



Improving Black Maternal Health through Father-Inclusive Perinatal Care

PA Maternal Health Collaborative November 7, 2025 12:30-2pm



1

Eliminating Health Disparities



MISSION

Patients R Waiting (PRW) believes that part of our commitment to eliminating health disparities also includes increasing access to healthcare that improves health outcomes.

- Eliminating health disparities by increasing diversity in medicine.
- Increasing the pipeline of minority clinicians.
- · Making the pipeline of minority clinicians less leaky.
- Supporting minority clinicians in practice.

2

MATERNAL HEALTH CRISIS

Patients R Waiting is addressing the maternal mortality crisis by providing birthing people of color with Doula support. Through the *Diversifying Doulas Initiative ®*, we place birthing people of color with experienced Doulas, fully subsidized.

Benefits can include reduction in anxiety, lower C-section rates, and much more.

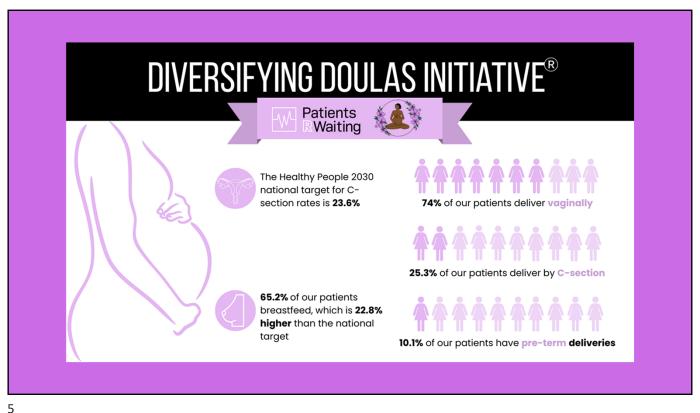
The health disparity experienced by people of color during childbirth was heightened by COVID-19.

Doulas can help meet emotional support needs by providing care and education.

3



4







Population:

Black men

Purpose:

Explore the experiences and needs of Black men as they support birthing people in their lives during perinatal care.

Develop:

Daddy Doula Cohort (2026) **Educational Materials** Policy Recommendations

6

FAMILY CENTERED PERINATAL CARE

Black women experience maternal morbidity at a rate nearly 3 times that of White women

Including Black fathers as partners in perinatal care throughout prenatal, labor, and postpartum experiences improves:

Maternal Mental Health
&
Birth Outcomes



7

THANK YOU

email: sabrina@patientsrwaiting.com
email: ricksvenus@gmail.com
email: drlivingston@patientsrwaiting.com
website: https://www.patientsrwaiting.com/ddi





