

FMEC Residency Coordinators Discussion

April 26, 2023

Scott Allen, MS, CEO, scott.allen@fmec.net

Denise Steele, Project Coordinator, denise.steele@fmec.net

Leon McCrea II, MD, MPH, FMEC President

The FMEC Mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential.

Welcome!

How many years have you been a residency program coordinator?



What's the funniest thing that's happened at your program recently?

Answer in the chat

Agenda

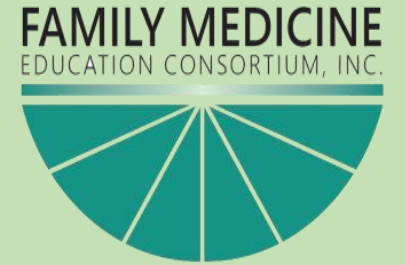
- Thank you!
- About the Family Medicine Education Consortium (FMEC)
- What are your questions about the FMEC?
- What do you need! How might the FMEC support you better?
- Next steps and future discussions

The FMEC Mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential.



Program Coordinators are the heart and soul of a residency,
the first trusted place that many residents go to.

You are so much more than Coordinators.
You are the listening ears, the shoulders to cry on, encouragers,
firefighters, and keepers of the 'spirit' of your residency programs.



About the FMEC

The FMEC is a **catalyst, convener, incubator**

- Promote family medicine and primary care to medical students
- Support residents as they transition in their careers
- Strengthen academic family medicine through faculty development, mentoring and leadership experiences
- Create and sustain quality improvement initiatives
- Stimulate innovative approaches to primary care service delivery

The FMEC Mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential.



About the FMEC

- 14 States + DC
 - About 60 Medical School Departments of Family Medicine
 - About 190 Family Medicine Residency Programs
- Annual Meeting each fall
 - 300 medical student scholarships
 - Residency Fair featuring 70-90 programs
- Awards, learning collaboratives, volunteer opportunities



The FMEC Mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential.

FMEC Staff

See <https://www.fmec.net/fmec-staff>

Scott G. Allen, MS, CEO (since 2021)

Lisa Schwieterman, CPS, Senior Administrative Assistant (since 2000)

- *General admin, finances, Annual Meeting submissions and program schedule*

Jennifer Stamper, Project Coordinator (since 2008)

- *Student scholarships, graphics/marketing, newsletters, job postings*

Denise Steele, Project Coordinator (since 2013)

- *Memberships, Partnerships, Residency Fair, Registration*

Shayla Rammel, Project Coordinator (since 2013)

- *Exhibits, sponsorships, marketing and social media*

FMEC Staff



Programming/Initiatives

Annual Meetings

- 2022 Annual Meeting
 - September, Arlington, VA
 - 89 Residency Fair booths!
 - Fun theme
- 2023 Annual Meeting
 - October 13-15, 2023
 - Providence, RI
 - Record-breaking submissions!
- 2024 – Philadelphia, dates TBD
- 2025 – Cleveland, dates TBD



Programming/Initiatives

Residency Fair

- Since 2006, 60-90 residency programs from northeast U.S. participate each year
- Opportunity for medical students and program directors/faculty to meet
- 2 hours each day Friday and Saturday
- Fees are \$680-\$980, increase after Early Bird deadline
 - Why the range? FMEC Partners get \$300 discount
 - Includes booth plus FREE resident registration
 - Director/faculty member must also register (additional)

Programming/Initiatives

Residency Fair – Fee Details

2023 Residency Fair Booth Fees

- Residency Fair Display Booth, \$680 - \$1,030 (variable)
 - Early Bird Rates end August 11: Partner: \$680 | Non-Partner \$980
 - Regular Registration Rates, August 12 – September 8: Partner: \$730 | Non-Partner \$1,030
 - Booth registration deadline is September 8 - No on-site booth registrations
 - Includes free Resident registration - \$400 value
- 2023 Annual Meeting Individual Registration (Director/Faculty staffing the booth), \$525 - \$650 (variable)
 - Early Bird Member: \$525 | Non-Member: \$600
 - Regular Member: \$575 | Non-Member: \$650
 - Student Scholarship Contributions: \$500 each – Optional

2023 Student Scholarship (Optional)

- Student Scholarship contributions with Residency Fair registrations raised \$8,500 in 2022! Thank you!

Programming/Initiatives

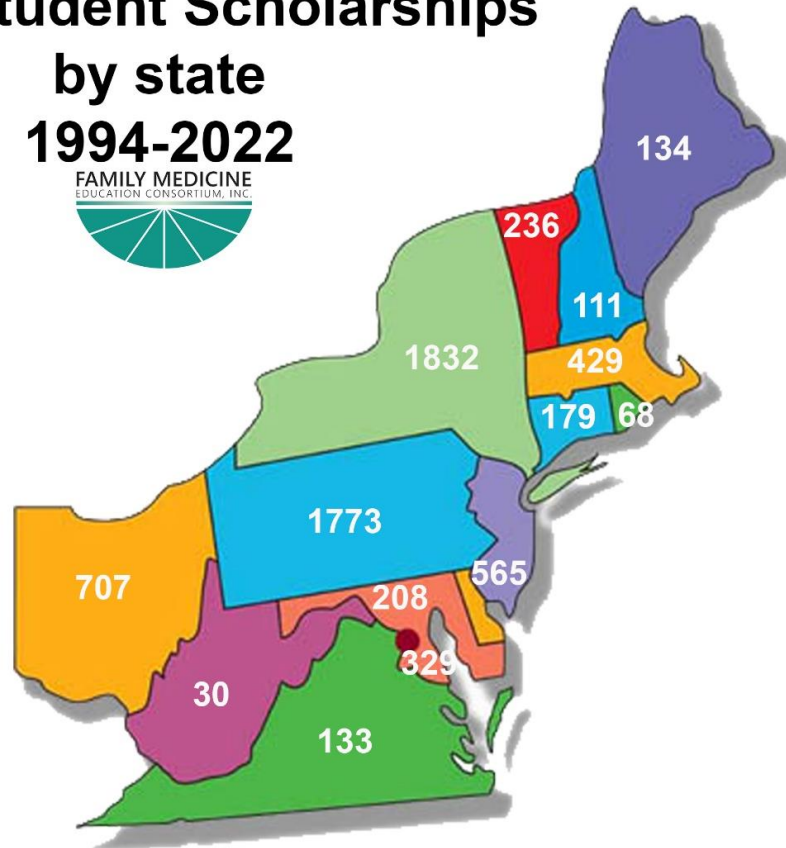
Family Medicine Residency Showcase*

- Virtual meetings/webinars held August-October
- In 2022, 13 sessions presented by 9 unique health systems, with over 500 individuals registering
- Goals
 - Provide medical students (all years) the opportunity to learn about the breadth and depth of family medicine
 - Help residency programs highlight themselves and their strengths
- Fees
 - \$600 per session, \$300 if you have a Residency Fair booth
- Duties
 - Program: sign up, provide topic and speakers, confirm date
 - FMEC: market the event, set up Zoom meeting, handle registration, moderate, post and market the recording

*formerly Hot Topics

Student Scholarships

**Historical Map showing
FMEC Student Scholarships
by state
1994-2022**



- Nearly 7,700 students since 1994
- 300 students each year
- 45-55 schools participate

Programming/Initiatives

Student Scholarships



The infographic is a vertical layout with a teal and white color scheme. At the top left, it asks 'What does an FMEC Scholarship Cover?' and lists benefits. A central box highlights one-on-one support from the FMEC Student Coordinator. A 'DONATE TODAY' button is at the top right. Below it is a photo of three students. Text on the right states that over 7,700 medical students have received scholarships since 1992. A quote from a 2022 4th year scholarship student is at the bottom right. The FMEC logo is at the bottom left.

What does an FMEC Scholarship Cover?

Each \$500 scholarship covers:

- Student's registration
- Membership in the FMEC
- All conference meals and breaks
- Two nights of hotel lodging (shared room)

Traveling to the meeting is the responsibility of the student.

Students also receive one-on-one support from the FMEC Student Coordinator through direct messaging and guidance on meeting preparation and navigation.

DONATE TODAY

7,700+ medical students have received scholarships to attend the FMEC Annual Meeting since 1992.

- Hotel reservations are managed for each student through our special student room block secured for the conference.
- Students can attend the student track at the conference, developed specifically for them.
- Students receive invitations to pre-meeting events with residency programs and leaders in family medicine.
- Students present sessions, including posters, which are judged and receive awards.

"I am reaching out to express my sincere gratitude for your sponsorship of the FMEC. Because of your generosity, I was able to attend the conference. I had a wonderful time presenting my research and learning from the various presentations and speakers. My experience at the conference made me even more excited to pursue Family Medicine as a future career!"

- 2022 4th year scholarship student

FAMILY MEDICINE
EDUCATION CONSORTIUM, INC.

- FMEC membership
- Annual Meeting Registration
- All meeting meals and breaks
- Two nights in meeting hotel
- Personalized support
- Pre-meeting orientation/FAQ webinar
- Content designed for medical students
- Onsite networking and mentorship
- Visits with 70-90 residency program leaders over 4 hours
- Opportunity to present



Testimonials from scholarship students

Amy Hoffman / Penn State College of Medicine, University Park Campus / Class of 2022

I am so grateful for FMEC and the guidance and support they showed me throughout my four years of medical school. After leaving my first FMEC conference in 2018, I left with such an overwhelming feeling of "family medicine is the community for me." I got such great insight into the diversity of family medicine and how family physicians are leaders and change agents in their communities. I also received hands-on training in different procedures that I didn't have access to in medical school. It also feels a little full circle as I loved Lancaster at FMEC in 2019 and then matched at Lancaster General Hospital Family Medicine Residency. I am so grateful for the financial support FMEC provided. It will always be such a special and transformative part of my medical education journey.



Cindy H. Jiao / University of Rochester School of Medicine and Dentistry M.D. Candidate, Class of 2022

I attended my first FMEC in 2019 and it absolutely influenced me to go into family medicine. I had no idea there were so many other family physicians who had interests similar to mine. I also really enjoyed attending FMEC again this past year (2021) as it gave me the chance to further connect with different residency programs and meet other medical students and future colleagues. :) Thank you so much for giving me this opportunity.

Miguel Rodriguez, MPH / Albert Einstein College of Medicine Class of 2021

My name is Miguel Rodriguez, FMEC conference scholarship recipient for last 2 years. I matched into family medicine at Loma Linda Univ. with plans to add on an extra year for Preventive Medicine and pursue public health leadership as a family physician. Thank you and thanks to everyone at FMEC for your inspiration and support in this journey.



The FMEC Mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential.

Membership

Partner Organizations

see <https://www.fmec.net/partner-benefits>

- Open to medical schools, residency programs, health systems
- 96 partners in 2022!
- Benefits include free memberships for residents and faculty, discounts on registrations and Residency Fair booths, free exhibit tables, opportunities to promote your programs and advertise for jobs, and more

Partner Levels

Bronze \$1,000
Silver \$2,500
Gold \$5,000
Platinum \$10,000
President \$25,000

President \$25,000	Platinum \$10,000	Gold \$5,000	Silver \$2,500	Benefits
			•	1 entity (residency site or medical school) receives Bronze Level partner benefits
•	•	•	•	Individual FMEC memberships for ALL residents at all sites
			•	Individual FMEC memberships for up to 10 faculty or staff
•	•	•	•	Job and fellowship postings in FMEC's Special Edition email
			•	3 entities (residency sites or medical schools) receive Bronze Level partner benefits
•	•	•		Individual FMEC memberships for ALL faculty and staff
•	•	•		Promote your institution and faculty in FMEC's In Focus newsletter
•	•	•		Free (\$2,500 value) exhibitor booth at the FMEC Annual Meeting
	•			5 entities (residency sites or medical schools) receive Bronze Level partner benefits
•	•			Invitations to FMEC leadership events at FMEC Annual Meetings
•	•			FMEC Annual Meeting recognition from podium
•				All entities (residency sites and medical schools) receive Bronze Level partner benefits
•				FMEC Annual Meeting recognition as plenary or preconference sponsor

Updated 3-8-2022

How can residents and faculty get involved?

Be an FMEC leader

- Executive Committee, Board
- Initiative leaders
 - Always seeking ideas from your faculty!
- Committee chairs

Be a volunteer

- Host Committee, Planning Committee
- Initiative advisory group members
- Committee members
- Juries, judges
- Chapter/national organization liaisons
- Regional leaders

Participate in the FMEC

- Donate to our scholarship fund
- Submit for and win an award
- Present at the Annual Meeting or on a webinar
- Come to the Annual Meeting
- Write or edit for our upcoming journal
- Join the FMEC as an individual member
 - Resident dues: \$30
 - All other dues: \$75

What can Coordinators do?

- Make sure faculty and residents know about opportunities and deadlines
 - Call for submissions (watch for 2024)
 - Award nominations and deadlines (May 1!)
 - Registration deadlines
- Make sure you and your team are getting our communications
 - If a Partner, work with Denise to update our records
 - If not, encourage individuals to join
 - Pass on our emails and social media to faculty and residents who may be interested
- Help your program come to the Residency Fair
- Present about your program at a Family Medicine Residency Showcase
- Send us announcements, accomplishments, job and fellowship listings* to promote (*job listings are Silver Partners and higher)

Questions about the FMEC?



Questions for the Coordinators!



**What's the most challenging thing
you are facing right now?**

How can the FMEC support you better?

Polls

When I have a question about my job, I have resources to get answers.

I would be interested in meeting regularly with other family medicine residency coordinators in the region.

I would be interested in helping to lead a group of family medicine residency coordinators to convene, share, and conduct educational programs for our benefit.



Join us in October

FAMILY MEDICINE
EDUCATION CONSORTIUM, INC.



FMEC 2023 Annual Meeting

October 13-15, 2023

Rhode Island Convention Center, Providence, RI

<https://www.fmec.net/2023-annual-meeting>

The FMEC Mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential.