

**Unleashing Our  
Family Medicine  
Super Powers!**

**2022**  
FMEC Annual Meeting  
**PROGRAM**

**FAMILY MEDICINE**  
EDUCATION CONSORTIUM, INC.



**September 16 – 18**

Hyatt Regency Crystal City  
2799 Richmond Highway  
Arlington, VA 22202



# Healthy Communities, Healthy Careers



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[cwilliams9@wellspan.org](mailto:cwilliams9@wellspan.org)

[joinwellspan.org/PrimaryCare](https://joinwellspan.org/PrimaryCare)



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We invite you to share our Annual Meeting with others and tell them what you like about the FMEC!

**#FMEC2022**

**Twitter Handle: @FMEC\_**

**Facebook: fmeinc**

**Instagram: fmeinc**



# Welcome!



## From the FMEC President Welcome to the FMEC Annual Meeting!

Even as we continue to find our way back to a new “normal,” we are so excited to be gathering, in-person, in our nation’s capital. With a simmering pandemic and rapid-cycle policy changes, it is more important than ever that we embrace our Family Medicine superpowers and advocate for our patients, for the importance of primary care and for the development of the next generation of family physicians.

There is no better place to do that than Washington, DC! “DC” is a great city and our local Host Committee has helped curate an incredible meeting agenda. We have assembled an amazing group of plenary speakers who will address the crucial issues of true healing and integrative medicine; diversity, equity, inclusivity and health policy; and a reconsideration of the social contract and the value of health care. In addition to these stimulating presentations, there will be a wide range of sessions covering pertinent clinical, educational, social and policy topics. All of this will be happening around our Residency Fair. With many interviews now only occurring virtually, the Residency Fair is a rare opportunity for in-person conversation and discussions about the wide range of residency education options. As always, it will be great to have “the family” back together! Let the FMEC partner with you to realize the full potential of Family Medicine.

**Donald Raj Woolever, MD, FAFPP**  
President  
Maine-Dartmouth Family Medicine Residency  
Augusta, ME

## From the 2022 Host Committee Welcome, superheroes, to Arlington and the FMEC meeting!

On behalf of the Host Committee, we would like to welcome you (back) to Crystal City, VA and the Washington DC region, for the 2022 FMEC Annual Meeting. Just as the momentous events of the COVID-19 pandemic caused us to pause and pivot by changing our plans in 2020, when we were originally scheduled to be here, we gather now to pause, reflect, and build upon the momentous opportunity that family medicine provides for the present and future health needs and healing of our patients, communities, nation, and world! We are not superhuman and these may seem like supernatural actions, but we do possess superpowers to holistically address the health and well-being of all, including ourselves.

COVID-19 drew us together in new ways, when artificially created barriers “came down” overnight. Over the next few days, let us discover, explore, and unleash these superpowers and remind ourselves how family medicine can be the unique catalyst and change agent in providing for the health of all, including ourselves. No superhero can succeed solely through their powers without tending to their own needs. Superheroes band together, using their unique abilities and qualities to be more resilient individuals and a collective force for good. Let’s reinvigorate that same spirit and force for good this weekend! Let’s start right here, right now – together – up, up, and away!

**Doug Spotts, MD**  
Co-chair, Chief Health Officer, Meritus Health

**Eleni O’Donovan, MD**  
Co-chair, Associate Program Director, National Family Medicine Residency at Unity,  
Medical Director, Unity Medical Program at D.C. Department of Corrections



## 2022 Annual Meeting Host Committee

### **Doug Spotts, MD**

Co-chair, Chief Health Officer, Meritus Health

### **Eleni O'Donovan, MD**

Co-chair, Associate Program Director, National Family Medicine Residency at Unity, Medical Director, Unity Medical Program at D.C. Department of Corrections

### **Marc Childress, MD**

Inova/Fairfax Family Practice  
Fair Oaks

### **Uchenna Emeche, MD**

Associate Medical Director at Family Health Center, Assistant Professor of Clinical Family Medicine at Georgetown University, MedStar Health

### **Britt Gayle, MD/MPH, AAHIVS**

Assistant Professor, Institute of Human Virology, Division of Infectious Diseases, University of Maryland

### **Aaron George, DO**

Chief Medical Officer, Meritus Health

### **Paul Quesenberry, MD**

Program Director, Meritus Family Medicine Residency Program

### **Taisei Suzuki, DO, MIPH**

Core Osteopathic Faculty Member/ OMM Curriculum Director, The Wright Center for GME National Family Medicine Residency Program, Family Medicine, Unity Health Care

### **Pat Tokarz, MD**

Chief Medical Advisor, Chair Medical Advisory Board, Specialdocs Consulting

### **Joel Willis, DO, PA, MA, MPhil**

Medical Director, GW IPC Clinics, Assistant Professor, George Washington University, Immediate & Primary Care – McPherson Square

## 2022 FMEC Board of Trustees

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Family Medicine Residency  
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#### **Scott G. Allen, MS**

Family Medicine Education Consortium

# Annual Meeting Information

## Virtual Participation

The FMEC will not be streaming sessions to allow for virtual participation, including streaming them to other meeting rooms when rooms hit capacity.

## Location/Transportation

All meeting events are held at the Hyatt Regency Crystal City, 2799 Richmond Highway, Arlington, VA 22202, (703) 418-1234. The hotel offers a complimentary shuttle to Ronald Reagan National Airport, which runs regularly from the hotel lobby. The Crystal City Metro stop is a 15-minute walk away.

## Meeting Attendees

As of mid-August 2022, the FMEC expected 800 attendees at the 2022 Annual Meeting, including almost 300 medical students, 200 residents, 250 faculty and other post-training health professionals, 40 exhibit staff, and others. As of August 25th, 86 residency programs had registered for the Residency Fair. The unique nature of the meeting means that while many program directors and faculty have attended for many years, as much as 60% of the attendees are students or residents who may be new to the FMEC. Please help welcome those who are “first timers” to the FMEC and to family medicine!

## Stay Healthy and Safe!

The health and safety of meeting participants is a top priority for the FMEC. Per our 2022 policy, all participants at the meeting have provided proof of vaccination or a negative COVID-19 PCR. We encourage, but will not require, masking. Seating in meeting venues may allow for social distancing when there are empty seats, but many program rooms will fill up. Individuals should participate or not based on their personal comfort levels. If you feel ill during the conference, please take appropriate action, which may include taking a COVID-19 test and staying in your room. Vaccinations, safety protocols, and personal discipline can reduce risk, however, exposure to COVID-19 is possible in connection with any public gathering. The FMEC cannot guarantee that its participants will not become infected with COVID-19.

## Annual Meeting Policies

All participants at the FMEC 2022 Annual Meeting are expected to observe the rules and behaviors described in FMEC’s Annual Meeting policies, available at <https://www.fmec.net/policies>.

## Smoking

No smoking is allowed at the Hyatt Regency Crystal City or in FMEC events.

## Program and Schedule Updates

For information on presentation and speaker changes, cancellations, and corrections that may have occurred after the program was printed, please download and use the conference mobile app (see below).

## Conference Mobile App

The FMEC strongly encourages all attendees to download and use the mobile app, for the most updated meeting information, to connect with other attendees, and more.



To download the mobile app, search the App Store or Google Play for “FMEC.”

**Login:** the email address you used for registration

**Password:** fmec2022

## Photo/Video Release

The FMEC will take photos and videos throughout the Annual Meeting. These photos are for FMEC use only and may appear on the FMEC website, newsletter, brochures, social media, or other future FMEC promotional material. This also includes any photos uploaded using the FMEC mobile app. By virtue of your attendance, you agree to usage of your likeness in such media.

# Annual Meeting Information

## Social Media

We invite you to share our Annual Meeting with others and tell them what you like about the FMEC!



Use **#FMEC2022** to tag your posts and tag us on the following platforms:

**Twitter:** @FMEC\_

**Facebook:** fmeinc

**Instagram:** fmeinc

## Wireless Internet Access

Wireless internet access is available to attendees throughout the Hyatt:

**WiFi Name:** Hyatt\_Meeting

**Password:** FMEC22

## Lost and Found

Articles may be turned in and reclaimed at FMEC registration desks, which are in the Independence Foyer on the Independence Level.

## Evaluations

Your feedback is critical to the FMEC's ability to continually improve and plan programming that meets your needs. Please complete a session evaluation for each session you attend in the conference mobile app.

## CME Credit

The AAFP has reviewed 2022 FMEC Annual Meeting and deemed it acceptable for up to 18.25 Live AAFP Prescribed credits. Term of Approval is from 09/15/2022 to 09/18/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity. See the conference mobile app for complete details.

## Future Meeting Dates

FMEC 2023 Annual Meeting, October 13–15, 2023  
*Meeting venue:* Rhode Island Convention Center;  
*Hotels:* Omni Providence and Graduate Providence Providence, RI

## New To The Meeting?

Here are some tips!

- **Review the program:** Identify one or two sessions in each time block that especially appeal to you to help plan your schedule.
- **Use the tracks:** Many sessions are labeled with thematic tracks – residents and students should look for R and S respectively.
- **Use the mobile app:** Build your schedule for each day, and see who's here to connect with.
- **Network:** This meeting is all about meeting people! Find others who share your interests and spend time in hallway conversations. Don't be afraid to skip a session to chat with others.
- **Learn from the exhibits:** Meeting with the exhibitors will enrich your learning and enhance your overall experience.
- **Let us help you:** If you aren't sure what to do or have questions, visit the FMEC staff on the Independence Level, or look for meeting planners and FMEC Board members who will be wearing flashing lights on their badges or shirts – that means they're here to help you!

# Description of Presentation Formats

## Workshops (2 hours)

Workshops are designed to transmit specific skills and are directed toward learning methodologies and strategies for approaching problems in teaching students, residents and faculty. The participants should be actively involved and should be able to acquire an understanding of various approaches to these problems.

## Seminars (1 - 1.5 hours)

Seminars are designed to transmit specific knowledge in a given area and consist of a combination of formal presentations and group discussions.

## Research and Quality Improvement

(30 minutes)

These presentations report rigorously-designed investigations or quality improvement activities and are followed by a moderated discussion.

## Paper Presentations (15 minutes)

Paper presentations provide an opportunity to present to a wide audience about research, scholarship, curricular design, teaching programs, community service, and any other topic of interest related to family medicine. Both completed projects and those under development may be presented. They are typically grouped into an hour-long session featuring four presentations.

## Lecture Discussions (20 minutes)

The Lecture Discussion format involves a 20-minute presentation to share information that relates to a clinical, educational or policy topic, report of a project and/or activity, or introduction of a policy issue, along with time for participant discussion. They are typically grouped into an hour-long session featuring three presentations.

## Posters (60 minutes per session)

Scientific posters are presented on various topics of interest in family medicine, with authors available for discussion.

## Speed Presentations (7 minutes)

This format provides the presenter 7 minutes and a maximum of 5 slides to share ideas and information in a focused, direct manner, followed by discussion. They are typically grouped with 4-6 in an hour-long session.

## Clinical Camp Tables (45 minutes per session)

This format is an opportunity to watch and participate in a hands-on demonstration of a clinical procedure commonly performed in family medicine, using patient models and materials.

## Breakfast Table Discussions (45 minutes)

Breakfast Table Discussions is an opportunity during the Saturday breakfast for scholarly and networking discussions. The title of the table is the topic, and presenters may provide brief opening remarks but generally facilitate discussion of the topic.

## Tracks

The FMEC designates some programs as part of thematic tracks to help you plan your participation. In addition to usual tracks such as Maternal and Child Health, Lifestyle Medicine, and Osteopathic Medicine, the FMEC has made some new additions for 2022, to address meeting ACGME requirements, wellness, diversity/equity, and social determinants of health.



<b>(ACGME)</b>	Accreditation Council for Graduate Medical Education
<b>(DEI)</b>	Diversity, Equity and Inclusion
<b>(F)</b>	Faculty
<b>(LM/IH)</b>	Lifestyle Medicine/Integrative Health
<b>(MCH)</b>	Maternal and Child Health
<b>(NM)</b>	Narrative Medicine
<b>(OSTEO)</b>	Osteopathic Medicine
<b>(POCUS)</b>	Point-of-Care Ultrasound
<b>(PRO)</b>	Procedures
<b>(PTSIP)</b>	Preparing to Succeed in Practice
<b>(R)</b>	Residents
<b>(REPRO)</b>	Reproductive Health
<b>(RURAL)</b>	Rural Medicine
<b>(S)</b>	Students
<b>(SDOH)</b>	Social Determinants of Health
<b>(WELL)</b>	Wellness





# Family Medicine Faculty Opportunities

Penn State Health is a multi-hospital health system serving patients and communities across central Pennsylvania. We are seeking BC/BE family medicine physicians to join our growing Penn State Health family in various settings within our health system. Current Opportunities Include:

**General family medicine opportunities in the academic or community-based settings located in south central PA (Berks, Cumberland, Dauphin, Lancaster, York Counties, and State College, PA).**

The clinical opportunities include both outpatient and inpatient experiences and may be tailored to the applicant's professional interests. Faculty in Academic positions may participate in resident and medical student education and have opportunities for research and scholarship.

**Core Faculty Family Medicine Residency Physician-Reading, PA**

Faculty in this position will join our team as a member in our 6-6-6 Family and Community Medicine Program at Penn State Health St. Joseph in Berks County, PA. Priority will be given to candidates interested in inpatient medicine or obstetrical services. Duties include teaching, mentoring, advising, and supervising residents; engaging in scholarly activity; and providing patient care.

**Interested candidates please send CV and letter of interest to**

**Patty Shipton, CPRP,  
Physician Recruiter at  
[pshipton@pennstatehealth.psu.edu](mailto:pshipton@pennstatehealth.psu.edu)**

## What We're Offering

- Salary commensurate with qualifications
- Comprehensive benefits package
- Relocation assistance
- We will foster your passion for patient care and cultivate a collaborative environment rich with diversity
- Experienced family medicine colleagues and collaborative leadership



**PennState Health**

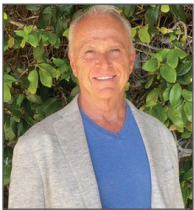
# 2022 Annual Meeting Plenary Speakers

Join us at the plenary sessions for these exciting speakers as well as presentations of the FMEC 2022 Awards.

*Friday, September 16, 5:15 pm – 7:00 pm*

## Noetic Medicine: The Impact of Ideas on Health and Healing – Steve Bierman, MD

Noetic medicine is an emerging and maverick discipline that recognizes the profound impact of ideas on health and healing. As such, it represents a significant departure from the traditional materialistic/reductionist view of human beings – a view held sacred by the prevailing scientism of the day. Specifically, noetic medicine maintains that the ideas and communications of a caregiver can have significant effects on the mental and physical outcomes of any given intervention; while the ideas of the patient can and often do contribute to the etiology of disease. As Dr. Bierman will explain in this remarkable talk, noetic medicine is the missing element with the potential to set family physicians apart in a manner both precious and profound.



**Steve Bierman, MD**, whose work blends humanism, hypnosis and alternative modalities with traditional allopathic medicine, has been featured on NBC's Dateline and recently won the 2020 Best Indie Book award for his ground-breaking book, *HEALING – Beyond Pills & Potions* (Gyro Press, International). A graduate of the Northwestern University School of Medicine, Dr. Bierman began his career as a double board-certified Emergency and Family Physician but discovered that what he had spent his first 29 years learning and studying was simply not enough. Dr. Bierman now understands the tremendous impact of ideas on health and healing—ideas held by patients, and ideas delivered by caregivers.

Sponsored by UPMC Life Changing Medicine



*Saturday, September 17, 7:45 am – 9:15 am*

## Achieving a Healthy Population: REBRAND Family Medicine – Barbara Ross-Lee, DO, FACOFP

Dr. Ross-Lee's discussion will focus on the lack of alignment of the economic model of the healthcare system with population health, health inequities and health disparities, and the value of family medicine to 'health.' She will address critical topics such as personal health education, prevention, coordinated care, and collaborative care, while also discussing health policies/regulations that support increased access, lower costs, unbiased institutional behaviors and positive quality of care outcomes.

**Barbara Ross-Lee, DO, FACOFP** is a nationally-recognized expert on health policy issues and serves as an advisor on primary care, medical education, minority health, women's health, and rural health care issues on the federal and state levels. She served as Vice President for Health Sciences and Medical Affairs (VPHSMA) at NYIT from 2001 until 2017, while also serving as interim Dean of the College of Osteopathic Medicine and interim Dean of the School of Health Professions. In 2014, Dr. Ross-Lee became the Inaugural Dean for NYITCOM at A-State, where she also served as CEO of its Academic Health Centers and President of its Faculty Practice Plan while continuing service as VPHSMA of NYIT. She is the founding director of the AOA Health Policy Fellowship Program and the Founding Director of the Training in Policy Studies (TIPS) for osteopathic resident physicians. Dr. Ross-Lee is the first African American woman to serve as dean of a United States medical school (Ohio University Heritage College of Osteopathic Medicine, 1993 – 2001) and the first osteopathic physician to participate in the Robert Wood Johnson Health Policy Fellowship. Dr. Ross-Lee currently serves as President of the American Osteopathic Foundation.



# 2022 Annual Meeting Plenary Speakers

*Sunday, September 18, 7:30 am – 9:15 am*

## Removing the Kryptonite: Unleashing Family Medicine's Superpowers – Robert Phillips, MD, MSPH

Family medicine has many superpowers, but the health system weakens us and our capacity to deliver high-quality, meaningful care. There is a stark opportunity to remove the kryptonite that blunts our superpowers thanks to the recent report on primary care by the National Academies of Sciences, Engineering, and Medicine (NASEM) and the many novel models of primary care that are quickly shaping the market. Students, residents, and family medicine educators have the power to help shape this evolution and to aim for careers that enable their superpowers!

**Robert Phillips, MD, MSPH** directs the Center for Professionalism and Value in Health Care in Washington, DC, which aims to create space in which patients, health professionals, payers, and policymakers can work to renegotiate the social contract. Prior to being named executive director of the center in 2018, Dr. Phillips was the American Board of Family Medicine (ABFM) Vice President for Research and Policy. From 2004 until 2012, Dr. Phillips was the director of the Robert Graham Center, a health policy research center in Washington, DC. Dr. Phillips was elected to the National Academy of Medicine in 2010 and has served the National Academies of Sciences, Engineering, and Medicine (NASEM) in several capacities. In 2012, the health policy research fellowship co-sponsored by the Robert Graham Center and Georgetown University was renamed the Robert L. Phillips, Jr. Health Policy Fellowship. He was named to the University of Florida College of Medicine Hall of Fame in 2016.



*“We believe family medicine is critical to improving the health of the nation.”*



# Award Winners

## 2022 FMEC Family Physicians Who are Changing Our World Award

The Family Medicine Education Consortium, Inc. seeks to identify and recognize family physicians who have developed innovative projects and programs that have had a positive impact on the world. The FMEC recognizes family physicians who have demonstrated significant achievement in promoting the health and well-being of the community at the local, state, national or international levels.



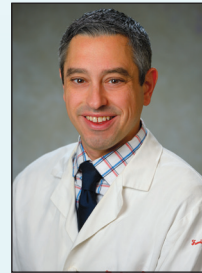
**Sara G. Shields, MD, MS**  
University of Massachusetts  
Family Health Center of Worcester



## 2022 FMEC Mid-Career Faculty Achievement Award

The Family Medicine Education Consortium seeks to support mid-career faculty with expertise in an area relevant to family medicine. It is our intention to identify and acknowledge one mid-career faculty member each year, who has demonstrated significant achievement. The intent of this recognition is to assist faculty who have not yet received tenure approval or otherwise been highly recognized for their efforts.

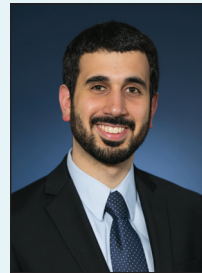
**Gregory Castelli, PharmD, BCPS,  
BC-ADM, CDCES**  
UPMC St. Margaret FMRP



**Mario DeMarco, MD, MPH**  
Department of Family  
Medicine & Community Health  
University of Pennsylvania

## 2022 FMEC Emerging Leader Award

The Family Medicine Education Consortium seeks to identify, encourage and support promising family medicine senior residents, junior faculty and clinicians in practice (three years or less experience) who have the potential to be future leaders in family medicine academic and community service efforts.



**Nicholas Hajj, MD**  
UMass Chan Medical School

## 2022 FMEC Visual Arts Award

The goal of the Visual Arts Award process is two-fold: One, to honor the creative talents of family physicians (the renaissance men and women of medicine), and Two, to take the best of the submissions and generate materials that can be used to make Family Medicine more visible to colleagues, students, patients and policy makers. Faculty and clinicians, residents-in-training, and medical students in the northeast region of the US are eligible to participate.



**Lisa Gussak, MD**  
**photograph** entitled  
*"Shattered: Our Healthcare  
System in Covid"*  
UMass Chan Medical School

# Award Winners

## 2022 FMEC This We Believe Award Winners

Modeled on the successful “This I Believe” project, as heard on National Public Radio, the FMEC offers physicians, physicians-in-training, and medical students engaged in Family Medicine organizations, the opportunity to express their core beliefs about serving others. We believe that sharing our passion for being healers will not only strengthen our ability to serve others, but also will connect us to one another and strengthen our mission in Family Medicine.



**Briana Krewson, MPH, MSIV**  
*“Harmonious Silence”*  
 Philadelphia College of Osteopathic Medicine

**Taylor J. Rider, MSIV**  
*“The Jack of All Trades”*  
 Philadelphia College of Osteopathic Medicine



**Victoria Ngo, MSIII**  
*“I Wanted to Tell You”*  
 Virginia Commonwealth University School of Medicine



## 2022 FMEC Creative Writing Award Winners



**Davy Ran, MSIV**  
*“Death and Diet Pepsi”*  
**1st place prose**  
 University of Rochester School of Medicine & Dentistry



**Kara Romanowski, MSIV**  
*“Dignity in the Details”*  
**1st place poetry**  
 Geisinger Commonwealth School of Medicine



**William Callahan, DO**  
*“Why Me?”*  
**2nd place prose**  
 Jefferson Health – Abington



**Allison Ogawa, MSIV**  
*“Medicine isn’t Faster”*  
**2nd place poetry**  
 University of Rochester School of Medicine & Dentistry



**Briana Krewson, MPH, MSIV**  
*“Sky”*  
**3rd place prose**  
 Philadelphia College of Osteopathic Medicine



**Kathleen Sweeney, DO**  
*“The Empty Tomb”*  
**3rd place poetry**  
 UPMC Altoona



# Preconferences and Other Events

## Thursday, September 15, 2022

12:00 pm – 5:00 pm  
President's Quarters

### Advanced Life Support in Obstetrics (ALSO) Instructor Course

Steve Ratcliffe, MD, MSPH, Course director  
Scott Hartman, MD, Co-director

6:30 pm – 9:00 pm  
Chesapeake View

### Laurence Bauer MSW, MEd, Celebration Dinner

The 2022 Annual Meeting and Laurence Bauer Celebration Dinner are sponsored by



## Friday, September 16, 2022

8:00 am – 5:00 pm  
Washington B

### Healthcare Innovator's Network

Laurence Bauer MSW, MEd, moderator. See page 15 for full schedule.  
The Healthcare Innovator's Network is sponsored by



8:00 am – 12:00 pm  
Washington A

### IMPLICIT Working Meeting

Mario DeMarco, MD, Maha Shafqat, and others

8:00 am – 12:00 pm  
Roosevelt

### Meeting the New ACGME Requirements: Learning Collaboratives and More

Mario DeMarco, MD, Stuart Green, DMH, LCSW, Leon McCrea II, MD, Stacy Potts, MD,  
Raj Woolever, MD

8:00 am – 12:00 pm  
Lincoln

### Social Determinants of Health: The New Vital Sign

Sarah Inés Ramírez, MD, Nancy B. Barr, MD, Fernando Cárdenas, David Saunders,  
Jarrett Sell, MD, and others

## Sunday, September 18, 2022

9:00 am – 12:00 pm  
Washington A

### IMPLICIT Working Meeting

Mario DeMarco, MD, Maha Shafqat, and others



# Healthcare Innovators Network Agenda

Friday, September 16, 2022

8:00 am – 5:00 pm

Washington B Room

## Program Schedule

- 8:00 am**      **Welcome and Introductions**  
Laurence Bauer, MSW, MEd
- 8:15 am**      **Health System Change**  
Laurence Bauer, MSW, MEd
- 8:45 am**      **Addressing the Social Determinants of Health through MetroHealth's Institute for H.O.P.E.**  
James E. Misak, MD
- 9:15 am**      **Bridging Our Divides and Catalyzing Change: Two Social Impact Innovations**  
Christine Bechtel
- 9:45 am**      **Innovations to Address the Gap in Obesity Education: The FORWARD Initiative**  
Gabriel Smolarz, MD, MS, FACE, Dipl. ABOM
- 10:15 am**      **Break**
- 10:30 am**      **A Collaborative Effort to Implement an Advanced Primary Care Model**  
Alan Roth, DO and Scott Conard, MD
- 11:00 am**      **Introduction to Wild Health and Precision Genomic Medicine**  
Julie Foucher, MD and Ken Rictor, MD
- Noon**          **Morning Reflections**
- 12:30 pm**      **Lunch Break** Working Lunch
- 1:15 pm**      **Promoting Value-based Care with a Difference**  
Sanjay Seth, MD
- 1:45 pm**      **What is a Community Owned Health Plan?**  
Bryce Heinbaugh, MBA et al
- 2:15 pm**      **Physician-Led Accountable Care**  
Lelin Chao, MD
- 2:45 pm**      **Integrative/Whole Person Health Care in a Safety Net Hospital**  
Alan Roth, DO and Wayne Jonas, MD
- 3:15 pm**      **Break**
- 3:30 pm**      **Eliminating the Needs for Hospitals While Caring for Frail Elders**  
Daniel Hoefer, MD
- 4:00 pm**      **Socially Responsible Investing in Healthcare Infrastructure in Medically Underserved Areas**  
Len Fromer, MD
- 4:30 pm**      **Final Reflections**
- 5:00 pm**      **Program Concludes**




The FMEC greatly appreciates  
Novo Nordisk for its sponsorship  
of the Innovator's Network at the  
2022 Annual Meeting.



# Schedule at a Glance

Friday,  
September 16



8:00 am – 8:30 pm	Registration
8:00 am – 12:00 pm	Preconferences
10:00 am – 1:00 pm	Residency Fair Set-up
10:00 am – 3:00 pm	Exhibitor Registration and Set-up
12:00 pm - 1:00 pm	New York State AFP Program Director's Lunch
1:00 pm – 3:15 pm	Academic Presentations
3:00 pm – 5:30 pm	Exhibitor Booth Hours
3:15 pm – 3:45 pm	Break & Visit the Exhibits
3:45 pm – 4:45 pm	Academic Presentations
4:45 pm – 5:15 pm	Break & Visit the Exhibits
5:15 pm – 7:00 pm	Welcome, Awards, Plenary Session, and Dinner
7:00 pm – 9:30 pm	Residency Fair

Friday's Plenary Sponsor:



Friday's Break Sponsor:





# Schedule at a Glance

Saturday, September 17

7:00 am – 7:45 am	Breakfast Table Discussions
7:00 am – 8:00 am	PAFP Program Director Assembly Breakfast Meeting
7:45 am – 9:15 am	Welcome, Awards and Plenary Session
9:00 am – 5:00 pm	Exhibitor Booth Hours
9:15 am – 9:45 am	Break & Visit the Exhibits
9:45 am – 12:00 pm	Academic Presentations
12:00 pm – 2:00 pm	Poster Sessions, Clinical Camps and Lunch Poster Presentations & Clinical Camps Session #1 – 12:00 – 12:45 pm Session #2 – 1:15 – 2:00 pm
2:00 pm – 2:30 pm	Break & Visit the Exhibits
2:30 pm – 4:45 pm	Academic Presentations
3:30 pm – 3:45 pm	Break & Visit the Exhibits
4:45 pm – 6:45 pm	Residency Fair
7:00 pm	Free Evening
7:00 pm – 8:00 pm	New York State AFP Reception



Saturday's Break Sponsor:



# Schedule at a Glance

Sunday,  
September 18

7:30 am	Breakfast
7:30 am – 9:15 am	Welcome, Awards and Plenary Session
9:00 am – 12:00 pm	IMPLICIT Working Meeting
9:30 am – 11:45 am	Academic Presentations
10:30 am – 10:45 am	Break
11:45 am	Conference Concludes

*“We’re working to achieve the full  
potential of family medicine.”*



# Thank You to Our 2022 Annual Meeting Sponsors

\*As of August 26, 2022



Chen Senior Medical Center

JenCare Senior Medical Center

Dedicated Senior Medical Center

## Geisinger



# Exhibitors

\*As of August 24, 2022

## ACOFP Foundation

Arlington Heights, IL

## Allegheny Health Network Primary Care

Pittsburgh, PA

## American College of Academic Addiction Medicine (ACAAM)

Chicago, IL

## American Medical Student Association

McLean, VA

## Bassett Healthcare Network

Cooperstown, NY

## Beebe Healthcare

Lewes, DE

## Butterfly Network

Guilford, CT

## ChenMed

Miami, FL

## EBSCO

Ipswich, MA

## FACTS - Fertility Appreciation Collaborative to Teach the Science

Washington, DC

## Geisinger

Danville, PA

## The Inline Group

Lewisville, TX

## Inova Health

Fairfax, VA

## Navigate Student Loans

Saint Paul, MN

## NEJM Knowledge +

Waltham, MA

## Novo Nordisk

Saint Petersburg, FL

## Penn Medicine Lancaster General Health

Lancaster, PA

## Pennsylvania Primary Care Career Center

Wormleysburg, PA

## RHEDI

Bronx, NY

## Rosh Review

Manhattan Beach, CA

## St. Matthews University School of Medicine

Orlando, FL

## TriagemD

Radnor, PA

## UPMC Life Changing Medicine

Enola, PA

## WellSpan Health

York, PA

# This Year's Theme

## ★ ★ About This Year's Meeting Theme

The 2022 theme was chosen to recognize the strengths, accomplishments, and potential of family medicine, and it is particularly relevant given the last two years of challenges brought on by the COVID-19 pandemic.

Family medicine develops skills and knowledge that are truly “super.” Family physicians provide the majority of care for America’s underserved rural and urban populations. They diagnose and treat illness in all ages, and provide preventive care, health-risk assessments, immunizations and screenings, and personalized counseling on maintaining a healthy lifestyle. The family physician is able to leap from immunizing a toddler to treating adult hypertension in a single bound (which may simply be down the clinic hallway and into the next exam room).

From medical student to resident to practitioner, family physicians are challenged to identify their strengths and superpowers, and to learn how to use them to create healthy patients and communities. Every day, in every town, family physicians are exercising those superpowers – such as agility, breadth of practice, leadership, innovation, patient-centeredness and empathy – to keep families and communities healthy. In particular, the COVID-19 pandemic required family medicine to expand our toolbox to support patients and communities. Despite threats like COVID-19, burnout, and staffing shortages, primary care providers enhanced their services through more video- and phone-based care, collaboration with public health, and adding mental health supports for patients.

The FMEC recognizes that physicians are not perfect or invincible. As any movie or comic book lover knows, superheroes often face their own challenges, and for family physicians, staying abreast of a growing scope of health threats, compounded by issues such as work/life balance and stress, can be very demanding. The FMEC Annual Meeting provides the opportunity for family physicians to connect, learn from each other, and become inspired to fight the next day's challenge. We are pleased you have joined us and hope you leave the meeting renewed, refreshed and ready to be “super” for another day.



# Programming

Friday,  
September 16

Friday 1:00 pm – 3:15 pm

## WORKSHOPS

### W01 (DEI)

Lincoln

### Frameworks for Responding to Microaggressions

Katherine Holmes MD, Suganya Mahinthan MD

### W02 (DEI)

Kennedy

### Getting Started in Medical Writing: Spotlight on Diversity and Equity

Sumi Sexton MD, FAAFP, Jarrett Sell MD, FAAFP, AAHIVS, Lilian White MD

### W03 (OSTEO)

Potomac IV

### OMT for Non-Traditional and Challenging Populations

Kathleen Costanzo DO, Brian Pickering DO

### W04 (PRO)

Potomac II

### Management of Wounds with Suturing

Cynthia Jeremiah MD, Sandra Augusto MD, MPH, Grant Lewandrowski MD, Sara Rogerson MD

### W05 (RURAL)

Jefferson

### Truth of Rural FM Practice Today and Academic Rural Medicine

Greg Dobash MD, FAAFP

### W06 (ACGME)

Roosevelt

### Training Master Adaptive Learners in Family Medicine

Drew Keister MD

### W07

Conference Theater

### How Well Are You? How Well Is Your Organization? Tools and Recommendations to Measure and Improve Personal and Organizational for Wellbeing

Catherine Pipas MD, MPH, Kaushal Nanavati MD, Lauren Ball DO, MPH, FAOCOPM, Jeff Levy MD, Nicky Beaudoin MEd

Friday 1:00 pm – 2:00 pm

## SEMINARS

### S01 (PTSIP) (F) (S) (R)

Washington A

### Models of Practice – PANEL DISCUSSION

Daniel McCarter MD, Marguerite Duane MD, MHA, FAAFP

### S02 (DEI) (NM)

Potomac I

### Embracing Diversity, Equity and Inclusion Through Storytelling

Andre Lijoi MD, DABFM, CAQ-Ger, Cert Narrative Medicine, Ana Tovar PhD

### S03 (OSTEO)

Arlington

### Top Ten OMT Techniques for Every Family Physician

Scott Brown DO

### S04 (PRO)

Potomac III

### Head, Shoulders, Knees, and Toes: Physical Therapy You Can Teach Your Patient

Michael Raddock MD, Patrick Zak MD, Iridi Pavliqoti MD

### S05 (ACGME)

Fairfax

### Meeting the New ACGME Requirements: Connecting with Community

Shari Holland MA, LPC, Tracey Conti MD, Daniel Salahuddin MD, MPH

### S06 (REPRO)

Potomac VI

### Sexually Transmitted Infections in Primary Care

Hannah Brooks MS, MD, Aury Garcia MD, Heather Paladine MD

### S07 (MCH)

Potomac V

### Adolescent Medicine Update 2022

Samuel Sandowski MD, Danielle Ferstler MD

Friday 1:00 pm – 2:00 pm

## LECTURE DISCUSSION – Group #1 (20 Minutes Each)

Tidewater I

### LD02

### Obesity Medicine and Primary Care

Sravavthi Kubireddi MD, Greg Dobash MD, FAAFP

1:20 pm – 1:40 pm

### LD03

### Weight Stigma: Reducing Weight Based Discrimination in Healthcare

Ayat Aldoori BS, BA, MS, DO

1:40 pm – 2:00 pm

# Programming

## Friday 1:00 pm – 2:00 pm

### LECTURE DISCUSSION – Group #2 (20 Minutes Each)

Tidewater II

#### LD04 (WELL)

#### Let's Talk About Wellness: A Guide to Medicare Wellness Visits for the Busy Clinician

Michael Partin MD, Todd Felix MD, William Curry MD

1:00 pm – 1:20 pm

#### LD05 (LM/IH)

#### Integrating Behavioral Health into Whole Person Care

Richard Kutz PsyD, Jason Burmeister MD

1:20 pm – 1:40 pm

#### LD06

#### Closing the Gap: Role of the Primary Care Physician in Cancer Survivorship

Francis Guerra-Bauman MD, Jason Assalita DO, Paul Botros MD, Jane Zendarski DO, Abdul Waheed MD

1:40 pm – 2:00 pm

## Friday 1:00 pm – 2:00 pm

### RESEARCH PRESENTATIONS – Group #1 (30 Minutes Each)

Tidewater III

#### RP01

#### Motivational Interview as a Tool to Improve COVID Vaccine Hesitancy

Magdalena Lemus BA, Jaividhya Dasarathy MD

1:00 pm – 1:30 pm

#### RP02 (DEI)

#### Increasing Adult Vaccination Rates in Minority and Ethnic Minority Populations

Greg Dobash MD, FAAFP, Michael Adu DO, Devan Joy

1:30 pm – 2:00 pm

## Friday 2:15 pm – 3:15 pm

### SEMINARS

#### S08 (PTSIP) (S) (R)

Washington A

#### Understanding & Negotiating Health System FM Practice Opportunities – PANEL DISCUSSION

David D'Urso, Jena Spatafore BS, Paul Quesenberry MD

#### S09 (DEI)

Potomac I

#### Disability Medicine and Primary Care: A Look At Health Equity

Carolyn Comes MD

#### S10 (OSTEO)

Potomac V

#### OMM for the Hospitalized Patient

Abby Rhoads DO

#### S11 (PRO)

Potomac III

#### Splinting Upper Extremity Injuries

Rabin Chandran MD

#### S12 (ACGME) (F)

Arlington

#### Feel the Kern! Walking Through the Six Steps of Curriculum Design

Gretchen Shelesky MD, MS, FAAFP

#### S13 (REPRO)

Fairfax

#### Too Many Pills! How to Choose the Right Oral Contraceptive

Laurie Turenne-Kolpan MD, Jessica Montes MD

# Programming

Friday,  
September 16

Friday 2:15 pm – 3:15 pm

**LECTURE DISCUSSION – Group #3 (20 Minutes Each)**

Tidewater I

**LD07**

**Caring For Complex Spinal Cord Injured**

Tessa Keiser BS, Hillary Mount MD

2:15 pm – 2:35 pm

**LD08**

**Vertigo: Dizzying Differential!**

Hillary Mount MD, Maya Prabhu MD, Tessa Keiser BS, Halimat Olaniyan BS

2:35 pm – 2:55 pm

**LD09**

**Concussion Management for the Primary Care Provider**

Joseph Dougherty MD

2:55 pm – 3:15 pm

Friday 2:15 pm – 3:15 pm

**LECTURE DISCUSSION – Group #4 (20 Minutes Each)**

Tidewater II

**LD10**

**Hepatitis C for the Family Medicine Provider**

Daniel Plavin MD

2:15 pm – 2:35 pm

**LD11**

**Hepatitis C Treatment in an Urban, Underserved Family Medicine Clinic**

Kate Kelley MD, MPH, Antoinette Abou – Haidar MD

2:35 pm – 2:55 pm

**LD12 (MCH) (REPRO)**

**Updates on Routine Hepatitis C Virus Screening and Management in Pregnancy**

Sandra Augusto MD

2:55 pm – 3:15 pm

Friday 2:15 pm – 3:15 pm

**RESEARCH PRESENTATIONS – Group #2 (30 Minutes Each)**

Tidewater III

**RP03 (F)**

**Does Residency Application Data Correlate with Resident Performance? A Statistical Analysis of Application Data from Four Match Seasons**

Timothy Heilmann MD, MHA,  
Marc Marchese PhD

2:15 pm – 2:45 pm

**RP04**

**The Development and Utilization of a Universal Asthma Action Plan within a Statewide Healthcare Organization**

Miguel Lopez MD,  
Ryan Higgins BS,  
Christopher Heron MD

2:45 pm – 3:15 pm



- (ACGME)** Accreditation Council for Graduate Medical Education
- (DEI)** Diversity, Equity and Inclusion
- (F)** Faculty
- (LM/IH)** Lifestyle Medicine/Integrative Health
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- (NM)** Narrative Medicine
- (OSTEO)** Osteopathic Medicine
- (POCUS)** Point-of-Care Ultrasound
- (PRO)** Procedures
- (PTSIP)** Preparing to Succeed in Practice
- (R)** Residents
- (REPRO)** Reproductive Health
- (RURAL)** Rural Medicine
- (S)** Students
- (SDOH)** Social Determinants of Health
- (WELL)** Wellness





# Programming

**Friday 3:15 pm – 3:45 pm**

Regency Ballroom Foyer

**Break & Visit the Exhibits**

**Friday 3:45 pm – 4:45 pm**

**SEMINARS**

**S15 (PTSIP) (S) (R)**

Washington A

**Moving from Student Loan Indebtedness to Financial Success**

Joy Sorensen Navarre BA, James Hemphill CFP, CIMA, CPWA

**S16 (MCH) (OSTEO)**

Potomac IV

**Osteopathic Manipulation in Newborns**

Amanda DiSabato DO

**S17**

Potomac III

**A Pain in the Neck: Teaching the Cervical Spine Exam and Differential Diagnosis**

Susan Fidler MD, Kevin Franco DO, Bridget Smith MD

**S18 (F)**

Potomac I

**Humanizing the Healthcare System and Dissecting the**

**Complex: Family Physicians as Leaders**

Raj Woolever MD, FAAFP, Aaron George DO, FAAFP, Amy Crawford-Faucher MD

**S19 (REPRO)**

Potomac II

**Medication Abortion in the COVID-19 Pandemic and Beyond**

Ifechukwude Ikem MD, H. Reeve Bright MD, MPH, MS, Libby Wetterer MD, Chantel Gordon MD

**S20**

Potomac V

**Alcohol Use Disorder: Screen, Motivate, and Treat**

Antoinette Abou Haidar MD, Hemalatha Senthilkumar MD, Christina Antenucci MD, Michael Raddock MD

**S21**

Kennedy

**Disability: Patients and Caregiver**

Portia Jones MD, MPH

**S22**

Jefferson

**Clinical Reasoning: Don't Be Indifferent About Your Differential**

Jonathan Katz DO, John Williams MD, MSMEd

**S23**

Lincoln

**Evidence Based Treatment of Opiate Use Disorder**

Katherine Holmes MD, Michelle Lombardo MD

**S24**

Roosevelt

**Implementing a Successful Continuous Glucose Monitoring (CGM) Program**

Autumn Stewart-Lynch PharmD, BCACP, BC-ADM, Sea-oh McConville DO

**Friday 3:45 pm – 4:45 pm**

Tidewater I

**LECTURE DISCUSSION – Group #5 (20 Minutes Each)**

**LD13 (F)**

**RIME-ing and Role-ing: Integrating Global Assessments with Precepting Strategies**

Stephanie Ballard PharmD

3:45 pm – 4:05 pm

**LD14**

**The Role of Primary Care Physicians in Caring for Patients with Autism**

**Spectrum Disorder**

Jhenya Nahreini MD, Hillary Mount MD

4:05 pm – 4:25 pm

**LD15 (MCH)**

**Be on the Ball with Pre-Participation Sports Clearance**

Cynthia Jeremiah MD, Sandra Augusto MD, MPH, Maegan Pollard MD

4:25 pm – 4:45 pm

**Friday 3:45 pm – 4:45 pm**

**LECTURE DISCUSSION – Group #6 (20 Minutes Each)**

Tidewater II

**LD16 (MCH)**

**Joint Sessions.... a Review of Common Causes of Joint Pain in Children and Adolescents**

Paul Quesenberry MD

3:45 pm – 4:05 pm

**LD17 (MCH)**

**Adolescent Sleep, Impact of Electronic Use and Our Role as PCP**

Dawn Karns DO

4:05 pm – 4:25 pm

**LD18 (MCH)**

**Lead Poisoning: The Hidden Epidemic**

Jessica Faraci MD

4:25 pm – 4:45 pm

**Friday 3:45 pm – 4:45 pm**

**LECTURE DISCUSSION – Group #7 (20 Minutes Each)**

Arlington

**LD19 (SDOH)**

**A Community- Based Health Promotion Program for People in Recovery**

Valentina Sedlacek BA, Holly Russell MD, Hannah Jackel–Dewhurst, Tessa Oliver, Brian Smith

3:45 pm – 4:05 pm

**LD20 (DEI)**

**Closing Racial Disparity Gaps in Primary Care Delivery: Recent Evidence-Based Clinical Updates**

Melanie Malec MD, FAAFP

4:05 pm – 4:25 pm

**LD21 (DEI)**

**LGBTQIA+ In Primary Care**

Jason Latsky MD, Timothy Pelkowski MD

4:25 pm – 4:45 pm

**Friday 3:45 pm – 4:45 pm**

**LECTURE DISCUSSION – Group #8 (20 Minutes Each)**

Fairfax

**LD22 (SDOH)**

**Developing a Homeless Healthcare Mobile Clinic in Cleveland, Ohio: Lessons Learned From Early Patients**

Michael Seidman MD, Lisa Inman RN, Leisha Kowski MTA

3:45 pm – 4:05 pm

**LD23 (SDOH)**

**Screening for Food Insecurity and Providing Farm Shares to Patients in a Family Medicine Residency**

Katherine Holmes MD, Rehan Azeem MD, Mark Makar MD

4:05 pm – 4:25 pm

**LD24 (SDOH)**

**Food Pharmacy: Addressing Food Insecurity and Diabetes through Increasing Access to Healthy Food**

Haley Coleman MD, Ellen Harrington PhD, Maria Schiaffino MD

4:25 pm – 4:45 pm

# Programming

**Friday 3:45 pm – 4:45 pm**

Tidewater III

**RP05 (MCH) (REPRO)**

**RESEARCH PRESENTATIONS – Group #3 (30 Minutes Each)**

**Birth Outcomes Following the Variable Use of Elective Induction of Labor in Nulliparous Term Singleton Vertex (NTSV) Pregnancies**

Mobeena Arif MD, James Nicholson MD, Areeba Zain MD, Laila Younes MD, Nathan Keller MD

3:45 pm – 4:15 pm

**RP06 (MCH) (REPRO)**

**Quality Improvement in the 4th Trimester: Identifying and Referring Patients for Earlier Postpartum Care**

Alanna Ticali MD, Mario DeMarco MD, MPH

4:15 pm – 4:45 pm

**Friday 3:45 pm – 4:45 pm**

Prince William

**RP07 (MCH) (REPRO)**

**RESEARCH PRESENTATIONS – Group #4 (30 Minutes Each)**

**Patient Experiences in Conversing with Clinicians about Fertility Awareness Based Methods (FABMs)**

Erin Kay DO, Marguerite Duane MD, MHA, FAAFP, Abigail Blake, Katie Ray, Victoria Lussier DO

3:45 pm – 4:15 pm

**RP08 (DEI) (MCH) (REPRO)**

**Cognitive Behavioral Therapy for Insomnia in the Black Pregnant Population**

Laura Ledvora MD, Montiel Rosenthal MD, Harini Pallerla MS, Joshua Crosbie-Cockroft MD, Lawson Wulsin MD

4:15 pm – 4:45 pm

**Friday 4:45 pm – 5:15 pm**

Regency Ballroom Foyer

**Break & Visit the Exhibits**

**Friday 5:15 pm – 7:00 pm**

Regency Ballroom

**Welcome, Awards, Dinner and Plenary**

Raj Woolever MD, FAAFP, FMEC President

Amy Crawford-Faucher MD, FMEC Immediate Past President

**This We Believe Award #1**

**Briana Krewson, MPH, MSIV**

Philadelphia College of Osteopathic Medicine

*“Harmonious Silence”*

**Power to Change Our World Award**

**Sara G. Shields, MD, MS**

University of Massachusetts

**Visual Arts Award**

**Lisa Gussak MD**

Photo *“Shattered: Our Healthcare System in Covid”*

University of Massachusetts Memorial, Worcester

**Plenary Presentation**

**Steve Bierman MD**

Noetic Medicine: The Impact of Ideas on Health and Healing

**Friday 7: 00 pm – 9:00 pm**

Independence A

**Residency Fair**

# Programming

Saturday, September 17

## Saturday 7:00 am – 7:45 am

Regency Ballroom

### Breakfast and Breakfast Table Discussions

See the complete list of Breakfast Table Discussions Tables on Page 46

## Saturday 7:45 am – 9:15 am

Regency Ballroom

### Welcome, Awards and Plenary

Pamela Vnenchak MD, FMEC Treasurer-Secretary  
Leon McCrea II MD, MPH, FAAFP, FMEC President-Elect

#### This We Believe Award

##### **Ms. Victoria Ngo**

*"I Wanted to Tell You"*

VCU School of Medicine

#### Emerging Leaders Award

##### **Nicholas Hajj MD**

Family Medicine and Community Health  
University of Massachusetts Medical School

#### Creative Writing Awards – Group #1

##### **1st Place Prose:**

Davy Ran *"Death and Diet Pepsi"*

University of Rochester School of Medicine and Dentistry

##### **2nd Place Prose:**

William Callahan DO *"Why Me?"*

Abington-Jefferson Health

##### **3rd Place Prose:**

Briana Krewson, MPH, MSIV *"Sky"*

Philadelphia College of Osteopathic Medicine

#### Mid – Career Faculty Achievement Award

##### **Gregory Castelli PharmD, BCPS, BC-ADM, CDCES**

UPMC St. Margaret

##### **Mario DeMarco MD, MPH**

Penn Family Care at Penn Medicine

#### Plenary Presentation

##### **Barbara Ross-Lee DO**

Achieving a Healthy Population: REBRAND Family Medicine

## Saturday 9:15 am – 9:45 am

Regency Ballroom Foyer

### Break & Visit the Exhibits

## Saturday 9:45 am – 11:45 am

### WORKSHOPS

#### **W08 (OSTEO)**

Potomac IV

#### **Osteopathic Approach to Low Back Pain**

Kathleen Sweeney DO

#### **W09 (POCUS) (PRO)**

Potomac II

#### **Introduction to Point-of-Care Ultrasound**

Andrew William Dixon MD, Alycia P. Heiner DO, RDCS, RVT,  
Jacob Darnell DO, Sam Hwu MD, RMSK, Eleni O'Donovan MD

#### **W10 (F) (R) (S)**

Jefferson

#### **Helping Your FMIG Be Wildly Bodacious and Impactful**

Madeline Standbridge, Jiayu "Kate" Tian MD, Ashley Bentley MBA, CAE

# Programming

Saturday 9:45 am – 10:45 AM

## SEMINARS – Group #4

**S25**

Kennedy

**S26 (PTSIP) (R) (S)**

Washington A

**S27 (DEI)**

Potomac I

**S28 (F) (OSTEO)**

Potomac VI

**S29 (REPRO)**

Potomac III

**S30 (REPRO)**

Washington B

**S31 (F)**

Potomac V

**S32 (F) (R) (S)**

Roosevelt

### Gun Violence and Its Impact on Individual, Family, and Community

Nguyet – Cam Lam MD, FAAFP, Renata Carneiro PhD

### Managing Your Student Loans During Challenging Times

Joy Sorensen Navarre BA

### Bridging the Gap: Improving the Relationship Between Physicians and Their Black/African American Patients

Yasamine Edwards MD

### Osteopathic Recognition Milestones 2.0: New and Improved

Abby Rhoads DO, Laura Edgar EdD, CAE

### Know Thy Abortion Methods! A Papaya Procedure and Medication Review

Ksenia Varlyguina MPH, CPH, Kiyomi K. Goto DO

### PCOS: A Common Chronic Condition Requiring a Comprehensive

Approach to Management

Marguerite Duane MD, MHA, FAAFP, Katie Carter

### How to Start a Residency Program

Bruce Gebhardt MD

### How to Make a Medical iPhone App

Joshua Steinberg MD

Saturday 9:45 am – 10:45 am

Tidewater I

## LECTURE DISCUSSION – Group #9 (20 Minutes Each)

**LD25 (DEI)**

### Preventative Medicine in the Context of Gender Affirming Care

Susan Medalie DO,  
Michelle Braucher CRNP,  
Kaitlyn Bachert MSW, LSW  
9:45 am – 10:05 am

**LD26 (DEI)**

### Raising Voices: A Patient-Centric Curricular Approach to Healthcare Equity and Diversity in Family Medicine Residency Education

Lisa Weiss MD, MEd, FAAFP  
10:05 am – 10:25 am

**LD27**

### PrEP in Practice

David Hixson DO  
10:25 am – 10:45 am



- (ACGME)** Accreditation Council for Graduate Medical Education
- (DEI)** Diversity, Equity and Inclusion
- (F)** Faculty
- (LM/IH)** Lifestyle Medicine/Integrative Health
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- (NM)** Narrative Medicine
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- (POCUS)** Point-of-Care Ultrasound
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- (S)** Students
- (SDOH)** Social Determinants of Health
- (WELL)** Wellness

Programming  
Saturday, September 17

**Saturday 9:45 am – 10:45 am LECTURE DISCUSSION – Group #10 (20 Minutes Each)**

Tidewater II

**LD28 (F)**

**The Intersection of Generation Z, Health Professions Education and COVID-19: A Litmus Test for Educator Perseverance**

Michael Appleman MA, Ed, Rachel Bracken PhD,  
Liz Fredrickson PharmD, BCPS, Austin Fredrickson MD  
9:45 am – 10:05 am

**LD29 (F)**

**Making Functional Medicine a Part of Family Medicine Training**

Amy Trelease-Bell MD, FAAFP, IFMCP  
10:05 am – 10:25 am

**LD30 (F)**

**Creating a Trauma-Informed Care Curriculum**

Lisa Weiss MD, MEd, FAAFP  
10:25 am – 10:45 am

**Saturday 9:45 am – 10:45 am RESEARCH PRESENTATIONS – Group #5 (30 Minutes Each)**

Conference Theater

**RP09 (DEI) (REPRO)**

**Abortion Training and Provision Among Family Physicians Underrepresented in Medicine**

Aleza Summit MPH, Diana Carvajal MD, MPH  
9:45 am – 10:15 am

**RP10 (RURAL)**

**Establishing a Multi-Disciplinary Daily Team Meeting ("huddle") with the Goal of Increasing Communication in a Rural Family Medicine Clinic**

Skye Altaire DO, Wael Tasabeji MD, Mandy Maneval MD, PhD, Todd Taylor DO  
10:15 am – 10:45 am

**Saturday 11:00 am – 12:00 pm SEMINARS**

**S33 (PTSIP)**

Washington A

**Triage MD: Creating Walkaway Wealth**

James Hemphill CFP, CIMA, CPWA, Catherine Kiser

**S34 (DEI) (F) (NM)**

Potomac I

**Racism, Bias, Microaggressions and Allyship in Health Care: Using Narratives to Teach Health Professionals**

Ifeolorunbode (Bode) Adebambo MD

**S35 (F) (OSTEO)**

Potomac VI

**Osteopathic Didactics**

Christina Scartozzi DO, Juan Perez DO

**S36 (REPRO)**

Potomac III

**Dyad Scheduling to Improve Postpartum Visit Attendance**

Brianna Moyer MD, Sukanya Srinivasan MD, MPH,  
Elizabeth Anderson MD, FAAFP, DipABLM, Adwoa Boahene MD, Pineal Bekere MD

**S37**

Lincoln

**Obesity Medicine: A New Frontier For Primary Care**

Ebaad Malick MD

**S38**

Potomac V

**The Importance of Family Medicine in Federal Leadership**

Thomas Wilkinson MD, Ahmed Calvo MD MPH

**S39 (NM)**

Washington B

**The Promise and Challenge of Reflective Writing**

Gross Paul MD, Jonathan Han MD

**S40**

Roosevelt

**The Five Myths of the Against Medical Advice Hospital Discharge**

Timothy Pelkowski MD

# Programming

## Saturday 11:00 am – 12:00 pm LECTURE DISCUSSION – Group #11 (20 Minutes Each)

Tidewater I

### LD31 (F) (R) (S)

#### **Conflict Resolution: Tales from a Veteran Referee**

Mark Doherty BSJ, MSPE, PhD  
11:00 am – 11:20 am

### LD32 (F) (OSTEO)

#### **Incorporating OPP into Family Medicine Didactic Education**

Martha Metzgar DO  
11:20 am – 11:40am

### LD33 (F) (REPRO)

#### **Enhancing Students' Learning Through Live Case Studies, Telemedicine and More in a Women's Health Elective**

Martin Brown MD, Marguerite Duane MD, MHA, FAAFP  
11:40 am – 12:00 pm

## Saturday 11:00 am – 12:00 pm PAPER PRESENTATIONS – Group #1 (15 Minutes Each)

Tidewater III

### Paper01 (MCH)

#### **How To Do "Early Intervention" in Primary Care**

Valentina Sedlacek BA, Michael Mendoza MD, MPH, MS, Aaron Williams NP, Luzann Ampadu NP, Colleen Fogarty MD, MSc, FAAFP  
11:00 am – 11:15 am

### Paper02 (MCH) (SDOH)

#### **Group Prenatal Care in a Correctional Facility**

Meaghan Combs MD, MPH, Allison Myers MD, MPH, Eric Kim MD, Jaividhya Dasarathy MD  
11:15 am – 11:30 am

### Paper03 (DEI) (MCH)

#### **Prenatal Drug Testing and Impact on Prenatal Care and Racial Disparities**

Andria Matthews MD, MPH  
11:30 am – 11:45 am

### Paper04 (PRO)

#### **Know the Knee**

Amir Razani DO, Eric Lubomir DO, Mary Rose Puthiyamadam MD  
11:45 am – 12:00 pm

## Saturday 11:00 am – 12:00 pm SPEED PRESENTATIONS (15 Minutes Each)

Conference Theater

### SP01 (MCH)

#### **Pediatric Underinsurance**

Brooklynne Dilley MS, Samantha Robert MS, Adrienne Stolfi PhD, Greg Eberhart MD, John Pascoe MD, MPH  
11:00 am – 11:15 am

### SP02

#### **Build It and They Will Sign Up**

Ebaad Malick MD  
11:15 am – 11:30 am

### SP03 (ACGME)

#### **Fight, Fly, Freeze or Jump into Action: Communication is the Key**

Renata Carneiro PhD, LMFT, Dania Mosquera MS  
11:30 am – 11:45 am

### SP04 (WELL)

#### **Creating a Culture of Cohesion with a Group Compact in a Family Medicine Residency program**

Stacy Bartlett MD, Lindsay Nakaishi MD, MPH  
11:45 am – 12:00 pm

# Programming

Saturday, September 17

**Saturday 12:00 pm – 2:00 pm** Lunch: Pickup your lunch anytime between 12:00 pm – 2:00 pm  
Regency Ballroom

**Saturday 12:00 pm – 12:45 pm** **Clinical Camp Tables Session #1**

Independence A See complete list of Tables on Page 45

**Table#1: Shave and Punch Biopsies**

William Warning MD

**Table#2: Suturing Techniques**

Lisa Schroeder MD

**Table#3: Breastfeeding and Pumping**

Laura Beth Chamberlain MD

**Table#4: Dermatology Made Simple**

Manasa Irwin MD

**Table#5: Colposcopy**

Stephanie Green MBA

**Saturday 12:00 pm – 12:45 pm** **Poster Session #1**

Independence B See complete list of Posters on Pages 47 - 49

**Saturday 1:15 pm – 2:00 pm** **Clinical Camp Tables Session #2**

Independence A **Table#6: Joint Evaluation and Injections**  
Robert Monteleone MD

**Table#7: Circumcision**

Jennifer D. Cohn MD

**Table#8: Name that Rash**

Caroline LaFave DO

**Table#9: Endometrial Biopsy**

Ms. Rhonda Burach

**Table#10: Osteopathic Manipulation Technique**

Michaela Lei DO

**Saturday 1:15 pm – 2:00 pm** **Poster Session #2**

Independence B See complete list of Posters on Pages 50 - 52

**Saturday 2:00 pm – 2:30 pm** **Break & Visit the Exhibits**

Regency Ballroom Foyer

**Saturday 2:30 pm – 4:45 pm** **WORKSHOPS**

**W11 (DEI) (F)**

Kennedy

**The Changing Landscape of Recruitment – Where Do We Go from Here? And Beyond Fit: Recruiting a More Diverse Intern Class**

Jackie Weaver-Agostoni DO, MPH, DipABLM, FACOFP,

Raj Woolever MD, FAAFP, Leon McCrea II MD, MPH, FAAFP, Aaron George DO, FAAFP

**W12 (OSTEO) (MCH)**

Potomac IV

**Support of the Breastfeeding Dyad: A Comprehensive Approach**

Including Osteopathic Perspective

Michaela Lei DO, Cindy Barter MD, Antonette Soriano-Hoti DO



# Programming

## W13 (PRO)

Potomac II

## W14 (F)

Jefferson

## W15 (F) (R) (S)

Roosevelt

## W16 (PTSIP)

Fairfax

## Common Musculoskeletal Injection Techniques in Family Medicine

Joseph Tribuna MD, Janice Baker MD, George Maxted MD, Matthew Resciniti DO

## Addressing Struggling Learners

Kathryn McKenna MD, MPH, Donna Cohen MD, MSc

## A Tweet is Worth a Thousand Words: How to Use Social Media to Disseminate Evidence Based Medicine

Greg Castelli PharmD, Yufei Ge MD, Stella Winters MD

## Family Physicians: The Heart of Success in Risk-Bearing Value Based Care

Daniel McCarter MD, FAAFP

## Saturday 2:30 pm – 3:30 pm

## SEMINARS

### S41 (SDOH)

WashingtonA

### If We Build It, Will We Connect? Partnering Health Care and Social Care to Address Social Determinants of Health

James Misak MD

### S42

Arlington

### Understanding Geropalliative Medicine and Why It Is Important in Managing the Advanced Elderly Population

Daniel Hoefler MD

### S43 (OSTEO)

Potomac VI

### OMT for the Most Commonly Presenting Complaints in Family Medicine

Meera Shah DO, Katie McCormick DO

### S44

Potomac III

### Management of Osteoporosis: Discuss Common Misconception and Controversies

Hemalatha Senthilkumar MD, Jaividhya Dasarathy MD

### S45 (F) (POCUS)

Potomac I

### A Tale of Two Programs – Growing a POCUS Curriculum from the Ground Up

Brian Kaderli MD, John Hanicak MD

### S46 (F) (NM) (WELL)

Potomac V

### Improving Interdisciplinary Provider's Wellbeing Through Narrative Medicine

Michele Felix DBH, Nandhini Veeraghavan MD, Hadra Habib MD, Thomas McGinley MD

### S47 (F) (R) (S)

Washington B

### Addressing Health Disparities by Improving Diagnosis

Carl Tyler MD, MSc, Joel Willis DO, PA, MS, MPhil

### S48 (WELL)

Lincoln

### I'm On Top of It!: Enhancing Professional Wellness Through Timely Task Completion

Kimberly Legere-Sharples MD, MSMEd, Yadira Acevedo MD, Gianpaolo Rufo DO

## Saturday 2:30 pm – 3:30 pm

## PAPER PRESENTATIONS GROUP #2 (15 Minutes Each)

Prince William

### Paper05

### Keep them out of the ED!

Rio O'Mary MD, Endy Cadet MD, Jessica Christolin MD, Kisha Lafleur, Megha Patel  
2:30 pm – 2:45 pm

### Paper06 (ACGME)

### Transitioning to a Clinic First Based Curriculum

Stacey Robert MD, Chasity Spagnola DO, Andrew Fry MD  
2:45 pm – 3:00 pm

### Paper07

### Win-Win: Students and Patients Engage Around Blood Pressure

Darell Hawley DO, Abbie Jacobs MD, Alexandra Scheiber DO, Leanza Carrero MS4  
3:00 pm – 3:15 pm

### Paper08

### Vaccination Value

Mary Rose Puthiyamadam MD  
3:15 pm – 3:30 pm



# Programming

Saturday, September 17

Saturday 2:30 pm – 3:30 pm

LECTURE DISCUSSION – Group #12 (20 Minutes Each)

Tidewater I

**LD34 (LM/IH)**

**Lifestyle Medicine for Athletes: A Performance-Enhancing "Drug"**

Andrew Goodbred MD, Matthew Dorcus DO

2:30 pm – 2:50 pm

**LD35 (LM/IH)**

**Lifestyle Medicine and COVID-19: Let Lifestyle be Thy Medicine**

Andrew Goodbred MD, Dorothy Clavin MD

2:50 pm – 3:10 pm

**LD36 (NM)**

**How Storytelling Can Improve Conversations About Health with Patients and Families**

Anya Karavanov PhD, John Patton, Joyce Turner

3:10 pm – 3:30 pm

Saturday 2:30 pm – 3:30 pm

LECTURE DISCUSSION – Group #13 (20 Minutes Each)

Tidewater II

**LD37**

**Post-COVID Syndrome: Evidence, Findings and Clinical Pearls**

Amy Zack MD

2:30 pm – 2:50 pm

**LD38**

**Post-COVID Cases**

Emily Furnish MD Ashten Johnson RN, Michael Putnam MD,

Hillary Mount MD, Megan Rich MD

2:50 pm – 3:10 pm

**LD39 (F) (NM)**

**Adoption of Interactive Journal Club in a Family Medicine Residency**

Andrew Fry MD, Ryan Stolakis MD

3:10 pm – 3:30 pm

Saturday 2:30 pm – 3:30 pm

RESEARCH PRESENTATION GROUP #6 (30 Minutes Each)

Conference Theater

**RP11 (S)**

**A Student-Led QI Initiative to Increase Resident Referrals for Diabetes Self Management Education (DSME) in a Federally Qualified Health Center**

Parvaneh Shadkam-Farrokh BS, Kunal K. Gupta BS, MS

2:30 pm – 3:00 pm

**RP12**

**Utilizing Clinical Informatics Tools to Understand SGLT2i and GLP1 RA Prescribing Practices at Two Academic Medical Centers in Northeast Ohio**

Katherine Liang MD, David Kaelber MD, PhD, MPH

3:00 pm – 3:30 pm

Saturday 3:30 pm – 3:45 pm

Break & Visit the Exhibits

Saturday 3:45 pm – 4:45 pm

SEMINARS

**S49 (PTSIP) (REPRO) (R) (S)**

Washington A

**Career Paths in Prenatal and Birthing Care in Family Medicine**

Allison Myers MD, MPH, Christine Alexander-Rager MD, Jaividhya

Dasarathy MD, Amber Whited-Watson DO, Meaghan Combs MD

**S50 (DEI) (MCH)**

Potomac I

**Common Pediatric Rashes From a Black Lives Matter Perspective**

Aury Garcia MD, Hima Ekanadham MD

# Programming

## S51 (MCH) (OSTEO) (REPRO)

Potomac VI

### Treating for Well – Being : Regularly Scheduled OMT for Pregnancy

Jessica Peek DO

## S52 (REPRO)

Potomac III

### Primary Reproductive Healthcare for People Living with HIV

Ellen Tattelman MD, H Reeve Bright MD, MPH, MS, Marji Gold MD

## Saturday 3:45 pm – 5:15 pm

### SEMINARS

## S53 (R) (S) (WELL)

Potomac V

### Imposter Phenomenon and Mindset: Increasing Self-Awareness as a Medical Student, Medical Resident, and Beyond

Robert Zukas DO, Esther Strahan PhD

## S54 (PRO)

Lincoln

### Colposcopy

Cynthia Jeremiah MD, Stacy Potts MD, Kristin Gracey MD, Brittany Reid MD, Maegan Pollard MD

## S55 (DEI) (F)

Washington B

### The Mini-Fellowship Program for Faculty Development: A Presentation of an LBGTO Care Mini-Fellowship Series and Workshop on the Design of This Model For Your Home Institution

Amy Zack MD, Henry Ng MD

## S56

Arlington

### Long Haul Covid: An Integrative Approach

Bethany Picker MD, Christopher Decker DO, Nicole Boutaugh DO

## Saturday 3:45 pm – 4:45 pm

### PAPER PRESENTATIONS GROUP #3 (15 Minutes Each)

Tidewater I

## Paper09

### Comparing OSCES to VOSCES

Zoon Naqvi MBBS, Heather Archer-Dyer MPH, Conair Guilliamas, Oladimeji Oki, Maria Santos

3:45 pm – 4:00 pm

## Paper10

### Exercise as Adjunctive Treatment for Substance Use Disorders

Joseph Mandato BS, Robert Bales MD, MPH, FAAFP

4:00 pm – 4:15 pm

## Paper11

### Post-COVID Clinic

Hillary Mount MD, Michael Putnam MD, Ashten Johnson RN, Emily Furnish MD, Matthew Kuhn BS

4:15 pm – 4:30 pm

## Paper12 (SDOH)

### Medical Residents Attitudes Towards Poverty and Knowledge of Local Resources

Christina Scartozzi DO

4:30 pm – 4:45 pm

## Saturday 4:45 pm – 6:45 pm

### Residency Fair

Independence A



# Programming

Sunday  
September 18

**Sunday 7:30 am – 8:30 am**

**Breakfast**

Regency Ballroom

**Sunday 8:00 am – 9:15 am**

**Welcome, Awards and Plenary**

Regency Ballroom

Scott G. Allen MS, FMEC CEO  
Heather Paladine MD, Incoming FMEC Treasurer-Secretary

**FMEC Business Meeting**

Scott G. Allen MS, FMEC CEO

**This We Believe Award #3**

**Taylor J. Rider**

*"The Jack of All Trades"*

Philadelphia College of Osteopathic Medicine

**Creative Writing Awards – Group #2**

**1st Place Poetry**

**Ms. Kara Romanowski**

*"Dignity in the Details"*

Geisinger Commonwealth School of Medicine

**2nd Place Poetry**

**Ms. Allison Ogawar**

*"Medicine Isn't Faster"*

University of Rochester

**3rd Place Poetry**

**Kathleen Sweeney, DO**

*"The Empty Tomb"*

UPMC Altoona

**Plenary Presentation**

**Robert Phillips MD**

Removing the Kryptonite:  
Unleashing Family Medicine's  
Superpowers

**Sunday 9:00 am – 12:00 pm**

**IMPLICIT Working Meeting**

Washington A

Maha Shafqat

**Sunday 9:30 am – 11:30**

**WORKSHOPS**

**W17 (OSTEO)**

Potomac IV

**An Integrated Approach  
to Anxiety**

David Oram MD, FAAFP,  
Mark Krautheim PhD,  
Elizabeth Barga DO,  
Valeriya Korchina DO

**W18 (PRO)**

Potomac II

**Suturing and Biopsy  
Workshop**

Paul Quesenberry MD,  
Caleb Loughheed DO



- (ACGME)** Accreditation Council for Graduate Medical Education
- (DEI)** Diversity, Equity and Inclusion
- (F)** Faculty
- (LM/IH)** Lifestyle Medicine/Integrative Health
- (MCH)** Maternal and Child Health
- (NM)** Narrative Medicine
- (OSTEO)** Osteopathic Medicine
- (POCUS)** Point-of-Care Ultrasound
- (PRO)** Procedures
- (PTSIP)** Preparing to Succeed in Practice
- (R)** Residents
- (REPRO)** Reproductive Health
- (RURAL)** Rural Medicine
- (S)** Students
- (SDOH)** Social Determinants of Health
- (WELL)** Wellness

# Programming

## W19 (POCUS) (PRO)

Jefferson

## Introduction to Point-of-Care Ultrasound

Andrew William Dixon MD, Alycia P. Heiner DO, RDCS, RVT, Jacob Darnell DO, Sam Hwu MD, RMSK, Eleni O'Donovan MD

## W20 (WELL)

Roosevelt

## MovementMed in Practice

Allison Ogawa BA, Tresne Hernandez BA, Ramya Sampath BA, Patricia Luck M.B.Ch.B

### Sunday 9:30 am – 10:30 am

### SEMINARS

#### S57 (PTSIP) (R) (S)

Washington B

#### Using PDSA Principles to Determine Your Future Career

Rebecca Grubb MD, Jenna Spatafore, BS

#### S58 (DEI) (REPRO)

Potomac I

#### Putting Black Pregnancy and Birth at the Center of Maternity Care to Achieve Equity

Halimat Olaniyan BS, Leslie Farrington MD

#### S59 (ACGME)

Potomac III

#### 17 plus 1: Why is Professionalism Mentioned So Often in ACGME Requirements and How Do You Teach It?

Lynne Unikel PhD, Lauren Strohm DO, Zeeshan Baig DO

#### S60 (REPRO)

Potomac VI

#### Telemedicine for Reproductive Healthcare

Chelsea Faso MD, Caroline Stowe MSN, FNP – BC, AQH, Lindsey Plato – Johnson DNP, FNP – BC, AQU, Heather Stevens MD, Casandra Cashman MD, FAAFP

#### S61 (PTSIP) (F) (R) (S)

Potomac V

#### Family Medicine Pathways to Health Policy: A Conversation with Former Health Policy Fellows

Emmeline Ha MD, Joel Willis DO, PA, MA, MPhI

### Sunday 9:30 am – 10:30 am

### LECTURE DISCUSSION – Group #14 (20 Minutes Each)

Tidewater I

#### LD40 (F) (R)

#### Resident Leadership Structure Revamp: Engaging PGY-3 Residents to Improve the Quality of a Residency Program

Haley Coleman MD, Bradley Eckert MD  
9:30 am – 9:50 am

#### LD41 (F) (R)

#### Who You Gonna Call?: Implementation of a Telehealth Curriculum for Family Medicine Interns

Michael Partin MD, Megan Mendez-Miller DO, Roland Newman DO, Karl Clebak MD, FAAFP, MHA  
9:50 am – 10:10 am

#### LD42 (RURAL)

#### Bipolar Disorder: Our Experience in a Rural Residency Track

Jeffrey Panting Crespo MD, Michael Adu DO, Gregory Dobash MD, FAAFP, James Feldman PhD, Thomas McGinley MD  
10:10 am – 10:30 am

### Sunday 9:30 am – 10:30 am

### LECTURE DISCUSSION – Group #15 (20 Minutes Each)

Tidewater II

#### LD43 (S)

#### Building Comfort in Primary Care Treatment of Substance Use Disorders Among Medical Students

Stacey Gardner – Buckshaw PhD, MPA, John Boltri MD, FAAFP  
9:30 am – 9:50 am

#### LD44

#### Cardiac Diagnostics: Take the Stress Out of Stress Testing

Cynthia Jeremiah MD, Brittany Reid MD, Maegan Pollard MD  
9:50 am – 10:10 am

#### LD01 (SDOH)

#### Go for Bold: Lose One Million Community Pounds by 2030

Douglas Spotts MD, FAAFP, FCPP  
10:10 am – 10:30 am



**Sunday 10:30 am – 10:45 am Break**

Regency Foyer

**Sunday 10:45 am – 11:45 am SEMINARS**

**S62 (PTSIP) (R) (S)**

Washington B

**Correctional Medicine: What It Is, Why It's Important and How We Build the Pipeline**

Taisei Suzuki DO, MIPH, Eleni O'Donovan MD, SM

**S63 (SDOH) (REPRO)**

Potomac I

**Geocoding: Integration with EHRs to Identify Prenatal Populations Most At Risk For Poor Pregnancy Outcomes**

Michael Partin MD, Sarah Ramirez MD, FAAFP, Wen-Jan Tuan DHA, MPH, MS, Jennifer Moss PhD, Jessica Parascando MPH

**S64 (F) (REPRO)**

Conference Theater

**Exploring and Enhancing the Benefits of Early Abortion Training in Family Medicine Residency Programs**

Aleza Summit MPH, Marji Gold MD

**S65 (F)**

Potomac III

**Development and Implementation of a Longitudinal Research Curriculum in Family Medicine**

Robert Bales MD, MPH, FAAFP, Joseph Mandato BS

**S66 (F) (MCH)**

Potomac V

**Curriculum to Promote Positive Parenting Behaviors and Early Childhood Development**

Alexander Kowalski DO, Tara Pellegrino DO, Karly Pippit MD, Susan Coachella MD, Quang-Tuyen Nguyen MD

**S67 (F) (DEI) (SDOH)**

Potomac VI

**Evaluation and Sustainability of Health Equity Rounds (HER) in the Montefiore/Einstein Department of Family and Social Medicine (DFSM)**

Natasha Borrero MD, MPH, Ellen Tattelman MD, Heather Archer-Dyer MPH, CHES, Ekuu Ansah-Samuels MPH

**Sunday 10:45 am – 11:45 am**

Tidewater I

**PAPER PRESENTATIONS GROUP #4 (15 Minutes Each)**

**Paper13 (SDOH)**

**Social Determinants of Health: What in the World Are We Doing About This Issue?**

Kathleen Nurena MD, Katherine Vaillancourt MD

10:45 am – 11:00 am

**Paper14 (SDOH)**

**A Community Impact Project: Improving Access to Clothing in Vulnerable Populations in a Hospital System**

Haley Coleman MD, Hang Yin MD, Amanda Dos Santos MD

11:00 am – 11:15 am

**Paper15 (DEI) (F)**

**Overcoming Diversity Inertia: Increasing the Under – Represented Minority Residents at a Family Medicine Residency Program**

Pamela Vnenchak MD, Cherise Hamblin MD, FACOG, Barbara Flory MHA, C-TAGME

11:15 am – 11:30 am

**Paper16 (SDOH)**

**Sidewalk Docs: An Introduction to the Lancaster Street Medicine Program**

Robin Megill MD, MSPH, Camden Towne DO, MPH, Samantha Bush DO, Jared Nissley MD, AAHIVS

11:30 am – 11:45 am



## Sunday 10:45 am – 11:45 am

### PAPER PRESENTATIONS GROUP #5 (15 Minutes Each)

Tidewater II

#### Paper17 (F)

#### Developing a Home Visit Program for Residents and Medical Students

Megan Malgeri MD  
10:45 am – 11:00 am

#### Paper18 (F)

#### Building Hospital Based Rapid Response Teams and Residency Curriculum

Daniel Cunningham MD, MS, FAAFP  
11:00 am – 11:15 am

#### Paper19 (F)

#### Intern Boot Camp: Development and Implementation of a Dedicated Intern Didactic Curriculum

Lindsay Heiple DO, Stephen Hagberg MD, Vikram Arora MD, Paul Bell PhD  
11:15 am – 11:30 am

#### Paper20 (F) (PTSIP)

#### Promoting Family Medicine Career Paths in the Virtual Age

Lindsay Heiple DO, Stephen Hagberg MD, Vikram Arora MD,  
Seach McConville DO  
11:30 am – 11:45 am

## Sunday 10:45 am – 11:45 am

### PAPER PRESENTATIONS GROUP #6 (15 Minutes Each)

Tidewater III

#### Paper21 (F) (PTSIP) (R) (S)

#### Enhancing Post-Residency Transition: A Novel Career Development Curriculum

Raghda Bchech MD, AAHIVS, Evette Yassa MD,  
Leon McCrea II MD, MPH, FAAFP, Janet Cruz MD  
10:45 am – 11:00 am

#### Paper22 (REPRO)

#### The Success of the Fertility Appreciation Collaborative (FACTS) Ambassador Program: Helping Medical Students Across the U.S. Promote Women's Health through Education, Networking, and Research

Conor Bradley BS, Katelyn Bradley MD, Tucker Brown MD, Victoria Lussier,  
Marguerite Duane MD, MHA, FAAFP  
11:00 am – 11:15 am

#### Paper23 (WELL)

#### Mirror, Mirror on the Wall Who is the Most Burned Out Among us All?

Renata Carneiro PhD, LMFT, Nguyet-Cam Lam MD, Andrew Goodbred MD,  
Kourtni Hines – Smith MD, Jona Gnananehru  
11:15 am – 11:30 am

#### Paper24 (WELL)

#### Burnout and Physician Wellness

M. Grace Hren MSII  
11:30 am – 11:45 am

#### Paper25 (F)

#### Virtual Interviewing for Residency/Fellowship During the COVID-19 Pandemic

Jeffrey Panting Crespo MD  
11:45 am – 12:00 pm

# 2022 FMEC Partners

\*As of August 26, 2022



## PRESIDENT

Allegheny Health Network (AHN) / Highmark  
Forbes Family Medicine Residency Program  
Saint Vincent Family Medicine Residency Program  
UPMC Life Changing Medicine  
UPMC Altoona Family Medicine Residency  
UPMC Harrisburg Family Medicine Residency  
UPMC Horizon Family Medicine Residency  
UPMC McKeesport Family Medicine Residency Program  
UPMC Shadyside Family Medicine Residency Program  
UPMC St. Margaret Medical Staff  
UPMC Williamsport Family Medicine Residency

## PLATINUM

Atlantic Health System  
Overlook Medical Center Family Medicine Residency  
MedStar Health  
MedStar Franklin Square Family Medicine  
MedStar Health/Georgetown-Washington Hospital Center Family Medicine Residency Program  
Meritus Health  
Meritus Family Medicine Residency  
MetroHealth Medical Center  
Case Western Reserve/MetroHealth Medical Center Family Medicine Residency  
St. Luke's University Health Network  
St. Luke's University Health Network FMR – Anderson  
St. Luke's University Health Network FMR - Bethlehem  
St. Luke's University Health Network FMR - Miners  
St. Luke's University Health Network FMR - Sacred Heart  
St. Luke's University Health Network FMR – Warren  
WellSpan  
WellSpan Good Samaritan Hospital FM Residency - Lebanon, PA  
WellSpan York Hospital FM Residency Program - York, PA

## GOLD

Christiana Care Health System Family Medicine & Emergency Medicine /Family Medicine Residency Program  
Christiana Care Health System FMRP  
Greater Lawrence Family Health Center  
Lawrence Family Medicine Residency  
Icahn School of Medicine at Mount Sinai Department of Family Medicine and Community Health  
Harlem Residency in Family Medicine, in collaboration with Mount Sinai Hospital  
Mid-Hudson Family Practice Residency Program, in collaboration with The Kingston Hospital  
Mount Sinai Beth Israel Residency in Urban Family Medicine, in collaboration with Mount Sinai Beth Israel Hospital  
Jamaica Hospital Medical Center  
Albert Einstein College of Medicine/Jamaica Hospital Medical Center Family Medicine Residency Program  
Lehigh Valley Health Network  
Penn Medicine / Lancaster General Health  
Lancaster General Hospital Family Medicine Residency  
St. Clair Hospital  
University of Massachusetts Department of Family Medicine and Community Health  
University of Massachusetts Fitchburg Family Medicine Residency Program  
University of Massachusetts Medical School Dept of Family Medicine and Community Health  
(Worcester Family Medicine Residency Program)



# 2022 FMEC Partners

\*As of August 26, 2022

## SILVER

American University of the Caribbean School of Medicine  
Highland Family Medicine, University of Rochester Medical Center  
University of Rochester Family Medicine Residency Program  
LifePoint Health  
Middlesex Family Medicine  
Montefiore Medical Center/Albert Einstein College of Medicine-Department of Family & Social Medicine  
PennState Health  
Phelps Family Medicine Residency Program  
Ross University School of Medicine  
Sidney Kimmel Medical College of Thomas Jefferson University  
St. George's University School of Medicine  
St. Matthews University School of Medicine  
SUNY Downstate Medical Center

## BRONZE

Abington Family Medicine Residency Program  
Albany Medical College Department of Family and Community Medicine  
Boston Medical Center Department of Family Medicine  
Butler Family Medicine Residency (Butler Health System)  
Central Maine Medical Center Family Medicine Residency  
Cleveland Clinic/Fairview Hospital  
Conemaugh Memorial Medical Center Family Medicine Residency  
Crozer-Keystone Family Medicine Residency Program  
CUNY School of Medicine  
Drexel Department of Family, Community, & Preventive Medicine  
Duquesne University School of Osteopathic Medicine  
Eastern Maine Medical Center Family Medicine Residency  
Heritage Valley Family Medicine Residency Program  
Hunterdon Family Medicine Residency Program  
Indiana Regional Medical Center  
Maine-Dartmouth Family Medicine Residency  
McLaren St. Luke's Family Medicine Residency  
New York Institute of Technology College of Osteopathic Medicine (NYITCOM)  
New York Medical College  
New York Presbyterian/Columbia Family Medicine Residency Program  
Northeast Ohio Medical University (NEOMED)  
Penn Highlands Healthcare  
PennState College of Medicine  
Philadelphia College of Osteopathic Medicine  
SUNY Upstate Medical University  
University of Cincinnati Department of Family and Community Medicine  
University of Connecticut School of Medicine  
University of New England College of Osteopathic Medicine  
University of Vermont Health Network - Champlain Valley Physicians Hospital Family Medicine Residency  
Virginia Commonwealth University  
West Virginia University Medicine  
Williamsport Family Medicine Residency  
Wright State University Boonshoft SOM



# Residency Fair Participants

\*As of August 26, 2022

Programs are listed alphabetically by state, then alphabetically by organization name.

Booth #	Residency Program Name	Residency Director	City	State
1	Middlesex Health Family Medicine	Kimberly Sharples MD	Middletown	CT
2	Stamford Hospital-Columbia University Family Medicine Residency Program	Henry Yoon MD	Stamford	CT
3	University of Connecticut School of Medicine Family Medicine Residency Program	Kenia Mansilla-Rivera MD	Hartford	CT
4	Howard University Hospital Family Medicine Residency Program	Oladunni Filani MD	Washington	DC
5	Bayhealth Family Medicine Residency Program	Brintha Vasagar MD, MPH, FAACP	Dover	DE
6	Christiana Care Health System Family Medicine & Emergency Medicine/Family Medicine Residency Program	Erin Kavanaugh MD, FAAFP	Wilmington	DE
7	Saint Francis Family Medicine Residency Program	Robert Monteleone MD	Wilmington	DE
8	Boston Medical Center Department of Family Medicine	Suki Tepperberg MD	Boston	MA
9	Fitchburg Family Medicine Residency	Beth Mazyck MD	Fitchburg	MA
10	Greenfield Family Medicine Residency	Chandra Hartman MD	Greenfield	MA
11	Lawrence Family Medicine Residency	Nicholas Weida MD	Lawrence	MA
12	Tufts University Family Medicine Residency   Cambridge Health Alliance	Caitlin D'Agata MD	Malden	MA
13	University of Massachusetts Worcester Family Medicine Residency Program	Ginny Van Duyne MD	Worcester	MA
14	MedStar Health/Georgetown-Washington Hospital Center Family Medicine Residency Program	Jamie Hill-Daniel MD	Colmar Manor	MD
15	Meritus Family Medicine Residency Program	Paul Quesenberry MD	Hagerstown	MD
16	Central Maine Medical Center Family Medicine Residency	Bethany Picker MD	Lewiston	ME
17	Maine-Dartmouth Family Medicine Residency	Donald Raj Woolever MD, FAAFP	Augusta	ME
18	Northern Light Eastern Maine Medical Center Family Medicine Residency	Sarah Irving MD	Bangor	ME
19	Portsmouth Regional Hospital Family Medicine Residency Program - HCA Healthcare/Tufts University School of Medicine	Rory Richardson MD	Portsmouth	NH
20	Hunterdon Family Practice Residency Program	Patricia Kroth DO, MBA, FAAFP	Flemington	NJ
21	Overlook Medical Center Family Medicine Residency	Joseph Tribuna MD	Summit	NJ
22	Rutgers Health/RWJMS at CentraState Medical Center	Maria Ciminelli MD	Freehold	NJ
23	St. Luke's University Health Network - Family Medicine - Warren Campus	Nandhini Veeraraghavan MD	Phillipsburg	NJ
24	Virtua Family Medicine Residency	Mario Maffei MD	Voorhees	NJ
25	Ellis Medicine	John Petrillo DO	Schenectady	NY
26	Harlem Residency in Family Medicine	Andrea Maritato MD	New York	NY
27	Icahn School of Medicine at Mount Sinai South Nassau Family Medicine Residency Program	Anubhav Agarwal MD	Oceanside	NY

# Residency Fair Participants

Booth #	Residency Program Name	Residency Director	City	State
28	Jamaica Hospital Medical Center	Gina Basello DO	Jamaica	NY
29	Mid-Hudson Family Practice Residency - Institute for Family Health	Megan McMullan MD	Kingston	NY
30	Montefiore Medical Center/Albert Einstein College of Medicine-Department of Family & Social Medicine	Joel Bumol MD, FAAFP	Bronx	NY
31	Mount Sinai Downtown Residency	Robert Schiller MD	New York	NY
32	NY Presbyterian-Columbia Family Medicine Residency Program	Heather Paladine MD	New York	NY
33	Phelps Family Medicine Residency Program	Samantha Rai MD	Sleepy Hollow	NY
34	Saratoga Hospital Family Medicine Residency Program	Ephriam Back MD, MPH	Saratoga Springs	NY
35	St. Joseph's Hospital Health Center Family Medicine Residency	James Tucker MD	Syracuse	NY
36	SUNY Downstate Health Sciences University Program	Eve Faber MD	Brooklyn	NY
37	SUNY Upstate Family Medicine Residency Program	R. Eugene Bailey MD	Syracuse	NY
38	SUNY Upstate/Auburn Community Hospital Family Medicine Rural Track Program	Michael Wilson MD	Auburn	NY
39	United Health Services Hospitals Family Medicine Residency	Daniel Young MD	Johnson City	NY
40	University at Buffalo Dept. of Family Medicine Residency Program	Robert Macek MD	Buffalo	NY
41	University of Rochester/ Highland Family Medicine Residency Program	David Holub MD	Rochester	NY
42	University of Vermont Health Network - Champlain Valley Physicians Hospital Family Medicine Residency	Marianna Worczak MD	Plattsburgh	NY
43	McLaren St. Luke's Hospital Family Medicine Residency Program	Chris Zona MD	Perrysburg	OH
44	Mercy Health - St. Rita's Medical Center Family Medicine Residency	Eric Stallkamp MD	Lima	OH
45	OhioHealth Grant Family Medicine	Alysia Herzog MD	Columbus	OH
46	OhioHealth Riverside Methodist Hospital Family Medicine Residency	Steve Auciello MD	Columbus	OH
47	Summa Barberton Family Practice	Lisa Schroeder MD	Barberton	OH
48	The Christ Hospital/University of Cincinnati Family Medicine Residency	Megan Rich MEd, MD	Cincinnati	OH
49	The MetroHealth System	Amber Whited-Watson DO	Cleveland	OH
50	University of Cincinnati West Chester Hospital Family Medicine Residency Program	Bruce Gebhardt MD	West Chester	OH
51	Abington Family Medicine Residency Program	John Russell MD	Jenkintown	PA
52	Allegheny Health Network - Forbes Family Medicine Residency Program	Stacey Nickoloff DO	Monroeville	PA
53	Butler Family Medicine Residency	Joseph Dougherty MD	Butler	PA
54	Conemaugh Family Medicine Residency Program	Jeanne Spencer MD	Johnstown	PA
55	Crozer Health Family Medicine Residency Program	Bill Warning MD	Springfield	PA

# Residency Fair Participants

<b>Booth #</b>	<b>Residency Program Name</b>	<b>Residency Director</b>	<b>City State</b>
56	Drexel University College of Medicine/Tower Health	Janet Cruz MD	Philadelphia PA
57	Geisinger Lewistown Rural Family Medicine Residency	Mandy Maneval MD, PhD	Lewistown PA
58	Heritage Valley Family Medicine Residency Program	Stephen Hagberg MD	Beaver Falls PA
59	IRMC Rural Family Medicine Program	Amanda Vaglia DO	Indiana PA
60	Lehigh Valley Health Network - Walter and Irene Baran Schuylkill Family Medicine Residency Program	Mackenzie Mady DO	Pottsville PA
61	Lehigh Valley Health Network Family Medicine Residency - Lehigh	Veronica Brohm DO	Allentown PA
62	Penn Medicine Lancaster General Health	Pamela Vnenchak MD	Lancaster PA
63	Penn State Health St. Joseph Family and Community Medicine	Alexis Reedy-Cooper MD, MPH	Reading PA
64	Penn State Milton S. Hershey Medical Center/ Hershey Program	Karl Clebak MD, MHA, FAAFP	Hershey PA
65	Reading Hospital Family Medicine Residency Program	John Sheffield MD	West Reading PA
66	Saint Vincent Family Medicine Residency Program	Caitlin Clark DO	Erie PA
67	Sidney Kimmel Medical College of Thomas Jefferson University	Marc Altshuler MD	Philadelphia PA
68	St. Luke's University Health Network - Family Medicine - Anderson Campus	Andrew Goodbred MD	Easton PA
69	St. Luke's University Health Network - Family Medicine - Bethlehem Campus	Nguyet Cam Lam MD	Bethlehem PA
70	St. Luke's University Health Network - Family Medicine - Miners Campus	Thomas McGinley MD	Coaldale PA
71	University of Pennsylvania	Margaret Baylson MD	Philadelphia PA
72	UPMC Altoona Family Medicine Residency	Donald Beckstead MD	Altoona PA
73	UPMC Harrisburg Family Medicine Residency	Chris Scheid DO	Harrisburg PA
74	UPMC Horizon Family Medicine Residency	Martin Johns MD	Farrell PA
75	UPMC McKeesport Family Medicine Residency Program	Emeil Shenouda MD	McKeesport PA
76	UPMC Shadyside Family Medicine Residency Program	Jacqueline Weaver-Agostoni DO, MPH, DipABLM, FACOFP	Pittsburgh PA
77	UPMC St. Margaret Family Medicine Residency Program	Jonathan Han MD	Pittsburgh PA
78	UPMC Williamsport Family Medicine Residency	Jeffrey Verzella MD	Williamsport PA
79	Washington Health System Family Medicine Residency Program	Lauren O'Brien MD	Washington PA
80	WellSpan Good Samaritan Hospital Family Medicine Residency Program	Abdul Waheed MD, MS PHS, FAAFP	Lebanon PA
81	Wellspan York Hospital Family Medicine Residency	Stacey Robert MD	York PA
82	Brown Family Medicine Residency	Fadya El Rayess MD, MPH	Pawtucket RI
83	HCA-LewisGale Medical Center Family and Community Medicine Residency Program	Shala Sundaram MD	Roanoke VA
84	Shenandoah Valley Family Practice Residency Program	Frank Dennehy MD	Front Royal VA
85	The University of Vermont Medical Center Dept. of FM	Anne Morris MD	Milton VT
86	Medical College of Wisconsin Family Medicine Residency Programs	Joseph Gravel MD	Milwaukee WI

# Clinical Camp Tables



## Clinical Camp Tables Session # 1: September 17 from 12:00 to 12:45 pm

Table #	Topic	Name
Table # 1	Shave and Punch Biopsies	Bill Warning MD Crozer Health Family Medicine Residency Program
Table # 2	Suturing Techniques	Lisa Schroeder MD Summa Barberton Family Practice
Table # 3	Breastfeeding & Pumping	Laura Beth Chamberlain MD University of Vermont Family Medicine Residency
Table # 4	Dermatology Made Simple	Manasa Irwin MD Allegheny Health Network (AHN)
Table # 5	Colposcopy	Kandis Samuels-Luetzinger MD, MPH Bayhealth Family Medicine Residency Program

## Clinical Camp Tables Session # 2: September 17 from 1:15 to 2:00 pm

Table #	Topic	Name
Table # 6	Joint Evaluation and Injections	Robert Monteleone MD Saint Francis Family Medicine Residency Program
Table # 7	Circumcision	Jennifer Cohn MD University of Pennsylvania
Table # 8	Name that Rash	Caroline LaFave DO Maine-Dartmouth Family Medicine Residency
Table # 9	Endometrial Biopsy	Laurie Turenne-Kolpan MD Hunterdon Family Practice Residency Program
Table # 10	Osteopathic Manipulation Technique	Michaela Lei DO Hunterdon Family Medicine Residency Program



# Breakfast Table Discussions

Saturday 7:00 am – 7:45 am  
Regency Ballroom

<b>Breakfast#1</b> (SDOH)	<b>Social Determinants of Health: The New Vital Sign</b> Sarah Ramirez MD	<b>Breakfast#16</b> (S)	<b>What We Know About Family Medicine Interest Groups (FMIGs)</b> Mr. Adam Bradley
<b>Breakfast#2</b> (DEI) (F)	<b>Center for Family and Community Medicine Speaks Out: Practicing Social Justice and Teaching Activism in Residency</b> Hima Ekanadham MD, Hannah Brooks MD, Aury Garcia MD	<b>Breakfast#17</b> (S)	<b>Family Medicine Interest Group (FMIG) Member Breakfast Table</b> Jiayu “Kate” Tian MD, Madeline Standbridge
<b>Breakfast#3</b> (SDOH)	<b>Homeless Healthcare: Who is interested? Lets Sit Down and Share Ideas or Questions About Providing Homeless Healthcare</b> Michael Seidman MD, Lisa Inman RN, Leisha Kowski MTA	<b>Breakfast#18</b>	<b>Aging Physicians: When is the Best Time to Slow Down?</b> Jaividhya Dasarathy MD, Chris Gillespie MD, Hemalatha Senthilkumar MD
<b>Breakfast#4</b> (DEI)	<b>Transgender Healthcare: Starting Something New</b> Amy Clouse MD	<b>Breakfast#19</b> (F)	<b>Amplifying Academics</b> Lauren Strohm DO, Andrew Goodbred MD, John Hayes MD, Allison Watts MD
<b>Breakfast#5</b> (DEI)	<b>LGBTQIA+ in Primary Care</b> Jason Latsky MD	<b>Breakfast#20</b> (F)	<b>Collaboration Between Departments During a Pandemic: A Silver Lining?</b> Eve Faber MD, Alla Akivis MD
<b>Breakfast#6</b> (RURAL)	<b>Rural and Rural Academic Medicine</b> Greg Dobash MD, FAAFP	<b>Breakfast#21</b> (F) (LM/IM)	<b>Lifestyle Medicine in Urban Academic Family Medicine Residency Program</b> Alla Akivis MD, Dionne Avery MA, FNP-BC
<b>Breakfast#7</b> (SDOH)	<b>Integrating SDOH Screening and Referral into Primary Care Practice</b> James Misak MD	<b>Breakfast#22</b> (MCH)	<b>Breastfeeding Medicine Roundtable</b> Meaghan Combs MD, MPH
<b>Breakfast#8</b> (ACGME)	<b>The Legacy of Family Medicine</b> Renata Carneiro PhD, LMFT, Nyguyet-Cam Lam MD	<b>Breakfast#23</b> (F) (OSTEO)	<b>Creating a Foundation for Osteopathic Recognition</b> Nirali Patel DO, MS Yukari Ueda DO, MS, Laura Chaplin DO, Andrea Gillis DO, Laura Bujold DO, MSMed
<b>Breakfast#9</b>	<b>Parental Leave and Culture During Residency Training</b> Heather Paladine MD	<b>Breakfast#24</b> (POCUS)	<b>POCUS Challenges Facing Point-of-Care Ultrasound Curriculum Development</b> Daniel Deaton MD
<b>Breakfast#10</b>	<b>Service Animals In Healthcare Settings</b> Kathleen Nurena MD	<b>Breakfast#25</b> (REPRO)	<b>Enlightening the Women of the World with Fertility-Awareness Based Methods</b> Robert Motley MD, Katelyn Bradley MD, Marguerite Duane MD, MHA, FAAFP, Abigail Blake
<b>Breakfast#11</b>	<b>Opportunities and Barriers to Starting a Health Coach Program Post Pandemic</b> Maya Schnall BS, Teresa Whetstone BS, Kailey Christman BS, BA, Stacey Gardner-Buckshaw PHD, MPA	<b>Breakfast#26</b> (S)	<b>AMSA: Students’ Approach to Fixing Medical Education: The MedEd Scorecard</b> Michael Walls DO, MPH
<b>Breakfast#12</b>	<b>Promoting a Primary Care Positive Culture in a Post-Pandemic World: Zooming in on the Future of Family Medicine</b> Michael Appleman MA, Ed Stacey Gardner-Buckshaw PhD, John Boltri MD	<b>Breakfast#27</b>	<b>Population Initiatives for Senior-Focused Care</b> Cybele Pacheco MD
<b>Breakfast#13</b>	<b>More Than Matching Lists: Resources for Implementing a Post-Discharge Medication Reconciliation Service</b> Caroline Crossey PharmD, Michelle Koverman PharmD, Stephanie Ballard PharmD, BCPS	<b>Breakfast#28</b> (F) (RURAL)	<b>Medical Student and Resident Education at a Rural Community Hospital</b> Joyce Robert MD, Tanya Ray MS, Jeffrey Hawtof MD, Michael Kalil MD
<b>Breakfast#14</b> (F)	<b>Does Active Management by Physicians Improve Quality Measures in a Family Medicine Residency Clinic?</b> Eric Stallkamp MD, Lisa Tran MD	<b>Breakfast#29</b> (PTSIP) (R) (S)	<b>Tips on Finding Your Best Job/Residency</b> Mr. David D’Urso
<b>Breakfast#15</b> (F)	<b>Family Medicine Interest Group (FMIG) Faculty Advisor Breakfast Table</b> Ashley Bentley MBA, CAE	<b>Breakfast#30</b>	<b>Implementing a Multidisciplinary Learner-Driven Transition of Care Clinic</b> Joanne Dannenhoffer MD, Neil Mitnick DO
		<b>Breakfast#31</b>	<b>Common Causes and Simple Cures</b> Steve Bierman, MD



# Poster Session 1 (Posters 1 – 51)

\*As of August 26, 2022

Saturday, September 17  
Group 1 – 12:00 pm – 12:45 pm  
Room: Independence B

Group 1 – 12:00 pm – 2:45 pm

## Clinical Care

- Poster01**     **E – Cigarette: Is It a Safe Nicotine Replacement Therapy?**  
Amin AL Mardini MD
- Poster02**     **I’m Not High on Potassium: Said the CLL Patient**  
Syed Rizvi MD, Faiza Butt MD, Muhammad Ali Chaudhary MD, Landen Green MD, Muhammad Khan MD
- Poster03**     **Driving Under the Influence of Hemiballismus**  
Faiza Butt MD, Muhammad Ali Chaudhary MD, Landen Green MD, Muhammad N Khan MD
- Poster04**     **Clinical and Non – Clinical Factors Associated with Physical Restraint Use Across Settings**  
Khurram Surani MD, Cameron Nienaber MD, Elizabeth Brondolo PhD, Gina Basello DO, Alan Roth DO
- Poster05**     **Improving VTE Outcomes By Optimizing Transitions of Care**  
Stacey Nickoloff DO, Rob McHugh MD, Fangda Jiang MD, Christina Jung MD, Margot Penn DO
- Poster06**     **Knowledge, Attitude, and Practices of PCPs Regarding Utilization of GAD-7 Tool in Management of Generalized Anxiety Disorder**  
Mobeena Arif MD, Akindele Aluko MD, Asfandyar Latif MD
- Poster07**     **Increase Sleep Apnea Screening in our Family Medicine Residency Clinic**  
Emery Young DO, MS, Lilian White MD, Alexander Ford DO, RD, , Lauren Wichman MD, John Hanicak MD
- Poster08**     **Involving Dentistry in Increasing HPV Vaccination Rates**  
Greg Dobash MD, FAAFP, Jessica Brennan PHDHP
- Poster09**     **Osteochondral Lesion of Talar Bone: An Unusual Presentation**  
Jeffrey Panting Crespo MD, Amin Almardini MD
- Poster10**     **Effective Strategies for Fall Prevention**  
Emily Millet MPH, BS
- Poster11**     **No Rash Decisions**  
Jeremy Palmer DO, Mary Burgoyne MD, Ryan Stolakis MD, Nancy Nagib MD
- Poster12**     **What Dat What Dat What Dat Rash?**  
Jhenya Nahreini MD, Shyla Dyer MD, Hillary Mount MD
- Poster13**     **Critters**  
Greg Dobash MD, FAAFP, Daniel Plavin MD
- Poster14**     **Leuprolide Acetate, Uncontrolled Diabetes, and Team-Based Care**  
Lindsey Rerick PharmD, Gregory Dobash MD, FAAFP, Taylor Rider MS-4
- Poster15**     **Can Simple In-Office Measures Help Improve Baseline Blood Pressure Control in Your Patient Panel?**  
Travis Denny DO, Amy Crawford-Faucher, MD
- Poster16**     **Pivoting to Improve Weight Gain Among Sub Acutely Ill Seniors Using Calorie Dense Food Lists**  
Belinda Johnston-Briggs MD MPH
- Poster17**     **Impact of an Interdisciplinary Diabetes Clinic in a Medically Complex Population**  
Caitlin Womack BS, Nasiffa Hossain MD, Jack Ledford PharmD
- Poster18**     **Telehealth Versus In – Person Primary Care Visits and the Impact on A1C Levels of Patients with Type 2 Diabetes Mellitus**  
Benjamin Levy BS, J. Christian Hein BS, Noah Markewitz BA, Brooke Nosratian BA, Heather Archer-Dyer MPH, CHES



# Poster Session 1 (Posters 1 – 51)

Saturday, September 17  
Group 1 – 12:00 pm – 12:45 pm  
Room: Independence B

## COVID-19

- Poster19**     **Development and Preliminary Validation of the Provider Occupational Resources and Demands Scale (PORD)**  
Kristina Kely MD, Cameron Nienaber MD, Elizabeth Brondolo PhD, Gina Basello DO, Alan Roth DO
- Poster20**     **Childhood Underinsurance During the COVID-19 Pandemic**  
Brooklynne Dilley MS, Samantha Roberts BS, Adrienne Stolfi PhD, Greg Eberhart MD, John Pascoe MD, MPH
- Poster21**     **Approaching Influenza Vaccination via a Drive-Through Model during the COVID-19 Pandemic**  
Maria Fowler BS, Deniz Parmaksiz BS, Hannah Short BS, Ema Karakoleva BS, Amy Zheng BS
- Poster22**     **COVID-19 Vaccination Behavior and Outcomes in Cancer Patients**  
Lauren Pomerantz BS, Emma Guare BS, Hyma Polimera MD, Junjia (Jay) Zhu PhD, Monika Joshi MD, MRCP
- Poster23**     **Is the Pandemic Messing with Your Period? An Assessment of COVID-19-Related Stress and Menstrual Changes**  
Tori Valachovic BS
- Poster24**     **Children and COVID-19: A Primary Care Perspective**  
Samantha Roberts BS, Brooklynne Dilley MS, Adrienne Stolfi PhD, Greg Eberhart MD, John Pascoe MD, MPH

## Research/Quality Improvement

- Poster25**     **Cleaning the Chimneys at the Saint Vincent Family Medicine Residency Practice**  
Michelle Xu MD, Brendan Dempsay MD, Christopher Eby MD, Stefano Castagnola MD, Vincent Ngo MD
- Poster26**     **Life After 80: A Qualitative Study of Age and Aging in Adults Over 80**  
Grace Mascha, Nick Kamkari, Priscilla Lee, Phillip Day, Stacy Potts MD
- Poster27**     **Transforming Health Systems through Community Partnerships: On-going Work of the DD-PBRN**  
Carl Tyler MD, MSc, Lin Miao MPH
- Poster28**     **Assessing the Effect of a Teaching Hospital Informational Booklet and Toolkit on Patients' Experiences and Perspectives**  
John Romano MD, Rachel Anderson MD
- Poster29**     **Quality Based Initiatives to Improve Efficiency of ECT**  
Jeffrey Panting Crespo MD, Michael Adu MD
- Poster30**     **Quality Improvement Project to Increase Medicare Annual Wellness Visits at a Residency Program**  
Maria Schiaffino MD, Verlaine Blaser DO, Cynthia Grimm LSSBB
- Poster31**     **Increasing Rates of PrEP Therapy in Women with a Recent Diagnosis of STIs in Primary Care Clinics Through Informational Outreach**  
Stephanie Ballard PharmD, Akruiti Patel DO
- Poster32**     **Provider Satisfaction with Social Work Rounds on Family Medicine Inpatient Service: Resident and Attending Physician Perspectives**  
Madeline Cohn DO, Hemalatha Senthilkumar MD
- Poster33**     **Medical Student Perceptions on Varying Degrees of Technology Use in an Outpatient Encounter**  
Garrett Brittain BS, MS, Timothy Frommeyer BS, TongFan Wu, Yanil Ramirez AS, BS, MS
- Poster34**     **Increasing Use of Abdominal Circumference Measurement as a Risk Management Variable**  
Timothy Frommeyer BS, Katharine Conway MD, MPH, Michele Dodds DNP, BC-FNP, APRN
- Poster35**     **A Student – Led QI Initiative to Increase Resident Referrals for Diabetes Self Management Education (DSME) in a Federally Qualified Health Center**  
Parvaneh Shadkam-Farrokhi BS, Kunal K. Gupta BS, MS





# Poster Session 1 (Posters 1 – 51)

Saturday, September 17  
Group 1 – 12:00 pm – 12:45 pm  
Room: Independence B

- Poster36** **Stage IV Breast Cancer End-of-Life Care**  
Sarah Abuali MPH
- Poster37** **Do Prescription Amphetamines Influence Risk of Parkinson's Disease?**  
Hailey Kindt BS, Shannon Brumbaugh MD, Wen-Jan Tuan DHA, MPH, Curtis Bone MD, MHS
- Poster38** **Responding to Patient Disclosure of Sexual Harassment**  
Victoria Moors BS, Jaap Patel DO, Renata Carneiro PhD

## SDOH/Health Disparities/Special Populations

- Poster39** **Armed to Win: Improving Civilian Primary Care Physician Care of Veterans**  
Dennis Head BA, Lin Miao MPH, Carl Tyler MD, MSc
- Poster40** **Evaluating Treatment Barriers in African American/Black Patients with Depression.**  
Frank Estrella DO, Yasamine Edwards MD
- Poster41** **Pandemic Art Work: Processing COVID and Anti-Racism in a Bronx Clinic**  
Meg Rosenberg MD
- Poster42** **Shared Connections: Harnessing Voices of Homelessness through a Movable Mural**  
Andrew Kwok BA, Shivali Gupta BS, MHS, Annette Kaminaka BA, Kathryn Mancini BS, Emily McQuaid BS, BA
- Poster43** **The Impact of Social Determinants of Health on PrEP Awareness and Interest in the Bronx**  
Deepthi Suresh BA, Julia Holber BA, Michelle Nosratan BA, Namal Seneviratne BS, Rubayat Qadeer MD
- Poster44** **Policy Development Addressing the Use of Law Enforcement Restraints on Pregnant, Incarcerated Individuals**  
Allison Ogawa BA, Anh-Tho Antoinette Nguyen BA, Elise Rio BS
- Poster45** **You Can Scratch the Vicodin Script: Osteopathic Manipulative Therapy for the Homeless**  
Rebecca Bracken OMS-II, MPH, Rebecca Plow OMS-II, Olga Grech DO, Leanne Chrisman-Khawam MD, Med, Carl Tyler MD, MSc
- Poster46** **Qualitative Survey of Nepali Refugee Families to Assess the Impact of an Urban Farm in Rochester, NY on Farmer's Nutrient-Dense Food Intake, Mental Health and Physical Activity**  
Brittany Hodges BA
- Poster47** **Providing Food Insecure Patients with Nutrition Stabilization Resources at UPMC Shadyside Family Health Center (SFHC)**  
Aishani Tingare BS, Lilia Wilson BA, Kayla Warren MS, MPH, Lisa Schlar MD, Alan Finkelstein MD
- Poster48** **Food Insecurity in College Students**  
Diana Kinney BA, MS, Emma Burke BS, Kaitlin O'Malley MD, Janet Cruz MD
- Poster49** **Supermarkets in Syracuse: How are Healthful Foods Featured in Different Neighborhoods?**  
Kathryn Skolnick BS, Danielle Cannon BS, Joshua Steinberg MD
- Poster50** **A Longitudinal Approach to Empower Individuals Living with Mental Illness and Improve Community Health in the Bronx, NY**  
Anna Lichtiger BS, Ariyaneh Nikbin BA, Bryan Musmacker BE, Rena Levinson BA, Heather Archer-Dyer MPH, CHES
- Poster51** **Where You Live Matters! Social Deprivation Index and Its Impact on Pregnancy Outcomes**  
SaraPetty Sandifer MSII, Michael Partin MD, Lawrence Leo, Wen – Jan Tuan DHA, MS, MPH, Sarah Ines Ramirez MD, FFAFP

# Poster Session 2 (Posters 52 – 101)

Saturday, September 17  
Group 2 – 1:15 pm – 2:00 pm  
Room: Independence B

## Group 2, 1:15 pm – 2:00 pm

### Case Studies

- Poster52 Transfusion Not Always The Answer: A Case of Autoimmune Hemolytic Anemia**  
Kulsoom Naqvi MD, Idil Ibrahim MD, Oladunni Filani MD, CAQSM
- Poster53 Paraproteinemia in the Primary Care Setting**  
Sara Baig MD, Zeeshan Baig DO
- Poster54 Terra-Firma-Forme Dermatosi: A Case Presentation**  
Jeffrey Panting Crespo MD, Amin Almardini MD, Mathew Johnson MD
- Poster55 An Unusual Cause of Syncope in a 47 Y/O Woman**  
Pam Gwo BS, Varun Ravichandran, Jaividhya Dasarathy MD
- Poster56 A Rare Presentation of Newly Diagnosed Hypertrophic Obstructive Cardiomyopathy with Unclear Evidence of Rheumatic Etiology**  
Felicia Bozman, Ogenetega Madedor MD, Trisha Gomez MD, Laura Franey MD
- Poster57 Deathstalker Envenomation: A Rare Case Report of Leiurus Quinquestratus Scorpion Stings**  
Taylor Rider MS, Daniel Plavin MD
- Poster58 Are Drs. Robert May and Josef Thurner in the House? – Considering the Diagnosis of May-Thurner Syndrome in the Case of a Left Common Iliac Vein Thrombosis**  
Manna Job BS, Timothy Pelkowski MD
- Poster59 Atypical Presentation of Septic Arthritis in a Non-Endemic Region**  
Geraldine Nabeta MD, Msc, Kalee Larsen MD, Ogenetega Madedor MD, Msc, Alex Balboa MD, Joregelina de Sanctis MD, FACP, FIDSA
- Poster60 Case Report: Rapid Remission of Type 2 Diabetes Mellitus via a Low-Carbohydrate Diet**  
Michael Sutton BS, Mark Cucuzzella MD
- Poster61 Community-Acquired Pneumonia Leading to Severe Rhabdomyolysis**  
Alexandra Greenberg MSPH, MS, Sarah Leventer MD, MFA, Alla Akivis MD

### Child Health

- Poster62 Safe Sleep Saves Lives**  
Ayah Said BS, Ann Aring MD
- Poster63 Superheroes and Princesses to the Rescue: A Unique Approach that Reduces Stress in Children and Treats Caregiver Burnout**  
John Hanicak MD
- Poster64 Arm Pokes for Younger Folks: Student Development of Pediatric Vaccine Program Based in Free Medical Clinic in Worcester, Massachusetts**  
Danielle Heims-Waldron BS, Ariba Memon BS, Deborah Aditays RN
- Poster65 Worcester Healthy Baby Collaborative's Safe Baby Project**  
Julia MacDougall BS, Sara Shields MD, MS

### Resident and Student Education

- Poster66 Enhancing Post-Residency Transition: A Novel Career Development Curriculum**  
Raghda Bchech MD, AAHIVS, Evette Yassa MD, Leon McCrea II MD, MPH, FAAFP, Janet Cruz MD
- Poster67 Family Medicine Residency Medical Student Curriculum and End of Rotation Preparedness**  
Kelley Dickson DO, Ashu Singh MD
- Poster68 Interdisciplinary Resident Education with Pediatric and Family Medicine Specialties**  
Austin Thacker DO, Jonathan Hickson MD, Emily Salib MD, Elizabeth Loomis MD
- Poster69 Food for Thought: Residency Engagement within a Community Food Pantry**  
Emily Bilyk DO, Andrew Goodbred MD, FAAFP



# Poster Session 2 (Posters 52 – 101)

Saturday, September 17  
Group 2 – 1:15 pm – 2:00 pm  
Room: Independence B

- Poster70** **An Innovative Family Medicine Curriculum**  
Kathleen Bannerman MD
- Poster71** **Resident-Driven Committee Formation: An Initiative to Enhance Inclusion and Innovation**  
Raghda Bchech MD, AAHIVS, Leon McCrea II MD, MPH, FAAFP
- Poster72** **Creating a LGBTQ+ Healthcare Elective for Medical Students: Analysis of the First Year**  
Jarrett Sell MD, Katherine Dalke MD
- Poster73** **Residents Are Drowning In Administrative Tasks: Our Wellness Answer: Resident Task Time:Version 2.0**  
William Gallagher MD, Arianne Wilson MD
- Poster74** **MCH Intern Cards**  
Maegan Pollard MD, Conner Soderquist MD, Stephany Eierle DO
- Poster75** **Family Medicine Residents as Teachers: Promoting a Reverse Mentoring Approach to Resident and Medical Education**  
Nimisha Jain BA, Alexandra Greenberg, Alana Engelbrecht, Shirley Eisner PhD
- Poster76** **Value-Added Medical Educator Education (VAMEE): A Framework to Empower Future Medical Educators and Promote Iterative Pedagogy**  
Alexandra Greenberg MSPH, MS, Lon Yin Chan BA, Fradah Gold BA, Crystal Marquez MD, Shirley Eisner PhD
- Poster77** **An Analysis of Charting Outcomes in the Match: Trends of the Five Most and Least Competitive Specialties**  
Mark Ortenzio BSN, Timothy Frommeyer BS, Garrett Brittain BS, MS, Nickolas Stewart BA, Yanil Ramirez AS, BS, MS
- Poster78** **Near Peer Educational Model Integrating Four Pillar Model For a Student Run Free Clinic in Rural PA**  
Olga Prokunina BS, Akshata Yalvigi BS, MPH, Lauren Dennis BS, Noor Kawmi BS, Shara Chopra BS, BA
- Poster79** **An Update on the Primary Care Elective – Improving Clinical Skills During COVID-19**  
Esha Sanyal MD, Joshua Lambert MD, Ali Hussain MD, Joy Checa MD, MSc, MBA
- Poster80** **Assessing the Challenges and Motivations of Family Medicine Preceptors to Enhance Medical Student Interest in the Field of Family Medicine**  
Jenna Elkhoury BS, Martha Seagrave RN, PA-C
- Poster81** **Investigating Specialty Choice and Practice Outcomes: A Ten-Year Retrospective Evaluation of NEOMED College of Medicine Alumni from 2010 – 2019**  
Gabrielle Enyim BS
- Poster82** **Application of Biostatistical Concepts Through an Interprofessional Team-Based Learning (TBL) Session to Prepare Medical Students for their Primary Care Core Clinical Training**  
Christopher Kotsis BS, Fradah Gold BS, Linda Pak BA, Monica Saw-Aung BA, Shirley Eisner PhD
- Poster83** **The Underrepresented Student Alliance: Establishment of Infrastructure to Support Diversifying the Medical Student Population**  
Marcela Moran BS, Marah Jolibois MS, Meheret Mekonnen BS, Hyacinth Mason PhD, MPH, CHES
- Poster84** **PULSE: A Catalyst For Increasing URM Representation**  
Rafay Nasir BS, Nam Tran BS, Sarah Ramirez MD, FAAFP
- Poster85** **Trainee Driven Curriculum to Improve Impact of Implicit Bias on Patient Care**  
Nadirah Waites MS, Erica Riddick MS, Derek Moore MD, MPH, MBS, Leon McCrea II MD, MPH, FAAFP
- Poster86** **A Survey of Medical Students' Confidence and Competence of Physical Activity Recommendations**  
Yanil Ramirez BS, MS, Timmothy Frommeyer BS, Garrett Brittain BS, MS, Michael Bamisile BS
- Poster87** **An Interdisciplinary Approach to the Introduction of Point-of-Care Ultrasound in an Urban Academic Primary Care Center**  
Sarah Frasure MD, Rachel Treat MA, MS, Maria Portela MD, Joel Willis MD, Keith Boniface MD

# Poster Session 2 (Posters 52 – 101)

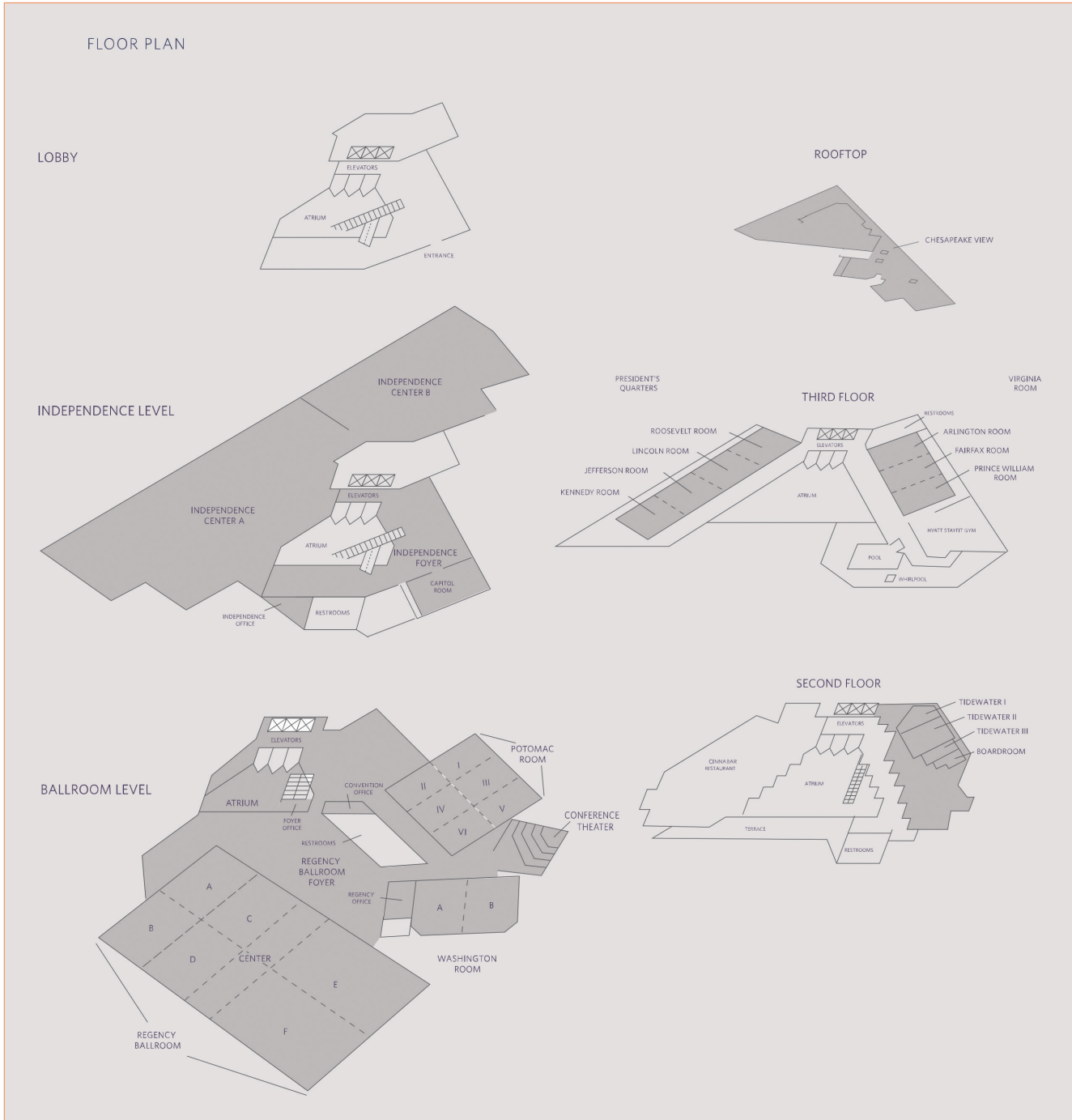
Saturday, September 17  
Group 2 – 1:15 pm – 2:00 pm  
Room: Independence B

## Women's Health/Obstetrics/Reproductive Health

- Poster88 Prenatal Care Updates: The Diagnosis and Management of Intrahepatic Cholestasis of Pregnancy**  
Sandra Augusto MD, MPH
- Poster89 Maternal Child Dyad Visits in the Bronx**  
Osarieme Evbuomwan-Esene MD, Libby Wetterer MD, Rebecca Williams MD
- Poster90 4th Trimester Care: Are We Improving Maternal Health Care?**  
Christina Morgan DO, Elizabeth Anderson MD, Adowa Boahene MD, Dana Kirschner DO, Rebecca Rickard DO
- Poster91 Birth Outcomes Following the Variable Use of Elective Induction of Labor in Nulliparous Term Singleton Vertex (NTSV) Pregnancies**  
Mobeena Arif MD, Nabiha Malik MD, James Nicholson MD, Areeba Zain MD, Laila Younes MD,
- Poster92 Implementation of a Care Model to Prevent Preeclampsia and Improve Maternal Health**  
Noreen Singh MD, Aimee Smith DO, Aimee Mankodi MD, Saskia Shuman MHS, Mariela Cabrera BS
- Poster93 Preeclampsia Prevention**  
Clarissa Ortiz MD, MHS, Rachelle Grad MD, Sadia Hussain MD, PH, MSW, Aimee Smith DO
- Poster94 IU(D)islocation: The Untold Story of the 0.1%**  
Michelle Xu MD, Katarzyna Jurecki MD
- Poster95 When Selecting a Contraceptive, Are Women's Choices Meeting Their Needs?**  
Christopher Loghman MD, Krishna Laloo MD, Tito Joaquin MD, Irina Erikh MD
- Poster96 The Role of Primary Care in Women with Substance Abuse Disorder**  
TongFan Wu BS, Vijay Rings BS, Khadijah Collins BS, Bradley Subler DO, Anna Squibb MD
- Poster97 Medication Abortion Provision and Referrals by Attending Physicians in United States Primary Care Settings: A Scoping Review**  
Ksenia Varlyguina MPH, Kiyomi K. Goto DO
- Poster98 Early Fourth Trimester Visits: Improving Health Outcomes and Optimizing Achievement of Antenatal Goals for Birthing People**  
Clare Lennon BS, Indigo Gill BS, MS, Hannah Jackel-Dewhurst BA, Mackenzie Palmer BA, Scott Hartman MD
- Poster99 Novel Approach to Increasing Mammogram Completion Rates with a Focus on LEP Patients and Staff/ Provider Education**  
Leah McCollum BS, Bradley Eckert MD, Lauren Pittak DO, Lynn Hamrich MD, Alyssa Dressman BS
- Poster100 Women's Perceptions of Fibroids and Women's Health**  
Gillian Wright BS, Amir Hassan BA, Katherine Yoh MD, Heather Paladine MD
- Poster101 Factors Affecting Postpartum Care Engagement at an Academic Family Medicine Practice**  
Briana Krewson OMS-IV, MPH, Diana Wohler MD



# Hotel Maps



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## **2023 FMEC Annual Meeting**



**October 13 - 15**  
**Rhode Island Convention Center**  
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