



For Immediate Release

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FMEC Announces Plenary Speakers for 2024 Annual Meeting

DAYTON, OHIO – The Family Medicine Education Consortium (FMEC) will hold its [2024 Annual Meeting](#) at the Philadelphia Marriott in Philadelphia, PA from September 19-21, 2024. Plenary speakers will include Dr. Margot Savoy, Jim Zervanos and Dr. Nik Zervanos, and Dr. Anita Ravi, who will show the power and breadth of family medicine and educate and enlighten the audience about critical and emerging issues for primary healthcare.



Margot L. Savoy, MD, MPH, FAFP



Jim Zervanos



Anita Ravi, MD, MPH, MSHP, FAFP

- On Friday afternoon, **Margot L. Savoy, MD, MPH, FAFP, FABC, CPE, CMQ, FAAPL** will present “The Value Proposition for Physician Wellness in Family Medicine.” Dr. Savoy is Senior Vice President of Education, Inclusiveness and Physician Well-Being for the American Academy of Family Physicians, Associate Professor of Family and Community Medicine and Urban Bioethics and Population Health at the Lewis Katz School of Medicine, and Associate Professor (adj) at the Maurice Kornberg School of Dentistry at Temple University. Dr. Savoy’s talk is sponsored by FMEC Platinum Partner, UPMC Life Changing Medicine.
- On Friday evening, **Jim Zervanos** will present “Five Lessons From a Patient on Matters of Life and Death.” Jim is the author of two memoirs, *That Time I Got Cancer: A Love Story* and *Your Story Starts Here: A Year on the Brink with Generation Z*, and two novels, *LOVE Park* and *American Gyro* (2025). His award-winning essays and short stories have been published in numerous literary journals, magazines, and anthologies. He will be joined by his father, Dr. Nik Zervanos, and FMEC founder and founding Program Director of the Family and Community Medicine Residency Program at Lancaster (PA) General Hospital.
- On Saturday afternoon, **Anita Ravi, MD, MPH, MSHP, FAFP** will present “The Art of ‘Unlearning’ to Advance Health Equity: The PurpLE Health Story.” Dr. Ravi is CEO and Co-Founder of the PurpLE Health



Foundation, a nationally recognized non-profit pioneering the United States' first Center of Healthcare Excellence for Survivors of Gender-Based Violence to improve care for women, girls, and gender-diverse people who have experienced human trafficking, domestic violence, and sexual assault. Dr. Ravi is also a 2016 recipient of the FMEC's Emerging Leader Award.

The FMEC Annual Meeting, held every fall, attracts about 1,000 medical students, family medicine residents and faculty from the FMEC's 14 state + DC region in the northeast U.S. The meeting theme is "We've got HEART! We've got GRIT! We are FAMILY MEDICINE!." The headquarters hotel and meeting location is the Philadelphia Marriott (1200 Filbert Street, Philadelphia, PA 19107). See <https://www.fmec.net/2024-annual-meeting> for more information and links to register.

The meeting features hundreds of educational sessions and a residency program recruitment fair of nearly 100 programs. Through a robust scholarship initiative, the FMEC is able to bring 300 medical students to the Annual Meeting to consider family medicine for their careers and to meet with residency programs. The Annual Meeting is also the forum for the FMEC to recognize excellence in family medicine and primary care through its many award programs. Networking opportunities abound.

A Host Committee of family medicine training programs in the region has been working hard to help plan the meeting, choosing the theme and plenary speakers and raising support for student scholarships and more.

2024 FMEC Annual Meeting Host Committee

Bayhealth Family Medicine Residency
Beebe Healthcare Family Medicine Residency
ChristianaCare
Cooper University and Cooper Medical School of Rowan University
Crozer Health Family Medicine Residency Program
Delaware Valley Community Health
Drexel University College of Medicine
FACTS about Fertility
Inspira Mullica Hill
Inspira Vineland
Jefferson Health Northeast
Lehigh Valley Health Network
Pennsylvania Academy of Family Physicians
Perelman School of Medicine at the University of Pennsylvania
Saint Francis Family Medicine Residency Program
Sidney Kimmel Medical College
St. Luke's Family Medicine Residency
Suburban Community Hospital
Temple University Hospital
Thomas Jefferson University
UPMC Williamsport Family Medicine Residency

About the Family Medicine Education Consortium

The FMEC is a catalyst, convener, and incubator that connects family physicians and other stakeholders to improve the health communities by strengthening family medicine, primary care and medical education. The FMEC serves 14 states and the District of Columbia in the northeast region of the U.S., working with 60 medical school departments of family medicine, over 200 family medicine residency programs, and thousands of family physicians and other health care providers in community settings. Through an Annual Meeting for nearly 1,000 health professionals, annual awards, learning communities, and quality improvement projects, the FMEC inspires medical students to seek careers in family medicine, strengthens academic family medicine through faculty development and leadership experiences, and stimulates innovative approaches to primary care service delivery.