulazeez MD, John Petrillo DO, Mineke Etienne MD

Integrating Point-of-Care Ultrasound into Geriatric Care: Current Evidence, Clinical Applications and Implementation Challenges

Noor Sadiq MD, Tanvi Bathla MD, James Liszewski MD

Focus on POCUS: Integration of Ultrasound into Family Medicine Residency Curriculum

Brian S. Sohl MD, Priyanka Aggarwal MD, Preetpal Chatha DO,
Prashant Dundi MD, Brianna Huff DO

Implementing POCUS in a Community-based FM Program

Nimrah Tsisyk MD, Jonathon Mccann MD, Shawna Koprucki MD

Diabetic Retinopathy Screening Through Fundoscopic Camera at St.Mary Family Medicine Clinic, Bensalem

Jay Talluri MD, Rafael Parraga Silguero MD, David Berdy MD,
Amir Basta MD, Jie Cao MD

Providing Foot/Wound Care to Patients Experiencing Homelessness through a Podiatry/Family Medicine Resident Partnership at our local Warming Center

Berit Lindell MD, Shravya Sakunala MD, Randi Sokol MD, MPH,
MMEdEd, Sharon Dei-Tumi DPM, Shuran Zhang DPM

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 1:20pm - 2:30pm

Poster106 (PRO)

Room: Poster Prefunction

Poster107 (PRO)

Room: Poster Prefunction

Poster108 (PRO)

Room: Poster Prefunction

Poster109 (PRO)

Room: Poster Prefunction

Poster110 (PRO)

Room: Poster Prefunction

Poster111 (PRO)

Room: Poster Prefunction

Poster112 (PRO)

Room: Poster Prefunction

Poster113 (PRO)

Room: Poster Prefunction

Poster114 (PRO) (MH)

Room: Poster Prefunction

Poster Session #2 (Continued)

Treatment Outcomes in Infertility and Recurrent Miscarriage: A Retrospective Chart Review

Marguerite Duane MD, Julie Siefert MS2, Emily Lindoerfer, Olivia Lapucha PGY3

Abortion in Primary Care: Surveying Patient Experiences and Preferences in the post-Dobbs Era of Restriction

Simone Advaney MPH, Libby Wetterer MD, Rebecca Simon MD, Hope Kim MD, MPH

Increasing Interconception Care (ICC) Screening through Provider Competition

Erica Crawford MD, Brianna Moyer MD, Emily Long MPH, Aisha Freeman MPH

Improving Completion of the IMPLICIT Interconception Care Questionnaire

Andrew Lutzkanin MD, FAAFP, FCPP, Maria Fowler MD, Hayley Sholansky MD, Jennifer Moss PhD, Shalinie Dowlattram MPH

Assessing Clinicians' Comfort Managing Early Pregnancy Loss in Primary Care

Jasmine Mortazavi MD, Zeynep Uzun MD, Sruthi Srinivasan MD, Anique Frank MD, Antonia Carbone PharmD

Treatment Outcomes in Couples with Infertility and Recurrent Miscarriage: A Retrospective Chart Review

Julie Seifert OMS 3, Dr. Marguerite Duane MD

Comfort First: Development and Implementation of a Comprehensive Protocol to Optimize Pain Management During IUD Placement

Nicole Stein DO, Jeffrey Levine MD, MPH, Anna Sliwowska MD, Catherine Casado-Pabon MD

Fibroid Management with Myomectomy during Pregnancy

Alice Wu MD, Kristina Zimmerman MD, MS

Man! I Feel Like a Woman in Medicine: Reproductive Health and Mental Wellbeing Among Female-Identifying Medical Trainees

Alexandria Raab BS, Christina McGinnis BS, Naiya Patel BA, Alop Patel MD FASA, Stephanie Shiao PhD, MPH, BA

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 1:20pm - 2:30pm

Poster115 (RESQI)

Room: Poster Prefunction

Poster116 (RESQI)

Room: Poster Prefunction

Poster117 (RESQI)

Room: Poster Prefunction

Poster118 (RESQI)

Room: Poster Prefunction

Poster119 (RESQI)

Room: Poster Prefunction

Poster120 (RESQI)

Room: Poster Prefunction

Poster121 (RESQI) (DEI)

Room: Poster Prefunction

Poster122 (RESQI) (DEI)

Room: Poster Prefunction

Poster123 (RESQI) (PRO)

Room: Poster Prefunction

Poster124 (SDOH)

Room: Poster Prefunction

Poster Session #2 (Continued)

Cut the Fluff: A Resident-Led Quality Improvement Initiative to Reduce Note Bloat and Documentation Burden

Sayeri Dutta MD, Karan Sharma MD, Mayur Rali MD, FAAFP,
Zeeshan Khan MD

That's So Meta: Even QI Needs QI

Courtney Goettel MD, MS, FAAFP, Dana Kirschner DO

The Sunscreen Blind Spot: Bridging the Gap Between Patient Knowledge and Provider Counseling

Muna Khanal MD, Shawna Koprucki

Impact of Pharmacist –Led interventions in Diabetes Mellitus Management; Improving Glycemic Control and Patient Outcomes

Revathi Muthuraman MD, Sushmitha Beeravally MD, Jacqueline Bhandari MD, Erin Pauling PharmD, BCACP, FAPhA,
Jocelyn Young DO, MSc(Ed), MSc, FAAFP

Turning Wait Time into Learning Time: A Quality Improvement Initiative Using QR Code Video Education

Paola Nunez Cruz MD, Chisa Oparanma MD, Nicole Delgado EdD

The Voice Behind the Screens: A Qualitative Study of Remote Medical Interpreters during Serious Illness Conversations

Joyce Zhang BS, Kaitlyn Williams MS, Kathleen Mechler MD

A Quality Improvement Initiative to Implement Tailored Clinical Screenings for Underserved Populations

Fumiya Abe-Nornes BS, Palmer Moats BS, Amy Lin BS,
Lillyanna Quillin BS, Allison Macerollo MD

Beyond the Court: Medical Student Learning Through the BasketballRx Research Program

Audrey Zarzuela BS, Sarah Ramirez MD, Wyatt Pfau BS,
Morris Taylor MD, Joshua Paisley DO

Barriers to Abortion Access in Central Massachusetts: A Quality Improvement Study in Family Medicine Clinics

Katherine Jones BS, Karen Makhoul BS,
Kristina Gracey MD, MPH

Changing the Label, Closing the Gap: A Comparative Framework Evaluating the Impact of the PCOS-to-PMOS Renaming on Racial and Ethnic Diagnostic Disparities

Abhijna Yashaswini Bhat BS, Rachel Rosenberg MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 1:20pm - 2:30pm

Poster125 (SDOH)

Room: Poster Prefunction

Poster126 (SDOH)

Room: Poster Prefunction

Poster127 (SDOH) (CE)

Room: Poster Prefunction

Poster128 (TECH)

Room: Poster Prefunction

Poster129 (TECH) (ACGME)

Room: Poster Prefunction

Poster130 (TECH) (GER)

Room: Poster Prefunction

Poster131 (WELL)

Room: Poster Prefunction

Poster Session #2 (Continued)

Poverty Level Moderates the Association of Daily Negative Mood and Negative Interpersonal Interactions on Nocturnal Blood Pressure

Ratul Islam MD, Michael Taub MD, Laurisa Peters MA,
Cameron Nienaber MD, Alan Roth DO

Socioeconomic Disparities in Strength Training Participation among U.S. Women: A Cross-sectional Analysis of the 2020-2024 Behavioral Risk Factor Surveillance System (

Elena Lisci BA, Gloria Bachmann MD, MMS, Annesha Datta BA,
Drashya Shah BA

Pride in Prevention: A Health Literacy Initiative

Anoushka Karnad BS, Rosa Mendoza MD, MS,
Sabrina Tempesta DO

What Family Doctors Think About AI Scribes

Beth Wichowski DO, John Romano MD, Austin Peppers MD,
Nathan Macedo MD, MPH, Sean Pazurchek DO, MPH

Teaching Technology: Evaluating a Continuous Glucose Monitor Residency Curriculum

Fairy Maheta MD, Dohaa Amin MD, Pooja Patel MD,
Jacqueline Bhandari MD

App-Based Guided Imagery and Progressive Muscle Relaxation As An Acute Adjunctive Therapy For Symptom Burden Management In Palliative Care: A Pilot Evaluation

Aimee Valeras PhD, LICSW, Alex Rokos MD

The Nutrition Rx Cookbook: Improving Healthy Eating Through a Farm-to-Clinic Primary Care Initiative

Savita Madhankumar BA, Renee Rodriguez-Goodemote MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 2:30pm - 3:30pm

W49 (PRO) (DMCC)

Room: 25/26

W50 (PRO) (WELL)

Room: 24

W51 (S)

Room: 18

W52 (FD) (TECH)

Room: 19

W53 (INN) (MCH)

Room: 20

W54 (OSTEO)

Room: 21

SATURDAY 2:30pm - 3:30pm

S43 (PTSIP)

Room: 6

S44 (F) (R) (S)

Room: 7

S45 (DEI) (WPC)

Room: 8

S46 (MCH) (WPC)

Room: 9

Workshop Group #9

Nailed It!": A Hands-On Toenail Removal Workshop for Family Medicine Trainees

Timothy Huang PGY3, Christina Shenko MD, Marjorie Affel MD, Gaurav Singh DPM, Rachel Madore PGY1, Hunter Adams PGY1

Too Hot to Handle: Menopause Management in Primary Care

Pranavi Aeturi PGY3, Adity Bhattacharyya MD, Monica Riad PGY3, Nirali Patel DO

Master the Match with AI: A Strategic Workshop for Residency Interviews

Dorothy Vosik DO, Joyce Robert MD, William Kang DO, Harrison Eckert DO, Sofia Perez Delgado DO, Joyce Robert MD

Scroll-Stopping Strategies: Creating Captivating Social Media Content for Residency Recruitment

Megan Fainer PGY1, Kimberly Legere-Sharples MD, Rachel Madore PGY1, Timothy Huang PGY3

CenteringPregnancy Collaboration: From Struggles To Success

Allison Hoynes MD, Rowena Pingul-Ravano MD, Lauren Hackett RN, Margaret Judge RN

Demystifying Pelvic and Sacral IMT For All

Christina Scartozzi DO, Juan Perez DO, Roland Newman II DO

Seminar Group #9

Minimizing Malpractice Liability in Family Medicine: Key Insights for Physicians

Timothy Pelkowski MD

Hit The Jackpot with the AAFP and AAFP Student Resources

Adam Bradley MM, Mahima Sangtani MS3, Stephanie Soderlund MS2

Silk Scarves and Sew-Ins: Black Hair Care for the PCP

Anastasia Anazonwu PGY3, Brian Sun PGY3, Joronia Chery PGY3, Mariposa Garth MD

Decreasing Health Disparities in the Perinatal Period by Providing Trauma-Informed, Embodied Instruction in Mindfulness

Jennifer Averill Moffitt RN, CNM, Stephany Giraldo Eierle MD

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 2:30pm - 3:30pm

S47 (PRO) (WPC)

Room: 10

S48 (R) (S)

Room: 11

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD73 (DMCC) (WPC)

Room: 13

2:50pm - 3:10pm

LD74 (NT) (WPC)

Room: 13

3:10pm - 3:30pm

LD75 (TECH)

Room: 13

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD76 (DMCC) (PTSIP)

Room: 14

2:50pm - 3:10pm

LD77 (DMCC) (RESQI)

Room: 14

3:10pm - 3:30pm

LD78 (DMCC) (WPC)

Room: 14

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD79 (RESQI) (SDOH)

Room: 15

2:50pm - 3:10pm

LD80 (SDOH)

Room: 15

Seminar Group #9 (Continued)

Changing the Way We Talk About Menopausal Hormonal Therapy: What are Patients' Options in the Wake of the Removal of the FDA's Black Box Warning?

Anupriya Grover-Wenk DO, MMed, Lauren Rowe-Romano MD

How to Rock Your Interview Day: Pearls for Success During a Family Medicine Residency Interview

Haley O'Malley PGY2, Anna Filip MD, Manoel Neto PGY2, Miranda Ward PGY2, Mitchell Crane PGY2

Lecture Discussion Group #25 (20 Minutes Each)

Hypermobility and Related Conditions: A Family Medicine Perspective

Alexander Kowalski DO, Teresa Coyle DO, Catherine Dennen MD

An Integrative Approach to Metabolic Syndrome in Primary Care

Katherine Allport DO, Alice Wu PGY2

The Use of Artificial Intelligence in Academic Research in Addiction Medicine

Alyssa Cheng DO, Cara Borelli MD

Lecture Discussion Group #26 (20 Minutes Each)

Fixing Form Phobia

Sukanya Srinivasan MD

Breast Cancer Screening: More than the Mammogram

Carly Chamberlain DO, Cindy Hong PGY2, Michelle Minkanic PGY2

Hypermobility and Related Conditions: A Family Medicine Perspective

Alexander Kowalski DO, Teresa Coyle DO, Catherine Dennen MD

Lecture Discussion Group #27 (20 Minutes Each)

Population Health Approaches to Health Equity: Assessing Learner Confidence in Anti-Racism Skill

Kristina Laguerre MD, Spencer Dunleavy PGY3, Christine Forke PhD, David Ganetzky MD, Renee Betancourt MD

The Value of Perseverant Coordination of Care in Caring for a Patient Experiencing Homelessness

Michael Seidman MD, MPH, Lisa Inman BSN, RN, AMB-BC

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 2:30pm – 3:30pm

3:10pm - 3:30pm

LD81 (SDOH) (WELL)

Room: 15

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD82 (MH)

Room: 16

2:50pm - 3:10pm

LD83 (MH) (WPC)

Room: 16

3:10pm - 3:30pm

LD84 (MH) (S)

Room: 16

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD85 (F) (R) (S)

Room: 17

2:50pm - 3:10pm

LD86 (R) (S)

Room: 17

3:10pm - 3:30pm

LD87 (POCUS)

Room: 17

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD88 (RESQI)

Room: 2

2:50pm - 3:10pm

LD89 (RESQI)

Room: 2

3:10pm - 3:30pm

LD90 (RESQI)

Room: 2

Lecture Discussion Group #27 (20 Minutes Each Continued)

Optimizing Connection to Primary Care for Youth Transitioning from the Justice System

Evan Bilheimer MD, Leah Quinn APRN, CRNP, MSN

Lecture Discussion Group #28 (20 Minutes Each)

Will the Real Family Medicine Doctor Please Stand Up

Dawn Brink-Cymerman MD, Melissa Arthur PhD

Here Comes the Sun: Using CBT-I to Harness Sunlight and Melatonin Use in Chronic Insomnia

Yousef Sheikh DO, Alan Schwartz PsyD, Alan Schwartz PsyD

Recognizing and Managing Depression and Suicidal Ideation in Children and Adolescents: A Case-Based Lecture Discussion for Family Medicine

Nicole Garcia MS3, Richard Dreize MD, Fahima Mohamud MS3

Lecture Discussion Group #29 (20 Minutes Each)

Approaching Concussions in Primary Care Setting

Kelly Ryan DO

Kids Knee-D a Doctor

Hillary Mount MD, Tiffany Loh PGY3, Kamryn Wilson MS2, Olivia Swonder MS2

Cardiac POCUS: The Subxiphoid View

Nora McGinley-Hence MD, Nicholas Labatch DO

Lecture Discussion Group #30 (20 Minutes Each)

Optimizing Interpreter-Mediated Outpatient Visits Through a Structured Pre-Visit Planning and Visit Support Bundle in a Federally Qualified Health Center

Menvekeh Daramay PGY1, Marshala Lee-McCall MD, MPH, Henrique Jaime MD

Guideline-Directed Therapy Adherence in Fibromyalgia: A Community Practice Analysis

Mark Schoenike PGY2, Addity Bhattacharyya MD

The Impact of Postpartum Contraception on Breastfeeding

Jheanelle Gregory PGY2, Christina Pindar MD, Sophia Viamonte RN/LC, Aneela Rampersad MS4

**2026 FMEC Annual Meeting
Conference Program
August 5, 2026**

SATURDAY 2:30pm – 3:30pm

2:30pm - 2:50pm

LD91 (WELL)

Room: 3

2:50pm - 3:10pm

LD92 (WELL)

Room: 3

3:10pm - 3:30pm

LD93 (WELL)

Room: 3

SATURDAY 3:45pm - 4:45pm

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

3:45pm - 4:45pm

Room: Wildwood Ballroom 29-30

4:45pm - 6:45pm

Room: Wildwood Ballroom 27-28

Lecture Discussion Group #31 (20 Minutes Each)

A Lifestyle Medicine–Based Framework for Driving and Tracking Resident Wellbeing

Jeffrey Glosenger PGY3, Andrew Goodbred MD,
Jaron Gerber PGY2, Lynne Havsy PsyD

How C.DIFFicult Can It Be?

Tiffany Loh PGY3, Hillary Mount MD, Kamryn Wilson MS2,
Olivia Swonder MS2

CAD Risk Factors: Time to Add Another: Lipoprotein a

Eugene Decker DO

Closing Plenary Welcome

Molly Talley

Creative Writing Award - 2nd Place Poetry

Kaitlin O'Malley MD

Creative Writing Award - 1st Place Poetry

Shea Kelly-Buckley MD

Legacy Campaign Recognition

Leon McCrea MD

Family Physicians Who Are Changing Our World Award

Stacy Potts MD, MEd

Speaker Introduction

Maya Bass MD

Shaping the Future of Care: Where Leadership, Policy, and AI Converge

Kaitlan Baston MD, MSc, DFASAM

Residency Fair