



For Immediate Release

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FMEC Announces 2023 Award Winners

DAYTON, OHIO – Each year, the Family Medicine Education Consortium (FMEC) seeks to identify and recognize individuals who have demonstrated significant contributions to family medicine and primary care. This annual awards program culminates with presentations of the awards, which will occur October 13-15, 2023, at the FMEC 2023 Annual Meeting in Providence, RI.

The list of 2023 winners is below and posted on the [FMEC website](#). Detailed information on the award recipients including nomination letters and the creative works for prose, poetry, This We Believe and Visual Arts will be shared post meeting.

The FMEC thanks UPMC Life Changing Medicine for sponsoring the 2023 awards program.



A call for nominations for the 2024 awards will be released in the spring of 2024.

Family Physicians Changing Our World

James J. Ledwith, Jr., MD, FAAFP

UMass Fitchburg Family Medicine Residency
Department of Family Medicine and Community Health
UMass Chan Medical School
Fitchburg, MA

Mid-Career Faculty Achievement

Brintha Vasagar, MD, MPH, FAAFP

Bayhealth Medical Center
Dover, DE

Stephanie L. Ballard, PharmD, BCPS, BCACP

UPMC Shadyside Family Medicine Residency
Pittsburgh, PA

Emerging Leader

Innes Tounkel, MD

Jefferson Family and Community Medicine Residency
Philadelphia, PA

Chelsea A. Faso, MD

Amsterdam Family Health Center, Institute for Family Health
New York, NY



This We Believe

Sonya Levine, OMS-IV – “The Body Electric”

Philadelphia College of Osteopathic Medicine

Stacey Nickoloff, DO – “I Believe in Millennials”

Forbes Family Medicine Residency Program

Allegheny Health Network

Pittsburgh, PA

Lewis Wong, MD – “Listening is Healing”

Glen Cove/Northwell Health Family Medicine Residency

Glen Cove, NY

Creative Writing

Prose

Maureen Litchman, MD – “Not Knowing” – 1st place prose

The Wright Center for Graduate Education

Wilkes-Barre, PA

Sukanya Srinivasan, MD, MPH – “It’s Complicated: Thoughts on a Personal Grief Journey” – 2nd place prose

UPMC McKeesport, Penn Plum Family Medicine

McKeesport, PA

Brianna K. Moyer, MD – “Is This Normal?” – 3rd place prose

Penn Medicine Lancaster General Health Family Medicine Residency

Lancaster, PA

Steffany Moreno, MS, MSIV – “An Oath” – Prose Honorable Mention

Philadelphia College of Osteopathic Medicine

Philadelphia PA

Poetry

Aimee Burke Valeras, PhD, LICSW – “How to Talk About Pain” – 1st place poetry

NH Dartmouth Family Medicine Residency

Concord Hospital Family Health Center

Hailey Kindt, MSIV – “If You Read Her Chart” – 2nd place poetry

Penn State College of Medicine

Jessica L. Faraci, MD – “Help” – 3rd place poetry

MaineHealth

Mid Coast Medical Group

Family Practice at Parkview

Visual Arts

Aimee Burke Valeras, PhD, LICSW – photograph entitled “Hoping Against Hope” – 1st place



NH Dartmouth Family Medicine Residency
Concord Hospital Family Health Center

Sruthi Srinivasan, MSIV – painting entitled “Human Touch” – Honorable Mention

Cooper Medical School of Rowan University

About the Family Medicine Education Consortium

The FMEC is a catalyst, convener, and incubator that connects family physicians and other stakeholders to improve the health communities by strengthening family medicine, primary care and medical education. The FMEC serves 14 states and the District of Columbia in the northeast region of the U.S., working with 60 medical school departments of family medicine, 190 family medicine residency programs, and thousands of family physicians and other health care providers in community settings. Through an Annual Meeting for nearly 1,000 health professionals, annual awards, learning communities, and quality improvement projects, the FMEC inspires medical students to seek careers in family medicine, strengthens academic family medicine through faculty development and leadership experiences, and stimulates innovative approaches to primary care service delivery.